

Curriculum Vitae

Female

D.O.B. 12 February 1976

Number of years working in industry:

24 years 7 months



Candidate ID Number: 13652

Nationality: Indian, British

Language Skills:

Fluent: English, hindi, malayalam, tamil

Permitted to work in: India, UK - United Kingdom

Position Sought: Head Therapist, Massage Therapist, Holistic Therapist, Receptionist

Personal Statement

I am a professional Ayurvedic spa therapist had more than 10 years experience. self motivated person with positive attitude also willing to learn new technics.

An excellent team player with can do it attitude, ready to go that extra mile to achieve customer satisfaction. Seeking a challenging position where knowledge can be applied and relevant experience can be gained, thus building up a career and enhancing the skills with continuous improvement.

Seeking work in the UK, USA and on Cruise Ships

Employment History:

January 2012 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Centenial Park, Borehamwood , UK - United Kingdom, (Hotel Spa)

Duties included:

spa opening and closing procedure, perform treatments include massage body treatments and facials, home care advise, report spa manager, hygenicaly keep cleaned treatment areas,

June 2012 - Present - Holistic Therapist at Hotel de France, St Helier, Jersey, (Hotel Spa)

Duties included:

spa opening and closing procedure

, perform treatments include massage body treatments and facials

, home care advise, report spa manager

, hygenicaly keep cleaned treatment areas,

to give training to new comers

stock taking

cover reception when its required

organize treatments rooms

Career Break - Traveling

January 2004 - Present - Holistic Therapist at Sathya Health Resort, Mumbai, India, (Hotel Fitness Centre)

Duties included:

- massage, all type of ayurvedic treatments,
- facials,massage with feet
- handling guest
- maintain guest satisfaction
- handling reception,

June 2012 - Present - Holistic Therapist at Hotel de France, St Helier, Jersey, (Hotel Spa)

Duties included:

spa opening and closing procedure

,perform treatments include massage body treatments and facials

,home care advise,report spa manager

,hygenicaly keep cleaned treatment areas,

to give training to new comers

stock taking

cover reception when its required

organize treatments rooms

Career Break - Traveling

January 2012 - Present - Holistic Therapist at Essence wellnes Center, Centenial Park, Borehamwood , UK - United Kingdom, (Hotel Spa)

Duties included:

spa opening and closing procedure,perform treatments include massage body treatments and facials,home care advise,report spa manager,hygenicaly keep cleaned treatment areas,

January 2004 - Present - Holistic Therapist at Sathya Health Resort, Mumbai, India, (Hotel Fitness Centre)

Duties included:

- massage, all type of ayurvedic treatments,
- facials,massage with feet
- handling guest
- maintain guest satisfaction
- handling reception,

October 2006 - December 2011 - Holistic Therapist at Hotel de France, St Helier, Jersey, (5 Star Hotel Spa)

Duties included:

massage, treatments and hygiene in the area treatment rooms, handling reception and training to new comers and guest satisfaction, reflexology facial, hotstone. indian head massage etc

January 2005 - January 2006 - Holistic Therapist at Amala Kerala Ayurvedic Ceter, Goa, India, (Hospital / Medical

Clinic)

Duties included:

- spa opening and closing procedure
- ,perform treatments include massage body treatments and facials
- ,home care advise,report spa manager
- ,hygenicaly keep cleaned treatment areas,
- to give training to new comers
- stock taking
- cover reception when its required
- organize treatments rooms

Career Break - Traveling

June 2001 - December 2003 - Massage Therapist at Belair Hospital, Pune, India, (Hospital / Medical Clinic)

Duties included:

- massage and ayurvedic treatment
- handling reception and assisting natropathy treatments

Education and Qualifications:

2009 Highlands College, Jersey, Channel Islands, U.K

- VTCT level 3
- Reflexology

2008 Highlands College, Jersey, Channel Islands, U.K

- VTCT level 3
- Swedish Massage

2006 Monalisa Beauty Clinic, Kanjirappally, Kerala, India

- Certificate
- Beauty Certificate Course
- Additional Qualifications;

Herbal Facials, Hot stone therapy. Body wrap/Envelop, Indian Head massage, Exfoliation, Massage by feet, Ayurvedic Treatments including Pancha Karma. eg;Shirodhara, Pizzichil, Kizhi, Nasyam, Katee vasthi, Udvartanam, Thalam Tharpanam, Lepamam,Vasthi, Veerechanam, Vamanam,

2001 Sahyadri Institute Of Ayurveda, Peermade, Kerala, India

- Certificate of Training
- Ayurvedic Nursing

1998 Indian Red Cross Society. Kottayam, Kerala, India.

- Certificate Course
- First Aid & Home Nursing

1992 St DominicCollege, Kanjirappally, Kerala, India

From pre-school until successful completion of 12th Grade

Product Training:

August 2011 Sundari beauty products

UK

sundari facial including signature facial

June 2001 ayurvedic products

India, Kerala

ayurvedic products ,treatments ,ayurvedic nursing

Vocational Qualifications

ayurvedic western massages and beauty treatments

Hobbies and Interests

Music, Dance and travelling

CV created at www.spastaff.com

