



# Curriculum Vitae

**Female**

**D.O.B. 12 February 1976**

**Number of years working in industry:**

**24 years 7 months**

**Candidate ID Number:** 13652

**Nationality:** Indian, British

**Language Skills:**

Fluent: English, hindi, malayalam, thamil

**Permitted to work in:** India, UK - United Kingdom

**Position Sought:** Head Therapist, Massage Therapist, Holistic Therapist, Receptionist

## Personal Statement

I am a professional Ayurvedic spa therapist had more than 10 years experience. self motivated person with positive attitude also willing to learn new technics.

An excellent team player with can do it attitude, ready to go that extra mile to achieve customer satisfaction. Seeking a challenging position where knowledge can be applied and relevant experience can be gained, thus building up a career and enhancing the skills with continuous improvement.

Seeking work in the UK, USA and on Cruise Ships

## Employment History:

**January 2012 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) Centenial Park, Borehamwood , UK - United Kingdom, ( Hotel Spa)

### Duties included:

spa opening and closing procedure, perform treatments include massage body treatments and facials, home care advise, report spa manager, hygenically keep cleaned treatment areas,

**June 2012 - Present - Holistic Therapist** at Hotel de France, St Helier, Jersey, ( Hotel Spa)

### Duties included:

spa opening and closing procedure

, perform treatments include massage body treatments and facials

, home care advise, report spa manager

, hygenically keep cleaned treatment areas,

to give training to new comers

stock taking

cover reception when its required

organize treatments rooms

## **Career Break - Traveling**

**January 2004 - Present - Holistic Therapist** at Sathya Health Resort, Mumbai, India, (Hotel Fitness Centre)

### **Duties included:**

- massage, all type of ayurvedic treatments,
- facials, massage with feet
- handling guest
- maintain guest satisfaction
- handling reception,

**June 2012 - Present - Holistic Therapist** at Hotel de France, St Helier, Jersey, ( Hotel Spa)

### **Duties included:**

spa opening and closing procedure  
,perform treatments include massage body treatments and facials  
,home care advise,report spa manager  
,hygenically keep cleaned treatment areas,  
to give training to new comers  
stock taking  
cover reception when its required  
organize treatments rooms

## **Career Break - Traveling**

**January 2012 - Present - Holistic Therapist** at Essence wellnes Center, Centenial Park, Borehamwood , UK - United Kingdom, ( Hotel Spa)

### **Duties included:**

spa opening and closing procedure,perform treatments include massage body treatments and facials,home care advise,report spa manager,hygenically keep cleaned treatment areas,

**January 2004 - Present - Holistic Therapist** at Sathya Health Resort, Mumbai, India, (Hotel Fitness Centre)

### **Duties included:**

- massage, all type of ayurvedic treatments,
- facials, massage with feet
- handling guest
- maintain guest satisfaction
- handling reception,

**October 2006 - December 2011 - Holistic Therapist** at Hotel de France, St Helier, Jersey, (5 Star Hotel Spa)

### **Duties included:**

massage, treatments and hygiene in the area treatment rooms, handling reception and training to new comers and guest satisfaction, reflexology facial, hotstone. indian head massage etc

**January 2005 - January 2006 - Holistic Therapist** at Amala Kerala Ayurvedic Ceter, Goa, India, (Hospital / Medical

Clinic)

#### **Duties included:**

spa opening and closing procedure  
,perform treatments include massage body treatments and facials  
,home care advise,report spa manager  
,hygenicaly keep cleaned treatment areas,  
to give training to new comers  
stock taking  
cover reception when its required  
organize treatments rooms

#### **Career Break - Traveling**

**June 2001 - December 2003 - Massage Therapist** at Belair Hospital, Pune, India, (Hospital / Medical Clinic)

#### **Duties included:**

- massage and ayurvedic treatment
- handling reception and assisting natropathy treatments

#### **Education and Qualifications:**

**2009 Highlands College, Jersey, Channel Islands, U.K**

VTCT level 3

Reflexology

**2008 Highlands College, Jersey, Channel Islands, U.K**

VTCT level 3

Swedish Massage

**2006 Monalisa Beauty Clinic, Kanjirappally, Kerala, India**

Certificate

Beauty Certificate Course

Additional Qualifications;

Herbal Facials, Hot stone therapy. Body wrap/Envelop, Indian Head massage, Exfoliation, Massage by feet, Ayurvedic Treatments including Pancha Karma. eg; Shirodhara, Pizzichil, Kizhi, Nasyam, Katee vasthi, Udvartanam, Thalam Tharpanam, Lepanam,Vasthi, Veerechanam, Vamanam,

**2001 Sahyadri Institute Of Ayurveda, Peermade, Kerala, India**

Certificate of Training

Ayurvedic Nursing

**1998 Indian Red Cross Society. Kottayam, Kerala, India.**

Certificate Course

First Aid & Home Nursing

**1992 St DominicCollege, Kanjirappally, Kerala, India**

From pre-school until successful completion of 12th Grade

#### **Product Training:**

**August 2011 Sundari beauty products**

UK

sundari facial including signature facial

#### **June 2001 ayurvedic products**

India, Kerala

ayurvedic products ,treatments ,ayurvedic nursing

#### **Vocational Qualifications**

ayurvedic western massages and beauty treatments

#### **Hobbies and Interests**

Music, Dance and travelling

CV created at [www.spastaff.com](http://www.spastaff.com)

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