

Curriculum Vitae

Female

D.O.B. 25 September 1989

Number of years working in industry: 15 years 0 months

Candidate ID Number: 13613

Nationality: Irish

Language Skills:

Fluent: English

Good: Irish

Basic: French

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Therapist, Receptionist

Personal Statement

I am a dedicated individual, who rises to any challenges that come my way. I take great pride in my work and perform consistently to a high standard. I offer enthusiasm, dedication and commitment. I understand the importance of customer service, client care and confidentiality.

SKILLS: Excellent team worker; self motivated; Attention to detail; hard working; Initiative; Customer service; Genuine/Respectful; Trustworthy; Loyal; Enthusiastic; Willing to learn; Honest; Trustworthy; Friendly personality/attitude; Approachable; Good Communicator; Health and Safety Awareness

Seeking work in Ireland, UK and Canada

Employment History:

February 2011 - Present - Complementary Therapist at (most recent employer hidden for confidentiality) Kilkenny, Ireland, (Home/Mobile)

Duties included:

Indian Head Massage, Holistic Massage, Deep tissue massage, Aromatherapy.

My Responsibilities:

Client Care, Confidentiality, Consultations, Patch Tests, Creating ambiance to achieve the optimum relaxing space for my client, aftercare and homecare for my client, Hygenic environment, clean fresh utensils, supports to aid my client's comfort, punctuality, professionalism.

Currently studying and awaiting to sit exams in Sports Massage, Hot Stone Massage and Reflexology.

Products worked with:

Elemis

Education and Qualifications:

2012 Institute of Massage and Sports Therapy, Limerick.

ITEC Diploma IMST Diploma

Diet and Nutrition

2012 Waterford College of Further Education, Parnell Street, Waterford City.

Diplomas

Post-Graduate Therapy - Reflexology, Hot Stone Massage, Sports Massage. 2011/present

(Complete course in May 2012)

2011 Waterford College of Further Education, Parnell Street, Waterford City.

Diplomas

Complementary Therapy - Indian Head Massage, Holistic Massage, Aromatherapy. 2010/2011

2010 Waterford Institute of Technology

First Year of 3 year Honours Degree

Successfully completed first year (Hons) BA Tourism Marketing.

2008 Our Lady of Mercy Secondary School

Irish B2, Honours English C3, Maths B1, Honours Biology C1, Honours Business B2, French B2, Honours Home Economics C2.

Vocational Qualifications

- Two day course - Strapping and Taping Sports Injuries
- Emergency First Aid Course
- Reiki Level 1
- 10 week Course - Introduction to Hairdressing
- FETAC Level 4 - Computer Applications
- Numerous Kilkenny County Medals with Mullinavat Camogie Club
- ITEC and CIBTAC Diplomas' in Anatomy and Physiology

Hobbies and Interests

- Camogie/ Running/walking/general fitness/ boxercise/ diet and nutrition/ general health
- Music - Performing and singing.

CV created at www.spastaff.com

