

Curriculum Vitae

Male

D.O.B. 24 June 1980

Number of years working in industry:

16 years 10 months



Candidate ID Number: 13564

Nationality: British

Language Skills:

Fluent: English

Basic: French

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Complementary Practitioner, Complementary Therapist

Personal Statement

I am honest and hardworking individual who always gives 100% in any given situation. I would welcome and cherish the opportunity to pursue a fast paced rewarding career within a positive work environment.

Current member of the SMTA Scottish Massage Therapists Association. www.scotmass.co.uk

Insured through Balens Ltd. www.Balens.co.uk

Seeking work in UK, International Locations and Cruise Ships

Employment History:

March 2010 - Present - Spa Consultant at (most recent employer hidden for confidentiality) Tongue, UK - United Kingdom, (Hotel Spa)

Duties included:

Massage therapy with nutritional therapy: Trigger point and sports massage Swedish massage, Indian head massage, Reflexology, Hot stones massage

Products worked with:

Massage oils and essential oils

January 2011 - Present - Spa Consultant at Rory Lowe, Ben Loyal Estate Lodge, Tongue, UK - United Kingdom, (Home/Mobile)

Duties included:

Swedish Massage, Reflexology, Hot stones massage, Indian head massage and nutritional therapy

Products worked with:

Essential oils

July 2013 - July 2013 - Spa Consultant at Athletes Angels, Loch tay marathon, Aberfeldy, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Artemis Quadrathlon

April 2011 - January 2012 - Spa Consultant at Rory Lowe, Kinloch Lodge, Tongue, UK - United Kingdom, (Hotel Spa)

Duties included:

Massage therapy, Swedish Massage, Reflexology, Hot stones massage, Indian head massage and face.

April 2009 - April 2010 - Spa Consultant at Ming Chen Therapies, Inverness, UK - United Kingdom, (High Street Salon)

Duties included:

Nutritional Therapy and Reflexology

Products worked with:

Essential Oils

Education and Qualifications:**2012 Highland school of massage**

dip AIS

Active Isolated stretching advanced sports massage techniques

2012 Highland school of massage

Dip Trigger point therapy

Trigger point therapy advanced massage techniques

2011 Highland Schhol of Massage, Inverness

Diploma

In depth CPD in Hot Stones Massage

2011 Inspire school of Massage Edinburgh

Diploma

Massage

2010 Highland School of Massage

Diploma

Swedish massage

2009 Guild of Holistic Therapy

Diploma

Reflexology over 6 month duration involving in depth Anatomy and physiology with Massage

2007 College of Ripon and York St John

Msc Nutrition

Nutrition with cancer.

2003 College of Ripon and York St John

Bsc Hons

Sports Science

1996 Fortrose Academy

English, Maths, Computing, P.E, Craft and design, geography and biology

Product Training:

June 2009 Fushi Essential oils

Irish School of Herbal Medicine, Ireland, Maynooth Campus

Hobbies and Interests

I enjoy the outdoors and participate in many sporting activities such as Football, walking, and golf. I have an affinity for nutrition and fitness and massage which I incorporate to all aspects of my life. In addition, I find it rewarding to advocate healthy living to others in my chosen aspects.

CV created at www.spastaff.com

