

# Curriculum Vitae

**Male**

**D.O.B. 24 June 1980**



**Number of years working in industry:**

**16 years 10 months**

**Candidate ID Number:** 13564

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist, Complementary Practitioner, Complementary Therapist

## Personal Statement

I am honest and hardworking individual who always gives 100% in any given situation. I would welcome and cherish the opportunity to pursue a fast paced rewarding career within a positive work environment.

Current member of the SMTO Scottish Massage Therapists Association. [www.scotmass.co.uk](http://www.scotmass.co.uk)

Insured through Balens Ltd. [www.Balens.co.uk](http://www.Balens.co.uk)

Seeking work in UK, International Locations and Cruise Ships

## Employment History:

**March 2010 - Present - Spa Consultant** at (most recent employer hidden for confidentiality) Tongue, UK - United Kingdom, ( Hotel Spa)

### Duties included:

Massage therapy with nutritional therapy:Trigger point and sports massage Swedish massage, Indian head massage, Reflexology, Hot stones massage

### Products worked with:

Massage oils and essential oils

**January 2011 - Present - Spa Consultant** at Rory Lowe, Ben Loyal Estate Lodge, Tongue, UK - United Kingdom, (Home/Mobile)

### Duties included:

Swedish Massage, Reflexology, Hot stones massage, Indian head massage and nutritional therapy

### Products worked with:

Essential oils

**July 2013 - July 2013 - Spa Consultant** at Athletes Angels, Loch tay marathon, Aberfeldy, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

Artemis Quadrathlon

**April 2011 - January 2012 - Spa Consultant** at Rory Lowe, Kinloch Lodge, Tongue, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Massage therapy, Swedish Massage, Reflexology, Hot stones massage, Indian head massage and face.

**April 2009 - April 2010 - Spa Consultant** at Ming Chen Therapies, Inverness, UK - United Kingdom, (High Street Salon)

**Duties included:**

Nutritional Therapy and Reflexology

**Products worked with:**

Essential Oils

**Education and Qualifications:****2012 Highland school of massage**

dip AIS

Active Isolated stretching advanced sports massage techniques

**2012 Highland school of massage**

Dip Trigger point therapy

Trigger point therapy advanced massage techniques

**2011 Highland Schhol of Massage, Inverness**

Diploma

In depth CPD in Hot Stones Massage

**2011 Inspire school of Massage Edinburgh**

Diploma

Massage

**2010 Highland School of Massage**

Diploma

Swedish massage

**2009 Guild of Holistic Therapy**

Diploma

Reflexology over 6 month duration involving in depth Anatomy and physiology with Massage

**2007 College of Ripon and York St John**

Msc Nutrition

Nutrition with cancer.

**2003 College of Ripon and York St John**

Bsc Hons

Sports Science

**1996 Fortrose Academy**

English, Maths, Computing, P.E, Craft and design, geography and biology

## **Product Training:**

### **June 2009 Fushi Essential oils**

Irish School of Herbal Medicine, Ireland, Maynooth Campus

## **Hobbies and Interests**

I enjoy the outdoors and participate in many sporting activities such as Football, walking, and golf. I have an affinity for nutrition and fitness and massage which I incorporate to all aspects of my life. In addition, I find it rewarding to advocate healthy living to others in my chosen aspects.

CV created at [www.spastaff.com](http://www.spastaff.com)

