



# Curriculum Vitae

**Female**

**D.O.B. 09 May 1981**

**Number of years working in industry:**

**16 years 0 months**

**Candidate ID Number:** 135290

**Nationality:** Hungarian

**Language Skills:**

Fluent: English, hungarian, Italian

Basic: German, Spanish, French

**Permitted to work in:** European Union

**Position Sought:** Massage Therapist, Holistic Therapist, Yoga / Pilates Teacher, pregnancy yoga

## Personal Statement

Each individual has a source of energy in constant transformation inside and out like the dance of the microcosm in the macrocosm, first seeking individual harmony in order to harmonize with the surrounding world.

Knowing each other, self-esteem and consequently loving each other is the beginning of a journey that leads to equilibrium, precisely through universal love, of which much is talked about, but little is known and really applied!

Seeking work in international locations

## Employment History:

**February 2010 - Present - Yoga / Pilates Teacher** at (most recent employer hidden for confidentiality) Pesaro, Italy, (Home/Mobile)

### Duties included:

yoga,pilates lessons keep contact for a few years with the students

care them body with an appropriate practice

Teaching for me means sharing everything that leads me to be aware, healthy, and happy; as the ancient sages defined the art of living.

**Career Break** - Maternity/Paternity leave

**February 2021 - February 2023 - Massage Therapist** at Fano Camping, Fano, Italy, (Health Club)

### Duties included:

i had a daily scadule from morning to evening

i keep healty contact with the people on ther vacation

i did also fitness and yoga and acqua gym activities with the clients of the camping

## Products worked with:

doterra essential oils

## **Career Break - Training - industry-related**

**February 2020 - February 2023 - Yoga / Pilates Teacher** at A.B.S.Dojo Shingen Marshall art scool, Fano, Italy, (Health Club)

### **Duties included:**

i keep weekly lessons,with children and adults..

i did weekly massage sessions

### **Products worked with:**

flying hamacs for antigravity yoga

doterra essential oils

**October 2017 - February 2020 - Yoga / Pilates Teacher** at Movimento e Fantasia dance scool, Cagli,-PU-, , Italy, (Health Club)

### **Duties included:**

yoga,pilates lessons keep contact for a few years with the sudents

care them body with an appropriate practice

Teaching for me means sharing everything that leads me to be aware, healthy, and happy; as the ancient sages defined the art of living.

## **Career Break - Job hunting**

## **Education and Qualifications:**

### **2021 Trained in house**

Certificate

Aromatheapy

### **2018 Trained in house**

Cerificated

Body flying technics = Areal yoga

### **2013 Training In House**

Certificated

Reiki 1/2 USUHI SHIKIY RYOHO

### **2010 Traditional Ayurvedic Yoga Massage scool India Maharastra,Pune**

certificated

ayurvedic yoga massage AYM

it is a mix beetwen thai massage and ayurvedic deep tissue massage

### **2020 Cintamani Yoga ,Florance,Italy**

YTT,yoga teacher training

Certificated Aliance

### **2000 Omcarananda Depeshwar Mandir India**

YTT Yoga teacher Training

## **Product Training:**

**February 2023      doterra essential oils**

at home

**February  
2022**

home practice

it was an online practic and teory trainig,about how to use essential oils on tha body

**October  
2021**

**Doterra**

Florance,Italy

home pratice

Aroma touch massage tecnic.Through the aromatic touch, with essential oils that lead to complete relaxation, working on the immune system and nervous system, dissolving muscular and emotional tensions.

## **Vocational Qualifications**

Circus artist

Fotographer

Stylist,Tayler,Costum designer

## **Hobbies and Interests**

hikking,dancing,horse riding,

studiing

CV created at [www.spastaff.com](http://www.spastaff.com)

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