

Curriculum Vitae

Female

D.O.B. 09 May 1981

Number of years working in industry:

16 years 0 months



Candidate ID Number: 135290

Nationality: Hungarian

Language Skills:

Fluent: English, Hungarian, Italian

Basic: German, Spanish, French

Permitted to work in: European Union

Position Sought: Massage Therapist, Holistic Therapist, Yoga / Pilates Teacher, pregnancy yoga

Personal Statement

Each individual has a source of energy in constant transformation inside and out like the dance of the microcosm in the macrocosm, first seeking individual harmony in order to harmonize with the surrounding world.

Knowing each other, self-esteem and consequently loving each other is the beginning of a journey that leads to equilibrium, precisely through universal love, of which much is talked about, but little is known and really applied!

Seeking work in international locations

Employment History:

February 2010 - Present - Yoga / Pilates Teacher at (most recent employer hidden for confidentiality) Pesaro, Italy, (Home/Mobile)

Duties included:

yoga, pilates lessons keep contact for a few years with the students

care them body with an appropriate practice

Teaching for me means sharing everything that leads me to be aware, healthy, and happy; as the ancient sages defined the art of living.

Career Break - Maternity/Paternity leave

February 2021 - February 2023 - Massage Therapist at Fano Camping, Fano, Italy, (Health Club)

Duties included:

i had a daily schedule from morning to evening

i keep healthy contact with the people on their vacation

i did also fitness and yoga and aqua gym activities with the clients of the camping

Products worked with:

doTERRA essential oils

Career Break - Training - industry-related

February 2020 - February 2023 - Yoga / Pilates Teacher at A.B.S.Dojo Shingen Marshall art school, Fano, Italy, (Health Club)

Duties included:

i keep weekly lessons, with children and adults..

i did weekly massage sessions

Products worked with:

flying hamacs for antigravity yoga

doterra essential oils

October 2017 - February 2020 - Yoga / Pilates Teacher at Movimento e Fantasia dance school, Cagliari, PU-, , Italy, (Health Club)

Duties included:

yoga, pilates lessons keep contact for a few years with the students

care them body with an appropriate practice

Teaching for me means sharing everything that leads me to be aware, healthy, and happy; as the ancient sages defined the art of living.

Career Break - Job hunting

Education and Qualifications:

2021 Trained in house

Certificate

Aromatherapy

2018 Trained in house

Certificated

Body flying techniques = Aerial yoga

2013 Training In House

Certificated

Reiki 1/2 USUHI SHIKIY RYOHO

2010 Traditional Ayurvedic Yoga Massage school India Maharashtra, Pune

certificated

ayurvedic yoga massage AYM

it is a mix between thai massage and ayurvedic deep tissue massage

2020 Cintamani Yoga , Florence, Italy

YTT, yoga teacher training

Certificated Alliance

2000 Omcarananda Depeshwar Mandir India

YTT Yoga teacher Training

Product Training:

February 2023 doterra essential oils

at home

**February
2022**

home praktice

it was an online practic and teory trainig,about how to use essential oils on tha body

**October
2021**

Doterra

Florance,Italy

home pratice

Aroma touch massage tecnic.Through the aromatic touch, with essential oils that lead to complete relaxation, working on the immune system and nervous system, dissolving muscular and emotional tensions.

Vocational Qualifications

Circus artist

Fotographer

Stylist,Tayler,Costum designer

Hobbies and Interests

hikking,dancing,horse riding,

studiing

CV created at www.spastaff.com

