

# Curriculum Vitae

**Male**

**D.O.B. 22 January 1985**

**Number of years working in industry:**

**20 years 3 months**



**Candidate ID Number:** 13499

**Nationality:** Indian

**Language Skills:**

Fluent: English, hindi, malayalam

Good: tamil

Basic: ukrainian, Russian

**Permitted to work in:** India

**Position Sought:** Spa Co-ordinator, Senior Therapist, Massage Therapist, Holistic Therapist, Yoga / Pilates Teacher, spa supervising

## Personal Statement

Successful Therapy skills & experience with more than 9 years of experience in operations, stock management, , training and team development.

## Employment History:

**November 2005 - Present - Massage Therapist** at (most recent employer hidden for confidentiality)  
Goa/Rishikesh/Truskavets, India, (5 Star Hotel Spa)

### Duties included:

Report directly to Ayurvedic Spa Manager

capex,opex and corex can manage for annum.

- Ensuring maintenance of all spa equipment and rooms to high standards.
- Liaison with staff, management and clientele at all levels.
- Implementing hotel's rules and regulations and to report any deviation.
- Ensuring adherence to Health and Safety Regulations

Cross trained to Ananda's world class standards in International therapies

### Products worked with:

Ayurveda herbal products /cherish spa products (only ananda spa) and mythri spa products.

**March 2014 - Present - Treatment Manager / Spa Trainer** at www.marasa.net, kenya,nyeri,nairobi, Kenya, ( Hotel Spa)

### Duties included:

Heath club manager,spa trainner and therapist doing all kind of professional spa training,budget management(capex,opex and corex)

**Products worked with:**

normal essential products and ayurveda herbal products

**July 2016 - Present - Spa Co-ordinator** at niraamayam heritage group at orchard wellness, malacca, Malaysia, ( Hotel Spa)

**Duties included:**

- Assisting the Spa Divisions of The Orchard Wellness and Health Resort,Malacca, Malasyia.
- Efficiently handle spa operations, project, inventory, and financial status of wellness centers.
- Collaborate with Hospital management in negotiating exclusive treatments for guests who were looking for result oriented program.
- Co-ordinate yoga and Training for the Guest.
- Monitor and manage staff members to enhance productivity.
- Ensure remarkably boosted treatment and retail sales
- Achieve financial and guest satisfaction targets and goals.
- Co-ordinate, train and oversee spa projects.
- Monitor quality, functionality and maintenance of facilities.

**Products worked with:**

Herbal products

**July 2016 - January 2017 - Spa Co-ordinator** at niraamayam heritage group at orchard wellness, malacca, Malaysia, ( Hotel Spa)

**Duties included:**

- Assisting the Spa Divisions of The Orchard Wellness and Health Resort,Malacca, Malasyia.
- Efficiently handle spa operations, project, inventory, and financial status of wellness centers.
- Collaborate with Hospital management in negotiating exclusive treatments for guests who were looking for result oriented program.
- Co-ordinate yoga and Training for the Guest.
- Monitor and manage staff members to enhance productivity.
- Ensure remarkably boosted treatment and retail sales
- Achieve financial and guest satisfaction targets and goals.
- Co-ordinate, train and oversee spa projects.
- Monitor quality, functionality and maintenance of facilities.

**Products worked with:**

Herbal products

**November 2013 - January 2014 - Spa Co-ordinator** at Leonia holistic destination, india,Hyderabad, India, (5 Star Hotel Spa)

**Duties included:**

As a Therapist Trainer, same as above

**Products worked with:**

UR,amber, and Tacct

**Education and Qualifications:****2017**

Yoga ,Asanas,Mudre ,bhanda, and meditation

**2016 santhi yoga teachers training institute**

YTTC, Yoga Teachers Trrraining (yoga school from yoga alliance,USA,registererd)

Holistic therapies

#### **2005 KITTS (Kerala institute of tourism and travel studies)**

Diploma

public health and sanitation

#### **2004 All India Institute of Local Self Government**

Diploma

Sanitary Inspector(public health and sanitation)

#### **2002 G.S.H.S.S,meladoor**

2004 march

#### **2000 N.S.H.S Valoor**

2000 year march

### **Product Training:**

#### **June 2008 Cherish,mytri,irraya and ayurveda herbal products**

Ananada spa

Aromatherapy,

swedish massage,scrub,

body wrapping,Ananda touch

Mukha lepa(a herbal facial only in ananda spa),

reflexology,

stone therapy,

thai massage

deep tissue

stress relief yoga(morning individual session)

all ayurveda treatment including panchakarma therapy in hospitality level.

### **Vocational Qualifications**

I am a good driver, I have Indian union heavy duty driving license. I use to drive very much when I will be free.

### **Hobbies and Interests**

reading books,very interested to play games

CV created at [www.spastaff.com](http://www.spastaff.com)

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