



Curriculum Vitae

Male

D.O.B. 25 April 1977

Number of years working in industry:

6 years 10 months

Candidate ID Number: 13401

Nationality: British

Language Skills:

Fluent: English, Greek, Spanish

Basic: Italian

Permitted to work in: Italy, Greece, France, Chile, Belgium, UK - United Kingdom

Position Sought: Assistant Manager, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Fitness Professional, Yoga / Pilates Teacher, Membership Sales Professional

Personal Statement

I have travelled worldwide and have developed skills that allow me to get on with various people from different nationalities and backgrounds. I am ambitious and enjoy challenges and working hard.

Seeking work in UK and International Locations.

Employment History:

June 2010 - June 2011 - Yoga / Pilates Teacher at (most recent employer hidden for confidentiality) Riviera Maya, Cancun, Mexico, (5 Star Hotel Spa)

Duties included:

Teaching group and private yoga classes

Teaching group and private pilates classes

Teaching group and private meditation

Performing various massages for therapeutic or relaxation purposes

Products worked with:

Banyan Tree Spa beauty products

Career Break - Training - industry-related

January 2007 - July 2009 - Yoga / Pilates Teacher at Orient Express Hotels and Spas, Riviera Maya, Cancun, Mexico, (5 Star Hotel Spa)

Duties included:

Teaching group and private yoga classes

Teaching group and private pilates classes

Teaching group and private meditation

Presenting health seminars

Designing and supervising spa programs i.e. weight loss, detoxification

Holding group and private health seminars and consultations

Performing massages for therapeutic and relaxation purposes

Products worked with:

Epicuren, Primavera

Career Break - Traveling

October 2004 - March 2006 - Massage Therapist at Steiner, Princess Sapphire, Mexican Riviera and Alaska, (Cruise Ship)

Duties included:

Performing massages for therapeutic and relaxation purposes

Recommending and selling products

Presenting health seminars

Covering reception at times

Products worked with:

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October 2002 - September 2004 - Fitness Professional at Mid Sussex Council, Haywards Heath, UK - United Kingdom, (Health Club)

Duties included:

Introducing new members to the use of the gym and the facilities available

Designing fitness programs for the members

Personal training

Teaching various group fitness classes

Supervising the gym and the health club facilities

Education and Qualifications:

2009 Yoga India

Certificate

Yoga Teacher

2007 Himalaya Healing Center

Certificate

Thai Massage

2002 Premier Training International

Diploma

Sports Massage Therapy

Swedish Massage

Personal Training

Group Instructor

Nutritional Advisor

1994 Secondary School, Greece

Equivalent to GCSEs, good grades on all subjects

Product Training:

July 2005 Elemis, La Therapie

Steiner Academy, London

Received training on body and facial products. Training included products description, use and selling recommendations.

Vocational Qualifications

Customer Service Training

People Skills Training

Hobbies and Interests

Reading, exercising, meditation, cooking

CV created at www.spastaff.com

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