

# Curriculum Vitae

Male

D.O.B. 06 December 1974

Number of years working in industry:

18 years 7 months



**Candidate ID Number:** 13340

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Massage Therapist, Holistic Therapist, Complementary Therapist

## Personal Statement

Always like to look outside the box when finding solutions. Not afraid to look at another point of view. Ultimate goal to be happy and content in what I do. An enthusiastic and confident massage therapist, with a genuine passion for every aspect of massage and well-being. Always eager learn new techniques that will benefit my guests, myself and colleagues.

Seeking work in SE, Midlands and S Wales, International Locations and Cruise Ships

## Employment History:

**July 2007 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) home/ mobile, UK - United Kingdom, (Home/Mobile)

### Duties included:

Excellent home massages

### Products worked with:

Elemis

O spa

**August 2011 - December 2011 - Massage Therapist** at Ospa London, London, UK, UK - United Kingdom, (High Street Salon)

### Duties included:

Working within the Regent Street, Canary Wharf and Kensington branches delivering bespoke and conventional massages.

Expert in Swedish, Deep tissue, On-site, Hot Stone massage techniques

Delivering superb massages and home care advice at all times.

### Products worked with:

Ospa London

**November 2010 - July 2011 - Massage Therapist** at Steiner Transocean, P&O Ventura, (Cruise Ship)

**Duties included:**

- Expert in Swedish, Deep tissue, On-site, Hot Stone massage techniques
- Experienced in Bamboo, Thai Poultice, Mini facials, Body wraps, Body scrubs, Head massages, Reflexology.
- Delivering superb massages and home care advice at all times.
- Proven record of cross selling products
- Solution orientated attitude
- Calm under pressure
- Effective communicator at all levels

Rebooking guests where applicable

**Products worked with:**

Elemis

La Therapie

**September 2007 - April 2008 - Massage Therapist** at Indulgence Health and Beauty, Clapham Junction., London, UK, UK - United Kingdom, (High Street Salon)

**Duties included:**

Masage Therapist

**Education and Qualifications:**

**2009 ITEC**

- Diploma
- Holistic Massage
- Onsite massage
- reflexology

**1998 Wolverhampton University**

- Degree
- Marketing with media and communication studies

**1991 Archbishop Tenisons Grammar School**

- English Language B
- English literature C
- Computers B
- Design B
- science B

**Product Training:**

**December 2011**      **ospa london**

Head office and within the spas

Bespoke massages, such as head massages and rituals, as well as product knowledge of the mediums used within the spa, when and where they would be used.

**November  
2010**

**Elemis Spa products**

training centre

Intensive and extensive training on all spa products and massage techniques as well as rituals required when performing the treatments.

## **Vocational Qualifications**

Degree in Media and Communication Studies

## **Hobbies and Interests**

Apart from Holistic therapies and well being. I am learning to rollerskate.

Interested in Mixed Martial arts.

Like comedy films, learning about different cultures, travelling, eating different foods.

CV created at [www.spastaff.com](http://www.spastaff.com)

