

# Curriculum Vitae

**Male**

**D.O.B. 13 January 1960**



**Number of years working in industry:**

**16 years 1 month**

**Candidate ID Number:** 13266

**Nationality:** British

**Language Skills:**

Fluent: English, urdu

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Head Therapist, Senior Therapist, Massage Therapist, sports injury rehabilitation therapist

## Personal Statement

I am a confident, well-presented, articulate, professional and an enthusiastic high calibre candidate; I am a competent and committed team player. I view myself as a dynamic individual who is focused on finding solutions to problems in a logical and analytical way. I would like the opportunity to work with elite athletes in a professional sports environment. I aspire to work with an established and reputable company, club or venue where I can gain maximum exposure to different musculoskeletal pathologies. I am always keen to learn and discuss the application of new techniques that will assist in enhancing the health and wellbeing of my clients.

Seeking work in UK and International Locations

## Employment History:

**January 2010 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Charlton London, UK - United Kingdom, (Hospital / Medical Clinic)

### Duties included:

Assisting the first team physiotherapist at Charlton FC & assisting the consultant physiotherapist at Gillingham FC in Providing manual and electro therapies to both upper and lower musculatures of recovering first team players and also learning various other modalities including ultrasound, interferential and Pulsed Shortwave Diathermy. Conducting physical assessments and prescribing exercise and rehab programs for short & long term Injuries, monitoring progress and supervising gym based exercises.

### Products worked with:

Electrotherapy including Ultrasound, interferential and manual massage techniques

**May 2011 - Present - Massage Therapist** at Lordswoods Sports Club, Kent, UK - United Kingdom, (Health Club)

### Duties included:

Providing manual and electro therapies to injured clients. Conducting physical assessments and prescribing exercise and rehab programs for short & long term Injuries, monitoring progress and supervising gym based exercises.

## **Products worked with:**

Electro therapy, and manual sports massage

## **Education and Qualifications:**

### **2010 Premier International Limited**

Diploma

Sports Injury assessment and rehabilitation programs and sports massage

### **2010 Premier Training International**

NVQ level 4 Diploma in Sports Massage Therapy.

### **1977 Upbury Manor**

7 O' Levels  
3 A' Levels

## **Product Training:**

**February 2012** as above

**December 2010** Sports Massage

Premier International Limited

Received training in anatomy & physiology. Sort & deep Tissues massage, myofascial release techniques, injury assessment and special tests for specific injuries and treatments and post care advice

## **Vocational Qualifications**

Emergency Sports First Aid -St Johns Ambulance

## **Hobbies and Interests**

- Latest technology advances with the Internet and mobile sectors.
- Passionate about sports, in particular football and field hockey.
- Socialising with friends and family.
- Actively involved in organising fundraising events such as sports days and marathons for national charities.

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