

Curriculum Vitae

Female

D.O.B. 13 January 1984

Number of years working in industry:

6 years 6 months



Candidate ID Number: 131633

Nationality: South African

Language Skills:

Fluent: English

Good: Arabic

Basic: German, Spanish, French, Russian

Permitted to work in: Egypt, South Africa

Position Sought: Spa Consultant, Head Therapist, Treatment Manager / Spa Trainer, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Hair Stylist, Nail Technician, Receptionist, Area Sales Representative, Retail Professional, Membership Sales Professional

Personal Statement

I am a positive, reliable & friendly individual who is able to tackle any projects to the best of my ability, I am confident within myself and the professional skills I possess & would be thrilled to be a part of your brand. I am always striving to excel in my job field and assist others around me. I am likeable amongst clients and fellow co-workers. I have been given excellent reviews by clients & guests based on my level of professionalism & massage therapy skills and have helped many live a better quality of life. My best quality is that even on a stressful busy day, I am still able to wear a smile on my face & fulfill the needs of the client. My positive attitude and having over 5 years experience in my field, I hope would make me a valuable member of your team. Thank you for your time and consideration.

Seeking work in international locations and cruise ships

Employment History:

April 2023 - July 2023 - Spa therapist at (most recent employer hidden for confidentiality) Riyadh, Saudi Arabia, (Day Spa)

Duties included:

* Moroccan hammam specialist

* senior therapist

* conduct body & treatment evaluation

* massage treatments (face & body)

* clean up after sessions & preparation before sessions

* client follow up after treatment

* assist with client bookings

* check stock usage and report treatments

* product and treatment sales

Products worked with:

- Black soap
- rasoul clay
- argan oil

February 2018 - December 2022 - Senior Therapist at Pharaonic spa , Luxor Egypt , Egypt, (Hotel Spa)

Duties included:

- Spa therapist duties (performing various body massage therapy techniques , facial & body treatments) in a professional manner
- recording clients health and treatment evaluation
- Handling client complaints in a friendly manner
- Contacting clients to do follow up after treatments
- treatment sales
- Spa attendant
- nail tech (gel & acrylic)
- beauty therapist (hair & facials)
- salon hairdresser
- Product sales
- assistant manager
- receptionist (bookings)
- stock taking, ordering of products & consumables
- turkish hammam/ bath rituals
- body wraps
- clean up after treatment sessions, making sure the aroma of the spa is amazing and areas are clean and tidy
- waxing & threading
- manicure & pedicure

Products worked with:

- Various Egyptian products including massage oils and scrubs
- TCA chemical peels and whitening/brightening/classic facial products (exfoliating agents ,masks , serums etc)

November 2017 - January 2018 - Massage Therapist at Egypt Nile cruises, Luxor Egypt - Dahabiya sailing , (Cruise Ship)

Duties included:

- Massage therapy
- Indian head massage
- Foot reflexology
- Treatment sales
- product ordering

Products worked with:

- Egyptian massage oils and creams

July 2016 - October 2017 - Spa Manager at The Thai spa , Pietermaritzburg South Africa , South Africa, (5 Star Hotel Spa)

Duties included:

- Spa attendant , spa therapist ,spa manager
- Thai and Balinese massage and various massage techniques
- Handling and solving clients complaints in a professional , friendly manner
- recording usage of products & treatments done , stock count and ordering of products and consumables
- Product and treatment Sales
- thai yoga massage
- ensuring cleanliness and tidiness of work area
- discussing the clients needs - offer the suitable massage types that will benefit the clients needs
- Calling clients for follow up after treatments
- assisting with bookings
- Managing spa - target sales , budget & finance , payroll , solving problems , responding to clients reviews
- motivational group meetings with spa team
- making sure treatments follow safety guidelines and spa regulations
- Recording of clients health history (spa therapist)
- Organising training

Products worked with:

- Dermalogica face products
- various Thai massage products
- gwenya organic massage oils , massage creams and exfoliating scrubs
- Dermalogica facial products
- esse skin care and nails

Education and Qualifications:

2016 Oxford Academy South Africa

Certificate diploma NVQ ITEC

- Spa management / spa attendant / spa therapist
- Massage techniques - sports massage , Swedish massage , aromatherapy massage , hot stone massage therapy , deep tissue massage therapy, lymphatic drainage, Indian head , foot reflexology , slimming and detox massage , pregnancy massage , Thai and Balinese massage.
- Turkish hammam and bath rituals
- physiology and anatomy of the body
- hair dressing- cut and styling
- nails - gel and acrylic - manicure & pedicures
- facials (classic , hydration , anti ageing, brightening etc.) using LED light therapy , oxygeno facials or radio frequency therapy (incorporated into facial treatment)
- chemical peels
- beauty therapy
- makeup
- lymphatic drainage facial massages

2003 Oval computer college

- Computer skills
- business management
- sales representative

2001 Woodlands secondary high school

English - higher grade (A)

maths - (C)

accounting (C)

passed all subjects

Product Training:

December 2016 Ngwenya organic products - massage oils , wraps , scrubs and body polish. OPI Nails - gel and acrylic - manicure and pedicure Redken hair products - cutting and styling , blow waves as well as upstyles for wedding or party Dermalogica - facials

Oxford academy

South Africa

- Ngwenya organic massage oils , body scrubs , wraps and body polish
- Thai massage products(tiger balm)
- Dermalogica and Vichy facials (chemical peels)
- OPI nails
- MAC makeup
- Redken - hair stylist

Vocational Qualifications

- Computer skills
- business management
- sales representative

Hobbies and Interests

Yoga and meditation

hiking

dancing

Painting

cooking

CV created at www.spastaff.com

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