

Curriculum Vitae

Female

D.O.B. 19 January 1977

Number of years working in industry: 28 years 7 months

Candidate ID Number: 13156

Nationality: Trinidadian or Tobagonian

Language Skills:

Fluent: English

Permitted to work in: Trinidad and Tobago

Position Sought: Spa Consultant, Spa Manager, Head Therapist, Senior Therapist, Massage Therapist

Personal Statement

Leadership, making people feel comfortable.

Life Goals

To ensure my family and myself are comfortable. To travel the world, to make a positive contribution to the world

Seeking work in International Locations

Employment History:

July 1997 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Maraval, Trinidad and Tobago, (Home/Mobile)

Duties included:

Manage clients pain and guide them to improved ROM.

I have worked with clients afflicted with: Fibromyalgia, rheumatoid arthritis, lymphedema, post surgery. to name a few

As a fully trained Certified Lymphedema Therapist, I manage many cases of upper and lower extremity edema and Lymphedema, be it post cosmetic surgery or managing patients who have primary or secondary Lymphedema.

My passion is rehabilitative work, the joy of seeing a patient improve under your care just cannot be described.

October 2010 - Present - Certified Lymphedema Therapist at Self, Maraval, Trinidad and Tobago, (Home/Mobile)

Duties included:

Objective: To use my specialized oncology massage therapy skills and therapeutic techniques to naturally alleviate pain, nausea and fatigue in cancer patients, while collaborating closely with the oncology team and patient at all stages of cancer treatment. To use my specialized knowledge of the lymphatic system as a massage therapist to help patients with edema, lymphedema and related conditions gain relief through lymphatic drainage using both superficial and deep flow techniques.

Products worked with:

Lymphoderm, Juzo compression garments, short stretch bandages

Education and Qualifications:

2012 Indian Board of Alternative Medicine

Bachelor Certificate

Currently pursing the Indian Board of Alternative Medicine -Bachelors in Alternative medicine Science.

2004 Henley Management College

Diploma

Henley Management College- Executive Diploma

2002 Association of Business Executives

ABE level I And II and Advanced

Business Administration

1997 Florida College of Natural Health

Advanced Diploma

Advanced Diploma in Therapeutic Massage

2010 Academy of Lymphatic Studies

Complete Certificate. CLT

1997 Florida College of Natural Health

school exam and attained Florida license

Product Training:

October 2010 Certified Lymphedema Therapist

Academy of Lymphatic Studies

Each course participant will be trained in the four components of CDT and the management of lymphedema affecting a variety of peripheral body parts - upper and lower extremities, head and neck, exterior genitalia, trunkal swelling, pediatric lymphedema, post-surgical and post-traumatic swelling, lymphedema caused by chronic venous insufficiencies and other pathologies, lipedema. Upon completion of this course participants will be able to differentiate between a variety of peripheral edemas and understand the medical indications and contraindications of CDT. Furthermore the therapist will be able to establish a treatment plan for individuals with chronic extremity lymphedema and other conditions and perform the treatment accordingly.

Hobbies and Interests

Cooking, reading, yoga, and kayaking

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