

Curriculum Vitae

Female

D.O.B. 08 June 1993

Number of years working in industry: 14 years 0 months

Candidate ID Number: 131394

Nationality: British

Language Skills:

Fluent: English

Basic: Italian

Permitted to work in: UK - United Kingdom

Position Sought: Head Therapist, Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

I started beauty therapy from leaving school, it has given me the opportunity to travel and work. I moved across the world to Port Douglas a lovely village in North Queensland, Australia. I worked in the spa of a 5-star resort. For the past 5 years I have worked in a renowned osteopathic clinic. I love to travel and learn so while working I have also completed a degree in Marine Biology, I studied abroad in Georgia, USA. I am interested in how things work; I will continue to learn and grow. I am mindful of the environment and how we can protect it. I am pragmatic in how I approach situations that arise, adapting and overcoming obstacles.

Seeking work in international locations and cruise ships

Employment History:

February 2017 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Colchester, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

(Self-employed) Massage Therapist. I have extremely loyal returning patients who I carry out exceptional treatments for and provide recommendations exercises to carry out to release tension in the muscles between treatments to prolong the benefits from their massage. I have clients referred from the osteopaths and vice versa I will refer a client for osteopathy if I feel they need a more specified treatment for example shock wave or acupuncture. I was proactive in booking myself on a recognised Federation of Holistic Therapists (FHT) course in advanced and deep tissue massage.

Products worked with:

Elemis

February 2016 - August 2016 - Beauty Therapist at Accor Pullmans Sea temple spa , Port Douglas, Australia, (5 Star Hotel Spa)

Duties included:

I travelled to Australia on a working holiday visa. I worked in Vie Spa of a 5-star resort in North Queensland for 8 months. I carried out Prescription facials using Pevonia and IKOU. OPI manicures and pedicures. I learnt how to carry out new treatments including the Vichy Shower, Hot stone & Deep Muscular Massage. Other duties as a beauty therapist consisted of reception duties booking in external and internal guests for treatments, taking payment, consultation forms, opening and closing the spa.

Products worked with:

Pevonia

IKOU

OPI

Vichy Shower

Career Break - Traveling

June 2012 - December 2015 - Beauty Therapist at Aqua Springs, Colchester, UK - United Kingdom, (Health Club)

Duties included:

I was a full time Beauty therapist at Aqua Springs, Colchester. I went on an intense week of Dermalogica Training in face mapping, facials, and body treatments. I enjoyed the prescriptive facials and would recommend a treatment plan for each client which they could purchase at the spa, I was rewarded with commission 30% and products for above average retail sales. I also carried out massage, waxing, OPI Gel nails, and Reflexology. I would have reception duties taking phone calls and bookings, taking payment, cleaning, opening, and closing the spa.

Products worked with:

Dermalogica

OPI

Career Break - Traveling

June 2011 - June 2012 - Beauty Therapist at Crowne Plaza Five lakes, Colchester, UK - United Kingdom, (Day Spa)

Duties included:

I was a full time Beauty therapist at Aqua Springs, Colchester. I went on an intense week of Dermalogica Training in face mapping, facials, and body treatments. I enjoyed the prescriptive facials and would recommend a treatment plan for each client which they could purchase at the spa, I was rewarded with commission 30% and products for above average retail sales. I also carried out massage, waxing, OPI Gel nails, and Reflexology. I would have reception duties taking phone calls and bookings, taking payment, cleaning, opening, and closing the spa.

Products worked with:

Espa

Elemis

Clarins

Jessica

Sienna X

Education and Qualifications:

2022 Smart qualifications

Diploma level 3

Sports Therapy massage

2018 Brighton Holistics

Diploma

Deep tissue massage

2017 Princes Trust

Certificate

Princes Trust:

Skills to run a business

Marketing and selling

Pricing, book-keeping, and cash flow forecasting

Business plan topics and structure

mentoring

2022 University of Essex

BSc Honours degree in Marine biology.

2012 Colchester Institute

NVQ level 2 Beauty therapy

Diploma Level 3 Complementary Therapies

Product Training:

September 2018 Elemis

The Elemis Trainer came to our spa for a 5 day week intensive training in facials and body treatments using Elemis.

Exotic face and body

BIOTECH facials

March 2016 Pevonia

Went to the pevonia training in Cairns.

Learnt specialist facials.

May 2012 Jessica

Went to the Jessica training in cambridge for a week.

Gel nails and sculpting

August 2011 Clarins

Went to london clarins academy for facial and body training.

Facials, and body wraps.

June 2011 Espa

Espa in house training

Face and body treatments

Vocational Qualifications

First aid, fire safety training, STCW.

Hobbies and Interests

Yoga.

CV created at www.spastaff.com