

# Curriculum Vitae

**Female**

**D.O.B. 08 June 1993**

**Number of years working in industry: 14 years 0 months**

**Candidate ID Number:** 131394

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Italian

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Head Therapist, Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist

## Personal Statement

I started beauty therapy from leaving school, it has given me the opportunity to travel and work. I moved across the world to Port Douglas a lovely village in North Queensland, Australia. I worked in the spa of a 5-star resort. For the past 5 years I have worked in a renowned osteopathic clinic. I love to travel and learn so while working I have also completed a degree in Marine Biology, I studied abroad in Georgia, USA. I am interested in how things work; I will continue to learn and grow. I am mindful of the environment and how we can protect it. I am pragmatic in how I approach situations that arise, adapting and overcoming obstacles.

Seeking work in international locations and cruise ships

## Employment History:

**February 2017 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Colchester, UK - United Kingdom, (Hospital / Medical Clinic)

### Duties included:

(Self-employed) Massage Therapist. I have extremely loyal returning patients who I carry out exceptional treatments for and provide recommendations exercises to carry out to release tension in the muscles between treatments to prolong the benefits from their massage. I have clients referred from the osteopaths and vice versa I will refer a client for osteopathy if I feel they need a more specified treatment for example shock wave or acupuncture. I was proactive in booking myself on a recognised Federation of Holistic Therapists (FHT) course in advanced and deep tissue massage.

### Products worked with:

Elemis

**February 2016 - August 2016 - Beauty Therapist** at Accor Pullmans Sea temple spa , Port Douglas, Australia, (5 Star Hotel Spa)

### Duties included:

I travelled to Australia on a working holiday visa. I worked in Vie Spa of a 5-star resort in North Queensland for 8 months. I carried out Prescription facials using Pevonia and IKOU. OPI manicures and pedicures. I learnt how to carry out new treatments including the Vichy Shower, Hot stone & Deep Muscular Massage. Other duties as a beauty therapist consisted of reception duties booking in external and internal guests for treatments, taking payment, consultation forms, opening and closing the spa.

### Products worked with:

Pevonia

IKOU

OPI

Vichy Shower

**Career Break** - Traveling

**June 2012 - December 2015 - Beauty Therapist** at Aqua Springs, Colchester, UK - United Kingdom, (Health Club)

**Duties included:**

I was a full time Beauty therapist at Aqua Springs, Colchester. I went on an intense week of Dermalogica Training in face mapping, facials, and body treatments. I enjoyed the prescriptive facials and would recommend a treatment plan for each client which they could purchase at the spa, I was rewarded with commission 30% and products for above average retail sales. I also carried out massage, waxing, OPI Gel nails, and Reflexology. I would have reception duties taking phone calls and bookings, taking payment, cleaning, opening, and closing the spa.

**Products worked with:**

Dermalogica

OPI

**Career Break** - Traveling

**June 2011 - June 2012 - Beauty Therapist** at Crowne Plaza Five lakes, Colchester, UK - United Kingdom, (Day Spa)

**Duties included:**

I was a full time Beauty therapist at Aqua Springs, Colchester. I went on an intense week of Dermalogica Training in face mapping, facials, and body treatments. I enjoyed the prescriptive facials and would recommend a treatment plan for each client which they could purchase at the spa, I was rewarded with commission 30% and products for above average retail sales. I also carried out massage, waxing, OPI Gel nails, and Reflexology. I would have reception duties taking phone calls and bookings, taking payment, cleaning, opening, and closing the spa.

**Products worked with:**

Espa

Elemis

Clarins

Jessica

Sienna X

**Education and Qualifications:**

**2022 Smart qualifications**

Diploma level 3

Sports Therapy massage

**2018 Brighton Holistics**

Diploma

Deep tissue massage

**2017 Princes Trust**

Certificate

Princes Trust:  
Skills to run a business

Marketing and selling  
Pricing, book-keeping, and cash flow forecasting  
Business plan topics and structure  
mentoring

**2022 University of Essex**

BSc Honours degree in Marine biology.

**2012 Colchester Institute**

NVQ level 2 Beauty therapy

Diploma Level 3 Complementary Therapies

**Product Training:**

**September 2018 Elemis**

The Elemis Trainer came to our spa for a 5 day week intensive training in facials and body treatments using Elemis.

Exotic face and body

BIOTECH facials

**March 2016 Pevonia**

Went to the pevonia training in Cairns.

Learnt specialist facials.

**May 2012 Jessica**

Went to the Jessica training in cambridge for a week.

Gel nails and scuplting

**August 2011 Clarins**

Went to london clarins academy for facial and body training.

Facials, and body wraps.

**June 2011 Espa**

Espa in house training

Face and body treatments

**Vocational Qualifications**

First aid, fire safety training, STCW.

**Hobbies and Interests**

Yoga.

CV created at [www.spastaff.com](http://www.spastaff.com)

