

Curriculum Vitae

Male

Number of years working in industry:

21 years 7 months



Candidate ID Number: 13137

Nationality: Indian

Language Skills:

Fluent: English, Tamil

Good: Hindi

Permitted to work in: India

Position Sought: Spa Consultant, Spa Manager, Salon Manager, Spa Co-ordinator, Treatment Manager / Spa Trainer, Holistic Therapist, Complementary Practitioner, Yoga / Pilates Teacher

Personal Statement

Positive attitude towards life and to serve the organization where I can implement my skills and knowledge for the growth of my organization and myself.

Seeking work in India, International Locations and Cruise Ships

Employment History:

January 2006 - Present - Wellness Manager at (most recent employer hidden for confidentiality) Varkala, Kerala. , India, (Health Club)

Duties included:

1. Planning, execution of budget, staff training, realize targeted business, membership etc
2. Managing the centre for the promotion of activities relating to physical fitness & wellness
3. Training the therapists in various aspects of spa treatments & promoting nutraceuticals products
4. Conducting massage treatments, general and therapeutic yoga classes, other treatments like shiatsu, thai massage, reflexology, acupuncture & acupressure, etc.
5. Conducting workshops, retreats, and special rejuvenation program.

January 2013 - Present - Assistant Manager at Jal Health Spa, Colombo, Sri Lanka, (Day Spa)

Duties included:

1. Responsible for the efficient running of spa and wellness centre
2. Monitor budgeting, staff working pattern and working in coordination with other departments
3. Conducting monthly meeting, review and reporting to General Manager
4. Managing the centre for the promotion of activities relating to physical fitness & wellness

5. Training the staffs in various aspects of spa treatments & promoting spa sales
6. Conducting personal training and fitness classes
7. Conducting treatment programs such as weight loss programs, detoxification, stress management programs and special rejuvenation program
8. Conducting both general and therapeutic yoga classes, workshops, fitness management, and special rejuvenation program.

June 2004 - December 2005 - Complementary Practitioner at Arogyadham, Mahatma Gandhi Institute of Medical Sciences, , Sevagram. Wardha. Maharashtra. , India, (Hospital / Medical Clinic)

Duties included:

1. Managing the therapy section
2. Organizing the day today treatments
3. Regular yoga classes
4. Nutrition and dietetics management
5. Very much involved in administration and marketing
6. Implementing skills like iridology, Acupuncture, Yoga in outdoor activities
7. Effectively managed many medical conditions using Acupuncture, Natural mode of treatments and Yoga cleansing procedures

Education and Qualifications:

2004 Tamilnadu College of Naturopathy & Yogic Sciences, Salem. Affiliated to Tamilnadu Dr. MGR Medical University, Chennai. India

Bachelor of Naturopathy and Yogic Sciences (First Class)

Naturopathy - Swedish massage, Hydrotherapy, Reflexology, Acupuncture & Acupressure, Shiatsu, Thai massage, Nutraceuticals, etc.

Yoga - for general and therapeutic purposes. Specialized in yoga therapy

2004 Tamilnadu Medical College of Naturopathy & Yogic Sciences, Salem. Tamilnadu. India

BNYS DEGREE (BACHELOR OF NATUROPATHY & YOGIC SCIENCES)

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