

# **Curriculum Vitae**

**Female**

**D.O.B. 28 September 1992**

**Number of years working in industry: 14 years 8 months**

**Candidate ID Number:** 13101

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish, French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Beauty Therapist, Massage Therapist, Holistic Therapist

## **Personal Statement**

I believe I am a self motivated and outgoing person but take pride in detail. My aim is to provide a high standard of treatment with a professional and caring manner to all my clients.

I am a team player but can also work on my own initiative, with excellent time keeping. I am flexible and can also take leadership. Since attending Lillian Maund Training Centre and working for the Hotel Du Vin, and the high standards that are set, these have now become second nature to me and what I expect from my colleagues. I am very industrious with a pleasant and professional disposition.

Seeking work in Humberside, Yorkshire, International Locations and Cruise Ships

## **Employment History:**

**June 2011 - Present - Spa Therapist** at (most recent employer hidden for confidentiality) Harrogate , UK - United Kingdom, ( Hotel Spa)

### **Duties included:**

To assist spa manager in maintaining the highest standards of professionalism in all aspects of operations, to ensure all treatments are carried out to a five star standard, to meet set targets, to retail, to take bookings and details over the phone and email, to take payments, handle cash, ensure that daily figures are accurately recorded, to maintain Hightower standards of cleanliness throughout the spa, opening and locking up the spa, assist with demonstrations and events when required, to maintain stock level and stock rotation, stock take, to be aware of all promotions at any given time, use the correct amount of product per treatment, follow health and safety, to be punctual and prepared in advance to treatments, help to promote the spa, to have a high standard in appearance and personal hygiene, to be polite to all guests and other members of staff, test temperatures of steam room and water and record, laundry

### **Products worked with:**

ESPA, Lycon wax, Jessica, St Tropez

## **Education and Qualifications:**

**2011 Lillian Maund Training Centre**

NVQ Level 3

G1 - Health and safety, G8 - Promoting additional products and services, G11 -contribute to the financial effectiveness of the business , BT16 Electrolysis, BT17 - Body massage, BT18 Body electrics, BT19 facial electrics BT20 - Indian head massage

### **2011 Lillian Maund Training Centre**

NVQ Microdermabrasion Level 3 and Lillian Maund Diploma

BT36 - microdermabrasion

### **2011 Lillian Maund Training Centre**

NVQ

BT28 - set up, monitor and shut down water, temperature and spa facilities. BT29 - provide specialist spa treatments

### **2011 Lillian Maund Training Centre**

Lillian Maund Diploma

Lillian Maund Graduate Diploma

### **2011 Lillian Maund Training Centre**

NVQ Level 2

G1- Health and Safety G6 - Promoting additional products and services G8 - develop and maintain effectiveness .BT4- improve and maintain facial and skin condition, BT5 Eye treatments,BT6 waxing,BT7 manicure, BT8 pedicure and BT9 make up

### **2011 Lillian Maund Training Centre**

Lillian Maund Diploma

Gel Nails

### **2009 The Holy Family Secondary School**

Child Development C

French D

English Language D

Religious Education D

English Literature E

Maths E

Physical Education E

Travel and Tourism Btech - Merit

Science OCR - Pass

## **Product Training:**

### **June 2012 St Tropez**

Inhouse

How to apply St Tropez spray tan

### **November 2011 Jessica**

Leeds

Different method of manicure and pedicure, interesting

### **October 2011 ESPA**

Gibson Bridge Hotel

Intense and demanding but where I managed to receive and 100% pass Mark and a distinction

### **October 2011 Lycon wax**

Manchester

Different techniques of waxing

### **June 2011 Geleration**

Inhouse

Gel nails

## **Vocational Qualifications**

Whilst working at Hotel Du Vin i have attended a Amazing Hospitality course.

I was voted form leader by my peers to represent them at the school council, I would speak on behalf of my form putting forward their thoughts and ideas. Part of this role included listening to my peers views and ideas and working as part of a team to come to a mutual agreement that was good for the whole school.

## **Hobbies and Interests**

My hobbies include shopping and socialising with close family and friends, going to the gym and make up.

CV created at [www.spastaff.com](http://www.spastaff.com)

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