

# Curriculum Vitae

**Male**

**D.O.B. 30 October 1985**

**Number of years working in industry:**

**10 years 11 months**



**Candidate ID Number:** 130056

**Nationality:** Indonesian

**Language Skills:**

Fluent: English

**Permitted to work in:** Indonesia, Malaysia

**Position Sought:** Spa Consultant, Senior Therapist, Massage Therapist, Holistic Therapist, Fitness Professional, Area Sales Representative, Membership Sales Professional

## Personal Statement

I am professional certified personal trainer, certified nutrition coach and certified sport massage therapist from NASM and ISA

Seeking work in international locations

## Employment History:

**February 2020 - Present - Fitness Professional** at (most recent employer hidden for confidentiality) Bali, Malaysia, (Home/Mobile)

### Duties included:

Greeting the customer

preparing massage bed and all amenities

assist what us customer issue

perform the massage treatment

### Products worked with:

Sport Massage Therapist

**March 2015 - February 2020 - Senior Therapist** at Shizukana, Jakarta, Indonesia, (Home/Mobile)

### Duties included:

welcoming the customer and take a look time table, arrange therapist schedule, managed cashier/payment

## Education and Qualifications:

**2021 Singapore**

Certificate

Sport Massage

## **2020 National Academy of Sport Medicine**

Certificate

Personal Trainer

Nutrition Coach

## **2020 NASM**

Personal Trainer

Nutrition Coach

## **2009 Institute of technology of sepuluh nopember**

Bachelor

## **Product Training:**

### **September 2022 Sport Massage**

Singapore

Sport Massage

### **June 2021 Nutrition**

Online-Malaysia

Nutrition

### **October 2020 Personal Trainer**

Online Course - Malaysia

Personal Trainer for fitness

## **Vocational Qualifications**

First Aid

IT/Digital Marketing

## **Hobbies and Interests**

Gym/ certified personal trainer

Certified nutrition coach

Bouldering

CV created at [www.spastaff.com](http://www.spastaff.com)

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