

# Curriculum Vitae

**Female**

**D.O.B. 07 November 1986**

**Number of years working in industry: 20 years 0 months**

**Candidate ID Number:** 12947

**Nationality:** Indian

**Language Skills:**

Fluent: English, tamil, malayalam

Good: hindi

**Permitted to work in:** India

**Position Sought:** Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, supervisor

## Personal Statement

To learn and adapt to any new changing technologies and challenging environments. Good Communication skills, creativity, inter-personal skills, interact well and to manage under any pressurized situation. Always give back the company much more than I get from them

Seeking work near Kerala, India and International Locations

## Employment History:

**May 2015 - Present - Senior Therapist** at (most recent employer hidden for confidentiality) Kuwait , Kuwait, (5 Star Hotel Spa)

### Duties included:

Doing inventory

Giving training for new joiners

Taking responsible for product store room

Helping reception

### Products worked with:

Natura bisse

Aromatherapy associates

ILA

Neom

Sahara tea

Kosme

Annesimonin

**March 2023 - August 2024 - Senior Therapist** at waldorf astoria kuwait, kuwait, Kuwait, (5 Star Hotel Spa)

### Duties included:

- doing all treatments
- facials

**Products worked with:**

tata harper from us

amra skin care from london

hydrafacil from us

**Career Break - Training - industry-related**

**May 2008 - November 2010 - Senior Therapist** at SHIVAZ SPA, MUMBAI, India, (Day Spa)

**Duties included:**

Doing Aroma therapy, Swedish massage, Balinese massage, Deep tissue, Indian lomi-lomi massage, detoxification therapy, sports massage, different types of scrubs and facials, reflexology, Indian Champi ,ayurvedic Treatments and Beauty Therapies. (Rejuvenation, Udwarthana, Dhara's, Kizhies, Pizhichil, Vasties, Nasyam, Thalam, Pichu, Tharppanam, Swedham and Facial etc...)

**Products worked with:**

ALL PRODUCTS LIKE SPA AND AYURVEDA

**Career Break - Training - industry-related**

**February 2007 - January 2008 - Senior Therapist** at SANSHA SPA IN JAYPEE HOTELS, MUSSORIE, India, (5 Star Hotel Spa)

**Duties included:**

DOING Aroma therapy, Swedish massage, Balinese massage, Deep tissue, Indian lomi-lomi massage, detoxification therapy, sports massage, different types of scrubs and facials, reflexology, Indian Champi etc

Treatments and Beauty Therapies. (Rejuvenation, Udwarthana, Dhara's, Kizhies, Pizhichil, Vasties, Nasyam, Thalam, Pichu, Tharppanam, Swedham and Facial etc...)

**Products worked with:**

AYURVEDIC AND SANSHA SPA PRODUCTS

**Career Break - SPA THERAPY TRAINING**

**August 2005 - February 2006 - Ayurveda therapist** at Ayush Therapy Centre, Chennai, India, (5 Star Hotel Spa)

**Duties included:**

doing all treatments

**Products worked with:**

ayurvedic

**February 2005 - July 2005 - Ayurveda Therapist** at Arya Vaidhya Pharmacy, Kerala, India, (Hospital / Medical Clinic)

**Duties included:**

doing all treatments

**Products worked with:**

ayurvedic medicines

**September 2004 - February 2005 - Ayurveda Therapist** at Ashram Charitable Hospital, Kerala, India, (Hospital / Medical Clinic)

**Duties included:**

doing all ayurveda treatments

**Education and Qualifications:**

**2024**

CIDESCO

**2024**

SPA MANAGEMENT

**2011**

**2008 Shivaz Spa**

Spa Therapy

Spa Therapies

**2024 ISAS DUBAI**

CIDESCO DIPLOMA IN SPA MANAGEMENT

**2005 Deepy**

**Product Training:**

**August 2024** neom,annesminonin,ila,natura bisse,caci,hydrafacial,tata harper,amra

**December 2020** Natura bisse. Aromatherapy associate. Annesimonin Caci. Neom

training fromm nature bisse paris

Aromatherapy associate from london

Neom from London

Caci from london

Nature bisse facials and body treatment

Annesimonin facials and body treatment

Caci treatments

Ila treatments

**January 2008**

**Spa Products**

Mumbai Shivaz Spa

Aroma therapy, Swedish massage, Balinese massage, Deep tissue, Indian lomi-lomi massage, detoxification therapy, sports massage, different types of scrubs and facials, reflexology, Indian Champi etc

**Vocational Qualifications**

computer knowledge

Cupping therapy

## **Hobbies and Interests**

reading, learning more about spa therapy

CV created at [www.spastaff.com](http://www.spastaff.com)

**SPA STAFF.COM**

