

# Curriculum Vitae

Male

D.O.B. 02 September 1984

Number of years working in industry:

13 years 3 months



**Candidate ID Number:** 12893

**Nationality:** Welsh

**Language Skills:**

Fluent: English

Basic: Welsh, Spanish, French

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Consultant, Assistant Manager, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, nichjenks@hotmail.com

## Personal Statement

At the moment I am a rehabilitation practitioner working with forensic clients with enduring mental health needs and as much as I enjoy this role I would love to get back in to practicing holistic therapies on a salon or spa environment, rather than just in my spare time with friends and family.

I believe I am an approachable, hardworking and reliable individual. Down to earth and open-minded. I have a curious approach to life and living so new experiences and challenges appeal to my nature. I am looking for a totally new experience in both national and international locations

## Employment History:

**June 2010 - Present - Complementary Therapist** at (most recent employer hidden for confidentiality) Swansea , UK - United Kingdom, (College)

**Duties included:**

**Products worked with:**

**December 2009 - Present - Assistant Manager** at Tranquil Minds Holistic Health and Hypnotherapy Centre , Swansea, UK - United Kingdom, (College)

**Duties included:**

Providing Holistic therapies such as reflexology, aromatherapy, hot stone massage and swedish massage. Also body exfoliations, hopi ear candles, holistic facials and male waxing. Helping with the daily running of the salon, appointments and stock ordering. Primarily my duties were providing holistic therapies but on a tuesday and thursday my duties included managing the daily running of our centre, mentoring new therapists and promoting the centre.

**Products worked with:**

Essential oils

Eve Taylor

**January 2011 - September 2013 - Student** at University of Glamorgan, Swansea, UK - United Kingdom, (College)

**Duties included:**

Btec in Advanced therapies and Spa Management.

Spa therapies such as sauna and steam rooms, hydrotherapy, infra red beds, manicure and pedicures, mud/sea weeds wraps and various facials.

Clinical Aromatherapy and Reflexology. Sterex advanced epilation. Sterex Skin tag, millia and thread vein removal. CACI non-surgical face lifts. Diet and nutrition. Anatomy and physiology. Chemistry of products. Business Management.

**September 2009 - November 2010 - student** at Broadway Centre for Complementary Therapies, Swansea, UK - United Kingdom, (College)

**Duties included:**

National Diploma in Complementary Therapies - hot stone massage - aromatherapy - Swedish massage and reflexology. Anatomy and physiology. Diet and nutrition. Pathology.

**Products worked with:**

Crystal Clear

Eve Taylor

Essential oils

**Education and Qualifications:**

**2012 University of Glamorgan**

Btec - HND

CACI - Non-surgical face lift techniques.

Hydrotherapy

lymphatic and veda massage techniques

**2012 University of glamorgan**

2nd Year Btec - HND

**2012 University of Glamorgan**

- (1st Year) Btec- Advanced Therapies and Spa management

vtct level 5 aromatherapy

vtct level 5 reflexology

advanced electrolysis/epilation

microderm abraision

**2009 Gower College Swansea**

National Diploma in Holistic Therapies

vtct hot stone massage level 3

vtct swedish massage level 3

vtct aromatherapy level 3

vtct reflexology level 3

**Product Training:**

**April 2012 Advanced Electrolysis. Skin tag, campbell de morgan, telangictasia and spider veins removal.**

Gower college swansea

advanced epilation techniques - the removal of skin tags, spider veins, blood spots and milk spots.

**December 2011**

**Sterex**

Gower College Swansea

epilation using galvanic, diathermy and blend modalities

**December 2011**

**CACI**

Gower College Swansea

How to perform a non-surgical face lift

**August 2011**

**Oxygen therapy Micro-derma-brasion (crystal clear)**

Gower College Swansea

Administration of oxygen therapy

Administration of microdermabrasion

**Vocational Qualifications**

1st Aid

Food hygiene

NVQ2 & 3 customer service

NVQ2 & 3 administration

NVQ2 & 3 Health and Social Care

**Hobbies and Interests**

I enjoy swimming, writing and listening music. Cooking is also a favoured pastime as I like to eat well and to socialise with friends and family especially over a good meal.

Different cultures, ancient healing practices and languages all interest me greatly. As does meeting new people and seeing new places.

CV created at [www.spastaff.com](http://www.spastaff.com)

