

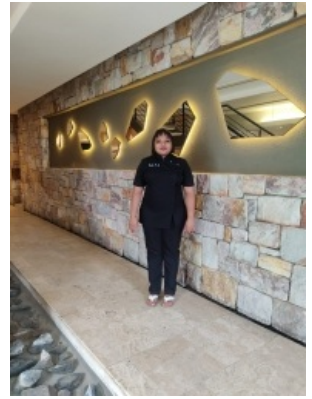
Curriculum Vitae

Female

D.O.B. 11 July 1986

Number of years working in industry:

12 years 10 months



Candidate ID Number: 128743

Nationality: South African

Language Skills:

Fluent: English, Zulu

Good: Xhosa

Basic: Afrikaans

Permitted to work in: South Africa, Maldives

Position Sought: Spa Consultant, Spa Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Area Sales Representative, Retail Professional

Personal Statement

I am a 38 year old Skincare specialist who has been in the industry for just under 2 decades. I have worked tirelessly to improve myself by always discovering the new trades and innovations within my career as it is ever expanding.

I started as a Beauty therapist doing the basic beauty treatments in the career. Then I graduated to being a Somatologist, which gave me a chance to delve into more advanced treatments in my trade. Now I practice as a Skincare specialist, However, I still work hard to incorporate all my expertise in my trade.

I am a great team player, who flourishes in a favourable environment.

My hunger to know more has grown even more now that I am at an international level.

With me, there has never been room for idleness, my driving passion is people

Employment History:

January 2023 - December 2024 - Skin Clinic Therapist at (most recent employer hidden for confidentiality)
Eshowe, South Africa, (Home/Mobile)

Duties included:

- Giving Holistic treatments an African touch.
- Dermaplaning.
- Skin resurfacing.
- Stock taking.

Products worked with:

- Holistic Emporium
- OPI
- PH Formula
- ISpa

Career Break - Job hunting

June 2022 - December 2022 - Skin Clinic Therapist at Elena Spa, Ozen Life Maddhoo, Maldives, (5 Star Hotel Spa)

Duties included:

Duties :

- Elena Medi spa Supervisor
- Delivering high standard of sales, administrative and marketing support.
- Product control including stock take, product consumption reports and ordering.
- Compiling daily and monthly sales reports
- Medi spa workshops, activities, and talks.
- Work hand in hand with Head therapist for Medi spa treatment awareness
- Face to face and virtual skin health assessment
- Aesthetics treatment plan and personal treatment prescription
- Mesotherapy/ Derma pen`
- Nano needling & Micro needling
- Skin Rejuvenation
- Microdermabrasion
- Dermaplaning
- Post-Op care (Lymph drainage massage)

Products worked with:

- PH Formula
- ILA
- Elemental Herbology

February 2022 - June 2022 - Skincare specialist at Pursuit consulting, Johannesburg, South Africa, (Product Company)

Duties included:

- Going into guest residents and hotels to perform MLD which was the aftercare of the surgeries e.g BBL treatment, Breast lift etc.
- Taking before and after pictures to see progress.
- Filing the protocols for future reference.
- Checking up on guest progress.

Products worked with:

- Mainly oils ,bandages and equipment.

December 2017 - March 2022 - Senior Therapist at Life Day Spa, Johannesburg, South Africa, (Day Spa)

Duties included:

Duties :

- Performed different spa services such as body treatments, waxing, pedicure and manicures.
- Performed various massage treatments Deep tissue, Swedish, Hot stone, Reflexology, Aromatherapy, Indian Head & Reflexology.
- Treated guests by providing micro needling, mesotherapy and face lifting massage, advanced skin treatments, dermabrasion.
- Developed individualized, therapeutic skin care programs.
- Performed body treatments, including waxing, body wrap application.
- Cultivated calming spa atmosphere through cleanliness and design.
- Assisted manager with daily spa operations, including opening and closing procedures.
- Notified supervisor of supply needs to maintain stock of necessary items.
- Performed over 20 facials, chemical peels and waxing procedures per week.
- Executed laser hair removal and microdermabrasion procedures.
- Informed guests of appropriate products available to increase retail sales.
- Fielded client complaints and rectified issues.
- Assessed each client's skin condition, appearance and other characteristics then advise clients about skin care in general and how to care for problem areas in particular.

Products worked with:

- LA Preirie
- Optiphi
- Nimue

- Elemis
- Mama mio
- Thalgo
- Zel zel
- Babor
- BioMinceur
- One smile

August 2015 - April 2016 - Senior Therapist at Lab Skin and Body, Cedar square, Johannesburg , South Africa, (Skin Clinic)

Duties included:

- Massages
- Facials
- Body wraps
- Slimming treatments
- Handling queries
- Stock take
- Reception duties
- Opening and closing of clinic
- Preparing and closing sales

Products worked with:

- Dermalogica
- Environ
- OPI

August 2014 - July 2015 - Beauty Therapist at Beauty Intelligence, Johanessburg, South Africa, (High Street Salon)

Duties included:

Duties:

- Specialised Facials, chemical peels
- Tint, Shape, and Vela smooth
- Hot and Strip waxing
- Swedish massage, Hot Stone Massage, Aromatherapy, Sports Massage. Deep Tissue massage, Indian head, hot stone, Lomi lomi
- Manicures, Pedicures,
- Body Contouring and weight loss treatments
- Retailing and merchandising
- Stock take, admin work , targets
- Schedule and book, attend to arrival guests, handle client queries and complaints
- Lypolysis

Products worked with:

- Lamelle
- Dermalogica
- QMS
- OPI

February 2011 - July 2013 - Skin Clinic Therapist at Rene’s beauty clinic, Johannesburg, South Africa, (Skin Clinic)

Duties included:

Duties :

- Perform different spa services, laser hair removals, and facials, pedicure, manicure and nails enhancement.
- Performed body treatments, including waxing, body wrap application, body scrubs and massages.
- Developed individualized, therapeutic skin care programs,
- Resolved customer complaints and facilitated conflict resolutions.
- Designed post-treatment at-home care products.
- Sterilized equipment for client treatments.
- Educated clients on treatment options.
- Carried out administrative tasks, including product inventory checks, charting and consultations.

- Treated guests by providing all massages i.e Deep tissue, Brush massage, Swedish, hot stone, Reflexology, Aromatherapy and Indian Head.
- Managed client files.
- Ensured that hygiene standards and health and safety regulations are adhered to.

Products worked with:

- BABOR
- Environ
- OPI
- Lamelle
- Lilian Terry
- CoaxMed
- ESP system
- Vela smooth

December 2009 - January 2011 - Beauty Therapist at Butterfly haven, Cresta, Johannesburg , South Africa, (Skin Clinic)

Duties included:

- Massages
- Slimming treatments
- Retail sales
- Facials
- Chemical peels
- Reception work

Products worked with:

- Guinot
- Nimue
- Environ
- Gelish
- Thalgo

January 2009 - November 2009 - Beauty Therapist at Perfect 10, Pretoria,Gauteng, South Africa, (High Street Salon)

Duties included:

- Massages
- Manicures
- Pedicures
- Slimming treatments
- Facials
- Waxing
- Reception duties

Products worked with:

- Dermalogica
- Environ
- Lilian Terry
- ESP system

Education and Qualifications:

2010 Tshwane University of Technology, South Africa

National Diploma in Somatic Therapy - NQF Level 6

Subjects:

- Soma-techniques
- Aromatherapy
- Reflexology

- Body Therapy
- Spa Therapy
- Facials
- Complimentary Therapy
- Manual Lymph Drainage
- Nutrition
- Biotics
- Business Practice
- Applied Biological studies
- Socio-Psychology
- Facials
- Waxing
- Make-up
- Massage
- Deep tissue
- Tinting
- Manicure and Pedicure
- Anatomy & Physiology
- Diet and Nutrition

2005 Eshowe High School

Grade 12

Product Training:

**March
2022**

PH Formula Skincare

PH Formula Academy, South Africa

- Skin resurfacing theory and practical.
- Advanced Advanced skin resurfacing treatment protocols, skin histology, bio-chemistry, cosmetic chemistry and medical aesthetics.
- Proton theory.

**October
2019**

Dermalogica

Johanessburg, South Africa

- Face mapping skin analysis
- Face Treatments
- Facefit treatment
- Proskin 30 treatment
- Hydraskin treatment
- Pro microneedling with pro restore

**December
2011**

Babor

Babor Institute South Africa

- Doctor Babor
- Skinovage
- Ampoule Concentrates
- HSR
- Babor Spa
- Babor Men
- Reversive
- Seacreation

**September
2010**

Environ

Johanessburg, South Africa

- Cool Peel Technology
- Electro-sonic
- Targeted Treatments

Hobbies and Interests

Swimming

Dancing

Reading

Yoga and Meditation

Snorkelling

CV created at www.spastaff.com

