

Curriculum Vitae

Male

D.O.B. 28 December 1981

Number of years working in industry: 18 years 10 months

Candidate ID Number: 12783

Nationality: Indian

Language Skills:

Fluent: English

Permitted to work in: India

Position Sought: Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

Personal Statement

To be at spa manager position, helping the people to get out of stress and stress free environment

Seeking work in other International Locations

Employment History:

May 2011 - Present - Massage Therapist at (most recent employer hidden for confidentiality) hamilton, Bermuda, (5 Star Hotel Spa)

Duties included:

International treatments:

Swedish massage, Deep tissue massage, Aromatherapy, Hot stone therapy water treatments, Body scrub, Body wraps, Facials. Mandarin oriental signature therapies, therapeutic massage, pre natal massage, chi ne tsang

Oriental treatments:

Reflexology.

Indian Ayurvedic treatments:

Abyhangam, Marma massage, Spinal massage, Head Massage, Mukhalepa, Shirodhara (oil/Buttermilk/Milk), Elakizhi, Patra Pinda Swedam, Podikizhi, Navara Kizhi, Udvarthanam, Pizhichil, Kati basti, Greeva basti, Janu basti, Nasya.

Others:

managing Spa area, Taking daily Inventory, attending guest, Housekeeping and keeping up of spa area. Maintaining of spa treatment room

Products worked with:

ESpa, Aromatherapy Associates, Mandarin oriental signature products.

Career Break - Training - industry-related

May 2010 - February 2011 - Head Therapist at Fateh Garh palace and resort udaipur, Udaipur India, India, (5 Star Hotel Spa)

Duties included:

International treatments:

Swedish massage,Deep tissue massage,Aromatherapy,Hot stone therapy water treatments,Body scrub,Body wraps,Facials.Mandarin oriental signature therapies,therapeutic massage, pre natal massage

Oriental treatments:

Reflexology.

Indian Ayurvedic treatments:

Abyhangam,Marma massage,Spinal massage,Head Massage,Mukhalepa,Shirodhara(oil/Buttermilk/Milk),Elakizhi,Patra Pinda Swedam,Podikizhi,Navara Kizhi,Udvardanam,Pizhichil,Kati basti,Greeva basti,Janu basti,Nasya.

Others:

managing Spa area,Taking daily Invenotry, attending guest,Housekeeping and keeping up of spa area.Maintaining of spa treatment room

Products worked with:

E'Spa

May 2006 - September 2008 - Massage Therapist at Cambay Spa and resort, Gandhinagar, India, (5 Star Hotel Spa)

Duties included:

International treatments:

Swedish massage,Deep tissue massage,Aromatherapy,Hot stone therapy water treatments,Body scrub,Body wraps,Facials.Mandarin oriental signature therapies,therapeutic massage, pre natal massage

Oriental treatments:

Reflexology.

Indian Ayurvedic treatments:

Abyhangam,Marma massage,Spinal massage,Head Massage,Mukhalepa,Shirodhara(oil/Buttermilk/Milk),Elakizhi,Patra Pinda Swedam,Podikizhi,Navara Kizhi,Udvardanam,Pizhichil,Kati basti,Greeva basti,Janu basti,Nasya.

Others:

managing Spa area,Taking daily Invenotry, attending guest,Housekeeping and keeping up of spa area.Maintaining of spa treatment room

Products worked with:

Remmy Laure

Education and Qualifications:

2009 Ananda spa institute

DIPLOMA

REFELXOLOGY

2009 Ananda Spa Institute

CIBTAC and ASI diploma in holistic therapies

Holistic therapies mainly reflexology,deep tissue and therapeutic,swedish,aura therapy,indian head massage,hot stone facials

2009 Ananda spa institute

CIBATC

HOLISTC DIPLOMA

Product Training:

**November
2017**

E'Spa

New E'Spa facials,E'Spa massages,E'Spa scrubs, E'Spa body wrap.

**November
2011**

Espa

Mandarin Oriental Elbow Beach Bermuda

The facials of espa brand, scrubs, wraps, baths

June 2009

Espa

Ananda Spa Institute,Hyderabad

International treatments:

Swedish massage,Deep tissue massage,Aromatherapy,Hot stone therapy water treatments,Body scrub,Body wraps,Facials.Mandarin oriental signature therapies,therapeutic massage, pre natal massage

Oriental treatments:

Reflexology.

Vocational Qualifications

Diploma in aviation,hospitality and travel management.

Diploma in software management

Hobbies and Interests

Alywas try to learn more and more spa related like softwares, treatments

CV created at www.spastaff.com

