

# Curriculum Vitae

Male

D.O.B. 07 April 1981

Number of years working in industry:

16 years 5 months



**Candidate ID Number:** 12755

**Nationality:** German

**Language Skills:**

Fluent: English, German

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Manager, Assistant Manager, Treatment Manager / Spa Trainer

## Personal Statement

Seeking work in International Locations and Cruise Ships

## Employment History:

**August 2017 - Present - Complementary Practitioner** at (most recent employer hidden for confidentiality)  
Maldives, Maldives, (5 Star Hotel Spa)

### Duties included:

offering Elena Spa treatments and my own signature treatments as visitinf practitioner

**December 2016 - July 2017 - Spa Manager** at Hubertus Alpin Lodge & Spa, Balderschwang, Germany, ( Hotel Spa)

### Duties included:

4\* superior ; 67 guest rooms ; Private Selection Hotels ; 12 Treatment rooms ; 18 therapists including freelancers  
Process optimization, assessments, training of staff according to the SOPs, covering spa reception including bookings and retail, providing treatments for guests, rewriting SOPs, responsible for overall cleanliness, responsible for stock taking, repairs, coordination with other departments like marketing & reservations for special offers and Yoga retreats & visiting practitioners ; responsibility for an estimated yearly budget of around 880.000€ ; average capture rate 44,55% ; revenue 3.9% above budget & 5.55% above previous year ; improved guest feedback in all categories compared to the year before (via IRC - Private Selection Hotels feedback institute) - successful introduction of Team Dr. Joseph as second skin care brand ; successful introduction of fascial group training with great sales of foam rollers, etc (average sale after a class of 55€ compared to 0€ through Qi Gong / Yoga ; introduction of branded Yoga equipment

### Products worked with:

Babor, Team Dr. Joseph

**October 2016 - December 2016 - Spa Manager** at Rocco Forte Hotel de Rome, Berlin, Germany, (5 Star Hotel Spa)

### Duties included:

manage a team of 10 staff, stock taking, stock taking, product orders, communication with reservation and marketing

**Products worked with:**

Organic Pharmacy, Spa Ritual

**Career Break** - Traveling

**March 2016 - May 2016 - Fitness Professional** at Schweizer - Therapie & Training, Abtenau, Austria, (Hospital / Medical Clinic)

**Duties included:**

massages, personal training, physiotherapy

**July 2015 - February 2016 - Visiting Practitioner** at Six Senses, Maldives, Thailand, Vietnam, Vietnam, (5 Star Hotel Spa)

**Duties included:**

offering massages and personal training; QMS assessments

**June 2015 - June 2015 - Massage Therapist** at Schweizer - Therapie & Training, Abtenau, Austria, (Hospital / Medical Clinic)

**Duties included:**

massages

**April 2015 - May 2015 - Visiting Practitioner** at Six Senses Spas, Yao Noi, Thailand, (5 Star Hotel Spa)

**Duties included:**

offering massages and personal training; QMS assessments

**March 2015 - April 2015 - Spa Consultant** at Hubertus Alpin Lodge & Spa, Balderschwang, Germany, ( Hotel Spa)

**Duties included:**

Process optimization; training of new employees including receptionist and spa attendant; covering the reception including bookings and retail; product orders; creating of spa packages

**Products worked with:**

Babor

**October 2014 - February 2015 - Visiting Practitioner** at Six Senses Spas, Soneva Kiri, Six Senses Yao Noi, Thailand, (5 Star Hotel Spa)

**Duties included:**

massages; personal training; QMS assessments

**August 2014 - November 2014 - Spa Manager** at Hubertus Alpin Lodge & Spa, Balderschwang, Germany, ( Hotel Spa)

**Duties included:**

Process optimization; assessments; support for the development of the new spa concept; covering the spa reception including bookings and retail; product orders

**Products worked with:**

Babor

**September 2013 - June 2014 - Manager for Massage & Physiotherapy** at Multiworks Kuwait, Kuwait, Kuwait, (Home/Mobile)

**Duties included:**

mobile massage therapy & physiotherapy & personal training.

overseeing a team of 2 therapists

**August 2013 - September 2013 - Spa Consultant** at Zening Resort , Cyprus, Cyprus, ( Hotel Spa)

**Duties included:**

creating the concept for the new Spa menu; development of new treatments; treatment trainings; offering yoga and massages for guests;

**Career Break** - Traveling

**March 2012 - December 2012 - Spa Manager** at Hotel Loewen Montafon, Schruns, Austria, ( Hotel Spa)

**Duties included:**

- Massages
- Peelings
- Bath
- Wraps
- Scheduling of Appointments
- Stock taking
- budgeting
- planning the duty rota
- responsible for 3 beauticians, 2 massage therapists, 1 fitness trainer, 1 receptionist

**Products worked with:**

Ligne St. Barth, Salin de Biosel

**December 2011 - February 2012 - Assistant Manager** at Hotel Adula, Flims-Waldhaus, Switzerland, ( Hotel Spa)

**Duties included:**

Ass. Spa-Manager

Massage Therapist

Wellness Trainer (giving Thai-Yoga classes) , Sauna-Infusions

Spa-Receptionist

It is a 4\*superior Private Selection - Wellness Plus Hotel

**February 2010 - February 2011 - Massage Therapist** at Grand Resort Bad Ragaz, Bad Ragaz / 100km to Zurich, Switzerland, (5 Star Hotel Spa)

**Duties included:**

Massages

responsible for inventory & orders

trainings for new therapists

revision of treatment SOPs

**Products worked with:**

Soglio

**April 2009 - December 2009 - Massage Therapist** at Hotel & Spa Fahrhaus Sylt, Munkmarsch / Sylt, Germany, (5 Star Hotel Spa)

**Duties included:**

diff. Massages

Peeling

Wraps

Beauty Baths

assisting the reception with bookings and cashing-up with TopVital-Software

**Products worked with:**

Ligne St. Barth

**November 2008 - April 2009 - Assistant Manager** at Grand Hotel Zermatterhof, Zermatt, Switzerland, (5 Star Hotel Spa)

**Duties included:**

Massages

Peelings

Wraps

assisting the reception with bookings and cashing-up with BellaVita-Software

**Products worked with:**

- Ligne St. Barth
- Cellcosmet

**October 2007 - November 2008 - Spa-Therapist / Physiotherapist** at Kempinski Grand Hotel Heiligendamm, Heiligendamm, Germany, (5 Star Hotel Spa)

**Duties included:**

Massages

Peelings

Wraps

Beauty Baths

**Products worked with:**

Ligne St. Barth

Thalgo

Career Break - Training - industry-related

Education and Qualifications:

- 2011

Ananda Spa Institute , Hyderabad , India

ASI Diploma in Spa Administration

Spa Administration
- 2007

Dr. Vodder Akademie Walchsee (AT)

Certificate in Sports Physiotherapy (160 hours)

Sport Physiotherapy
- 2006

staatl. anerk. Lehranstalt fur Physiotherapie in Berlin

german state exam in physiotherapy
- 2001

Goethe Gymnasium Berlin

University Entry Diploma (Latin, Music, Mathematics, Politics)

Product Training:

- May 2012

Ligne St. Barth

Loewen Hotel Schruns, Austria

Philosophy and Body treatments
- March 2012

Salin de Biosel

Loewen Hotel Schruns

Philosophy, Products and Body Treatments
- April 2009

Ligne St. Barth

Hotel & Spa Fahrhaus,Sylt

explanation of products and signature treatments
- November 2008

Ligne St. Barth

Grand Hotel Zermatterhof

explanation of products and signature treatments
- November 2008

Cellcosmet

Grand Hotel Zermatterhof

explanation of products and signature treatments
- January 2008

Thalgo

Kempinski Grand Hotel Heiligendamm

explanation of products and signature treatments
- November 2007

Ligne St. Barth

Kempinski Grand Hotel Heiligendamm

explanation of products and signature treatments

Vocational Qualifications

Spa related:

reflexology, thai massage, thai footmassage, hamam, sports massage, herbal ball massage, hot stone, indian head massage, relaxmassages, classical massage

non spa related:

advanced open water diver, basic sailing skills, basic skills in longboarding

## Hobbies and Interests

movies, music, diving, surfing, travelling

CV created at [www.spastaff.com](http://www.spastaff.com)

