

Curriculum Vitae

Female

D.O.B. 11 February 1987

Number of years working in industry: 10 years 11 months

Candidate ID Number: 12747

Nationality: South African

Language Skills:

Fluent: English

Basic: Afrikaans

Permitted to work in: South Africa, Oman

Position Sought: Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist

Personal Statement

Seeking work in international locations

Employment History:

November 2022 - July 2024 - Beauty Therapist at (most recent employer hidden for confidentiality) Riyadh, Saudi Arabia, (5 Star Hotel Spa)

Duties included:

Massage therapy - swedish, aromootherapy, deep tissue, hot stone, himalayan salt stone

Facial therapy

Receptioning and cashing up

Admin work - spa figures, commission incentive reports,

Training

Stock taking

Products worked with:

Amani Spa and Wellness

Amra

Career Break - Job hunting

January 2021 - February 2022 - Beauty Therapist at Hilton Doha the Pearl Residence and Hotel , The Pearl, Doha , Qatar, (5 Star Hotel Spa)

Duties included:

Massage therapy - Swedish, deep tissue, hot stone massage

Body wraps and scrubs

Reception duties and inventory.

Products worked with:

Elemis

Sothys

Career Break - Job hunting in combination with freelance work as a massage therapist.

October 2017 - October 2019 - Massage Therapist at Anantara Al Jabal Al Akhdar , Jabal al Akhdar, Nizwa, Oman, (5 Star Hotel Spa)

Duties included:

Facials, Massage – Balinese, hot stone, deep tissue, Signature treatments, Reflexology, Full body wraps and exfoliations, Moroccan and Turkish Hammam, Manicures and pedicures. Reception – making bookings, answering calls, welcoming guest, cashier, spa walkthroughs, and inventory and checking stock. Preparation of treatment rooms, preparing and follow through of the checklist. Support training of other therapists.

Products worked with:

- Elemis
- Natura bisse
- Clarins
- Qms
- Comfort zone

October 2016 - September 2017 - Spa Therapist at Bab Al Qasr Hotel , Oman, (5 Star Hotel Spa)

Duties included:

Performed the following Spa treatments: Facials, Massage – Balinese, hot stone, 4 hands massage, deep tissue, Reflexology, Full body wraps and exfoliations. Reception – making bookings, answering calls, welcoming guest, cashier, spa walkthroughs, inventory and checking stock, supporting the spa supervisor in training some of the colleagues, developed a basic English training for 2 of the spa colleagues. Preparation of treatment rooms, preparing and follow through of the checklist. Support training of other therapists.

January 2014 - July 2016 - Spa Therapist at Cape Grace Hotel and Spa , South africa, (5 Star Hotel Spa)

Duties included:

Performed the following Spa treatments: Facials, Massage – Swedish, hot stone, aromatherapy, deep tissue, Reflexology, Manicures, Pedicures, Waxing including intimate waxing (females only), Full body wraps and exfoliations, Neoqi treatments, Gelish, Mediheel treatments. Reception – making bookings, answering calls, cashier, inductions, spa walkthroughs, checking and labelling stock. Preparation of treatment rooms

December 2011 - January 2014 - Health and Skin Care Therapist at The Beauty Spot, South africa, (Skin Clinic)

Duties included:

Performed the following health and skin care treatments: Facials, Microdermabrasion, Massage – Swedish, hot stone, aromatherapy, deep tissue, Reflexology, Manicures, Pedicures, Waxing including intimate waxing (females only), Full body wraps and exfoliations. Reception – making bookings, answering calls, Banking for the business, Stock control, Preparation of treatment rooms

March 2011 - November 2011 - Beauty Therapist at CJ Wellness and Beauty Studio, South africa, (Skin Clinic)

Duties included:

Junior/Student Health and Skin Care Therapist

Performed the following health and skin care treatments: Facials, Massage – Swedish, hot stone, aromatherapy, Manicures, Pedicures, Waxing including intimate waxing (females only). Reception – making bookings, answering calls, Banking for the business, Stock control, Prepping of treatment rooms

Education and Qualifications:

2011 Cape Peninsula University of Technology

CIDESCO

Soma Techniques 1, 2 & 3, Biotics 1, 2 & 3, Nutrition 1, 2 & 3, Anatomy and Physiology 1, 2 Science 1, 2, Aesthetics 1, Communication Skills 1, Business Practice 1, 2, Computer Skills 1, Applied Biological Sciences 3, Soma Techniques Project 2, Socio-Psychology 1

2011 Cape Peninsula University of Technology

Somatology

CIDESCO

2004 Rhodes High

Matric

Product Training:

April 2024 Amra Amani Wellness

Saudi Arabia

Amra body and facial treatments

Amani body treatments

October 2021

Elemis

Qatar

Elemys facials and Sothys body treatments

August 2018

Elemis

Oman

Elemis facials

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