

Curriculum Vitae

Female

D.O.B. 13 June 1986

Number of years working in industry: 16 years 6 months

Candidate ID Number: 12722

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Regional Senior Manager, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Senior Therapist, Massage Therapist, College Tutor, Fitness Professional, Receptionist

Personal Statement

I am a self motivated individual with the ability to work effectively within a multidisciplinary team and highly capable of working on my own initiative to handle difficult situations without guidance. I have an enthusiastic and proactive approach to work and attention to details where appropriate, with the ability to plan projects and prioritise conflicting demands.

Seeking work in London, W Midlands and international locations

Employment History:

October 2010 - Present - College Tutor at (most recent employer hidden for confidentiality) Warwickshire, UK - United Kingdom, (College)

Duties included:

- To design and deliver quality teaching and practical instruction of Sports Massage, Sports Injuries and Instructing Physical Activity subjects using appropriate and effective methods with enthusiasm, to cater for the needs of all students.
- To monitor and assess student progress and provide prompt feedback to students.
- To maintain accurate records of student assessment and progress with topic areas delivered (Sports Massage, Sports Injuries and Instructing Physical Activity)
- Responsible for tracking student progress via college database system
- To take an active role in curriculum development of existing and new course provision
- To build links with external agencies

December 2009 - May 2010 - Massage Therapist at The Verbier Touch, Verbier, Switzerland, (Home/Mobile)

Duties included:

Working as part of a multidisciplinary team (Physiotherapists, Sports Therapist) providing a mobile service around the ski resort to athletes and high profile private clients.

Providing postural assessment, sports massage, treatment and advice to clients.

Target sales through effective print distribution and promotional work throughout the resort.

Responsible for general administration including planning and organisation of team rostas and final client invoicing.

Products worked with:

Weleda

Career Break - Training - industry-related

Duties included:

Working as part of a multidisciplinary team (Beauty Therapists, Fitness Instructors) providing assessment, treatment, rehabilitation and massage service within the sports resort spa and sport facilities to guests and staff.
Targeting sales through effective print distribution and promotional work throughout the resort
Developing and preparing advertising and promotional material to increase sales of treatments and products.
Completing and monitoring all administration, stock checks and end of day procedures.
Supporting Manager with day to day running of the resort spa.

Preparing and providing welcome speeches to 50+ guests on arrival.

Products worked with:

Elemis

Education and Qualifications:

2010 The Training Room; David Lloyd

REPs Level 3 Certificate

REPs Level 3 Personal Trainer

Studio Cycling

Gym Based Boxing

Exercise to Music

Sports Nutrition

First Aid

2009 University Of Central Lancashire

BSc Degree

Sports Therapy Degree: 2:1

2006 Warwickshire College

HND

Sports Science / Therapy: Merit

2004 Rugby High School

3 A Levels:

- Sport Studies (C)
- IT (D)
- Psychology (D)

2002 Bilton High School

10 GCSEs at grades C and above:

- English Language (A),
- English Literature (B)
- Mathematics (C)
- Double Science (BB)
- History (B)
- Drama (B)
- Food Technology (A)
- IT (B)
- German (D)

Vocational Qualifications

Microsoft Office programs such as Word, Excel, Publisher and PowerPoint

First Aid

Hobbies and Interests

Gym

Long Distance Running

Snowboarding

CV created at www.spastaff.com

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