

Curriculum Vitae

Male

D.O.B. 22 June 1973

Number of years working in industry:

22 years 4 months



Candidate ID Number: 12677

Nationality: British

Language Skills:

Fluent: English

Basic: German

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Fitness Professional

Personal Statement

My best qualities are my character and personality and how I seem to get on with everyone. Now that I'm leaving the forces, my goals are to advance forward in the leisure sector and to make a comfortable life for my partner and I.

Seeking work in UK and International Locations.

Employment History:

October 2003 - Present - Instructional Officer at (most recent employer hidden for confidentiality) Bassingbourn, UK - United Kingdom, (Health Club)

Duties included:

- Instructional Officer for past 8 years, Responsible for the training of a wide range of Army personnel. Duties include: increasing physical strength and endurance, devising fitness programmes, providing nutritional advice, conducting and assessing fitness. Inducting persons on the use of equipment within the gymnasium.
- First Aid Instructor for Regiment.
- Indoor cycling Instructor.
- Sports Massage and treatment of injuries.

Education and Qualifications:

2011 Huntingdon Regional college

Diploma

Diploma in Teaching in Lifelong Sector

2005 Premier Global

Diploma

Diploma in Sports Massage

2004 Premier Global

Diploma

Diploma in Personal Training

1989 Dalziel High School

Maths

English

Biology

Science

Vocational Qualifications

- First Aid Instructor
- Brathay Advanced Facilitation Skills Feb 06
- Brathay Coaching and Mentoring Skills Feb 06

- Low/High Ropes Instructor
- Basic Health and Safety Certificate
- Rope climbing Instructor

Hobbies and Interests

Very sport orientated, running is my passion.

CV created at www.spastaff.com

