

Curriculum Vitae

Male

D.O.B. 16 June 1969

Number of years working in industry:

23 years 8 months



Candidate ID Number: 12671

Nationality: British, Indian

Language Skills:

Fluent: English, Hindi, Punjabi

Good: Urdu

Basic: French

Permitted to work in: India, UK - United Kingdom

Position Sought: Salon Manager, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Holistic Therapist, Complementary Practitioner, College Tutor, reflexology, aromatherapy, deep tissue massage, ayurveda massage tutor

Personal Statement

- Spread Health and Happiness.
- Seeking work in teaching / teaching workshops, 1-2 weeks teaching programmes in Reflexology, aromatherapy, Deep tissue massage, Swedish Massage, Acupressure, Ayurveda and Indian head massage.
- Full time / Part time Holistic practitioner job or free lance work in a multi disciplinary place.

Employment History:

July 2003 - Present - Treatment Manager / Spa Trainer at (most recent employer hidden for confidentiality)
Belfast, UK - United Kingdom, (Day Spa)

Duties included:

- Doing Treatments in Aromatherapy, Reflexology, Deep tissue, Ayurveda and Indian head massage.
- Teaching Reflexology, Indian Head Massage, Aromatherapy and Ayurvedic massage.
- Make therapist rota, Procure raw materials to blend oils and creams, admin and treatments.
- Client Paper work
- 2 days per week plus 1 weekend / month teaching.

Products worked with:

- Aromatherapy oils
- Aromatherapy creams
- Ayurvedic oils
- reflexology / Aromatherapy / Ayurveda / Indian head massage tutor.

June 2003 - Present - Complementary Practitioner at kapil puri holistic health., Belfast, UK - United Kingdom, (Home/Mobile)

Duties included:

- Total management of holistic clinic
- This is my own practice.

Products worked with:

- Aromatherapy oils and creams
- Ayurvedic oils
- herbal remedies
- vitamins.

May 2008 - December 2020 - Holistic Therapist at Chiropractic, Holywood, Co Down, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

- managing clients and giving treatments- Reflexology, deep tissue massage, Aromatherapy, Indian head massage and ayurveda.
- 2 days per week

Products worked with:

- Aromatherapy oils and creams.
- Ayurveda oils

April 2007 - March 2008 - Complementary Practitioner at NHS, Belfast, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

- This was a 1 year CAM Pilot project.

Products worked with:

- Aromatherapy oils and creams.
- Reflexology

May 2002 - May 2003 - Treatment Manager / Spa Trainer at Jaypee Green Golf Resort, New Delhi, India, (Hotel Spa)

Duties included:

- Managing the treatment side of the Spa.

Products worked with:

- Aromatherapy oils and creams
- Ayurvedic oils

July 2002 - September 2002 - College Tutor at IBHM., New Delhi, India, (College)

Duties included:

- Teaching aromatherapy Massage / facial massage.

Products worked with:

- Aromatherapy oils and products.

Education and Qualifications:

2013 Bionutri / Vogels

workshops

- herbs of Power
- Nutrition Connection
- Vogels herbs

2011 La Porte Ouverte

Certificate

- Art of Conscious Breathing

2008 Contact Youth Counselling

Certificate

- Understanding Trauma and Trauma Recovery
- Clinical assessment - Risk Management
- Child Protection and Vulnerable Adults

2008 UMT

Certificate

- Deep Tissue Massage

2007 BIFHE

certificate

- Tibetan Foot Massage

2005 Irish Reflexology institute

Diploma

- reflexology

2005 BIFHE

City and Guilds certificate

- Level 3 - Teaching Adults

2004 Life Spring

certificate

- Post graduate Essential oil studies

2003 Indian Institute of Alternative medicine

Degree

- Alternative medicine

2003 Valeda

Diploma

Ayurveda Panchkarma Diploma

2003 New Age Foundation

Diploma

- Fengshui Diploma

2001 Belfast institute for further and higher education

IIHHT Diploma , VTCT

- Aromatherapy
- Body Massage

1992 University of Delhi

- B.A.

1986 DAV College

- CBSE Class Xll (Pre Medical)

Vocational Qualifications

- Bachelor of Arts (History)
- 3 year Professional Diploma in Hotel management, catering and Nutrition.
- Diploma in Business Management.
- Certificate in Elementary French
- First Aid at work.

Hobbies and Interests

- Feng Shui
- History,
- Archeology
- Numismatics
- meditation
- health and wellbeing
- Laughter Yoga

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