

Curriculum Vitae

Female

D.O.B. 17 November 1975

Number of years working in industry: 21 years 6 months

Candidate ID Number: 12663

Nationality: Portuguese

Language Skills:

Fluent: English

Good: Spanish, French

Basic: Italian, Russian

Permitted to work in: European Union

Position Sought: Spa Manager, Spa Co-ordinator

Personal Statement

EVERYTHYNG I DO, I ENJOY DOING MY BEST, ALWAYS WANT TO BE PERFECT

ENJOY HELPING THE HUMAN BEING

MAKE MYSELF HAPPY AND ALL AROUND ME

ENJOY QUALITY OF LIFE

Seeking work in International Locations

Employment History:

February 2010 - Present - Spa Co-ordinator at (most recent employer hidden for confidentiality) Algarve, Portugal, (5 Star Hotel Spa)

Duties included:

supervise a team staff of 14 (12 therapists and 2 receptionists)

responsable for all spa operations,

provide training in spa treatments protocols, assuring the high level of standards of customer service;

increase the fidelization of clients members;

create customised programmes for clients who want to achieve a specific objective such as loss of weight, body refirming,...

ensure the high standards of hygiene and health safety of equipments and facilities;

assure an excelent relationship with clients/members and make for all the clients a unique/unforgetable spa experience

develop strategies: to increase the spa revenue such as organizing Happy Days ...,decrease spa costs

(...)

Products worked with:

Pevonia Botanica (Ireland - Monart Destination Spa)

Gernetic International (Portugal - Royal Spa Vale do Lobo)

Career Break - Maternity/Paternity leave

February 2008 - March 2009 - Beauty Therapist at Monart Destination Spa, Enniscorthy Co.Wexford Ireland, Ireland, (5 Star Hotel Spa)

Duties included:

perform body treatments such as scrubs, wraps, massages, physiotherapy.

inducting guests, cover spa reception when needed....

Products worked with:

Pevonia Botanica

March 2006 - January 2009 - Physiotherapist at Medical Centre Dr. Barbosa, Algarve Portugal, Portugal, (Hospital / Medical Clinic)

Duties included:

physiotherapy treatments

rehabilitation of patients

Career Break - Job hunting

March 2003 - September 2005 - physiotherapist at Medical Centre Ovar, Ovar , Portugal, (Hospital / Medical Clinic)

Duties included:

physiotherapy treatments

rehabiliation of patients

hydrotherapy

Education and Qualifications:

2011 BWIZER

CERTIFICATE

SHIATSU

2009 BWIZER

CERTIFICATE

SPECIALIZATION OF AESTETICAL PHYSIOTHERAPY (FACIAL AND BODY)

2008 Asociacion Espanola de Tecnicas de Contacto Acuatico

CERTIFICATE

AQUATAICHI

2007 University of Algarve Portugal

Post Graduation/specialization spa management

post graduation in spa management

2004 Ankylosis Spondylitis's National Association

CERTIFICATE

HYDROTHERAPY

2004 Ankylosis Spondylitis's National Association At The Hospital Of Pombal.

CERTIFICATE

AROMATHERAPY

2004 INSTITUTE OF COIMBRA

DEGREE

PHYSIOTHERAPY

2007 University of Algarve

Post-Graduation of Spa Management (grade 15) (scale 0 to 20)

Tourism, History and Culture of Spa; Procedures of Spa; Operational Management/Business of Spa; Human Resources; Marketing and Retail; Financial Statements; Creation, Conception, Design, and Soft Opening of Spa

2004 Institute of Coimbra

Bachelor's Degree of Physiotherapy (grade 15)

Anatomy; Physiology; Sciences Of Human Development And Behavior I; Studies Of Human Movement; Methods and Techniques of Physiotherapy I; Introduction To The Profession; Health Sciences; Pathology I; Biostatistics; Clinical Teaching I; Pathology II; Methods And Techniques Of Physiotherapy II; Models And Strategies Of Intervention On Physiotherapy I; Clinical Teaching II; Sciences Of Human Development And Behavior II; Teaching And Communication; Investigation Methodology; Projects Orientation; Clinical Teaching III; Methods And Techniques Of Physiotherapy III; Models And Strategies Of Intervention On Physiotherapy III; Introduction To The Profession II.

Degree of Physiotherapy (grade 15)

Applied Investigation; Case-Studies On Physiotherapy I; Specials Issues On Physiotherapy I; Management And Economy Of Health; Computer Data Systems; Bioethics; Occupational Health And Physiotherapy; Case-Studies II; Specials Issues On Physiotherapy II; Psycho-Sociology Of Health; Option - Physiotherapy On Sports

Product Training:

December 2012 Gernetic international

By Cesarina Bettencourt (CEO of Gernetic International @ Portugal)

Body treatments by Gernetic International (such as wraps, exfoliations, anticelulite, refirming body treatments);

Gernetic facial analise and treatment.

Vocational Qualifications

CERTIFIED international INSTRUTOR OF INFANT MASSAGE

Hobbies and Interests

EXCELLENT PRESENTATION;

PRO-ACTIVE; DINAMIC

SYMPATIC

VERY PROFESSIONAL

VERY RESPONSABLE

DEMANDING WITH MYSELF, TENDENCY TO THE PERFECCIONISM

AMBITIOUS

ENJOY CHALLENGING GOALS

CV created at www.spastaff.com

