

# Curriculum Vitae

**Female**

**D.O.B. 17 November 1975**

**Number of years working in industry: 21 years 6 months**

**Candidate ID Number:** 12663

**Nationality:** Portuguese

**Language Skills:**

Fluent: English

Good: Spanish, French

Basic: Italian, Russian

**Permitted to work in:** European Union

**Position Sought:** Spa Manager, Spa Co-ordinator

## Personal Statement

EVERYTHING I DO, I ENJOY DOING MY BEST, ALWAYS WANT TO BE PERFECT

ENJOY HELPING THE HUMAN BEING

MAKE MYSELF HAPPY AND ALL AROUND ME

ENJOY QUALITY OF LIFE

Seeking work in International Locations

## Employment History:

**February 2010 - Present - Spa Co-ordinator** at (most recent employer hidden for confidentiality) Algarve, Portugal, (5 Star Hotel Spa)

### Duties included:

supervise a team staff of 14 (12 therapists and 2 receptionists)

responsible for all spa operations,

provide training in spa treatments protocols, assuring the high level of standards of customer service;

increase the fidelization of clients members;

create customised programmes for clients who want to achieve a specific objective such as loss of weight, body retraining,...

ensure the high standards of hygiene and health safety of equipments and facilities;

assure an excellent relationship with clients/members and make for all the clients a unique/unforgettable spa experience

develop strategies: to increase the spa revenue such as organizing Happy Days ...,decrease spa costs

(...)

### Products worked with:

Pevonia Botanica (Ireland - Monart Destination Spa)

Gernetic International (Portugal - Royal Spa Vale do Lobo)

**Career Break** - Maternity/Paternity leave

**February 2008 - March 2009 - Beauty Therapist** at Monart Destination Spa, Enniscorthy Co.Wexford Ireland, Ireland, (5 Star Hotel Spa)

**Duties included:**

perform body treatments such as scrubs, wraps, massages, physiotherapy.

inducting guests, cover spa reception when needed...,

**Products worked with:**

Pevonia Botanica

**March 2006 - January 2009 - Physiotherapist** at Medical Centre Dr. Barbosa, Algarve Portugal, Portugal, (Hospital / Medical Clinic)

**Duties included:**

physiotherapy treatments

rehabilitation of patients

**Career Break** - Job hunting

**March 2003 - September 2005 - physiotherapist** at Medical Centre Ovar, Ovar , Portugal, (Hospital / Medical Clinic)

**Duties included:**

physiotherapy treatments

rehabilitation of patients

hydrotherapy

**Education and Qualifications:**

**2011 BWIZER**

CERTIFICATE

SHIATSU

**2009 BWIZER**

CERTIFICATE

SPECIALIZATION OF AESTETICAL PHYSIOTHERAPY (FACIAL AND BODY)

**2008 Asociacion Espanola de Tecnicas de Contacto Acuatico**

CERTIFICATE

AQUATAICHI

**2007 University of Algarve Portugal**

Post Graduation/specialization spa management

post graduation in spa management

**2004 Ankylosis Spondylitis's National Association**

CERTIFICATE

HYDROTHERAPY

**2004 Ankylosis Spondylitis's National Association At The Hospital Of Pombal.**

CERTIFICATE

AROMATHERAPY

**2004 INSTITUTE OF COIMBRA**

DEGREE

PHYSIOTHERAPY

**2007 University of Algarve**

Post-Graduation of Spa Management (grade 15) (scale 0 to 20)

Tourism, History and Culture of Spa; Procedures of Spa; Operational Management/Business of Spa; Human Resources; Marketing and Retail; Financial Statements; Creation, Conception, Design, and Soft Opening of Spa

**2004 Institute of Coimbra**

Bachelor's Degree of Physiotherapy (grade 15)

Anatomy; Physiology; Sciences Of Human Development And Behavior I; Studies Of Human Movement; Methods and Techniques of Physiotherapy I; Introduction To The Profession; Health Sciences; Pathology I; Biostatistics; Clinical Teaching I; Pathology II; Methods And Techniques Of Physiotherapy II; Models And Strategies Of Intervention On Physiotherapy I; Clinical Teaching II; Sciences Of Human Development And Behavior II; Teaching And Communication; Investigation Methodology; Projects Orientation; Clinical Teaching III; Methods And Techniques Of Physiotherapy III; Models And Strategies Of Intervention On Physiotherapy III; Introduction To The Profession II.

Degree of Physiotherapy (grade 15)

Applied Investigation; Case-Studies On Physiotherapy I; Specials Issues On Physiotherapy I; Management And Economy Of Health; Computer Data Systems; Bioethics; Occupational Health And Physiotherapy; Case-Studies II; Specials Issues On Physiotherapy II; Psycho-Sociology Of Health; Option - Physiotherapy On Sports

**Product Training:**

**December 2012 Gernetic international**

By Cesarina Bettencourt (CEO of Gernetic International @ Portugal)

Body treatments by Gernetic International (such as wraps, exfoliations, anticelulite, refirming body treatments);

Gernetic facial analyse and treatment.

**Vocational Qualifications**

CERTIFIED international INSTRUTOR OF INFANT MASSAGE

**Hobbies and Interests**

EXCELLENT PRESENTATION;

PRO-ACTIVE; DINAMIC

SYMPATIC

VERY PROFESSIONAL

VERY RESPONSABLE

DEMANDING WITH MYSELF, TENDENCY TO THE PERFECCIONISM

AMBITIOUS

ENJOY CHALLENGING GOALS

CV created at [www.spastaff.com](http://www.spastaff.com)



