

# Curriculum Vitae

**Female**

**D.O.B. 07 August 1968**

**Number of years working in industry: 30 years 9 months**

**Candidate ID Number:** 12653

**Nationality:** British

**Language Skills:**

Fluent: English

Good: Greek

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Regional Senior Manager, Spa Director, Spa Manager, Assistant Manager

## **Personal Statement**

My aim is to be autonomous in my field.

Seeking work in International Locations.

## **Employment History:**

**April 2010 - Present - Spa Manager** at (most recent employer hidden for confidentiality) Kos , Greece, (5 Star Hotel Spa)

### **Duties included:**

Training of staff members

Budget and financial

Promotion

Marketing

Body Therapies

Facial Therapies

Hydro Therapies

Electrolysis

Work Schedules for 8 members of staff

PR for Spa

### **Products worked with:**

Gerards

MD formulations

Phyts

OPI Jessica

**Career Break - Training - industry-related**

**May 2007 - September 2009 - Spa Manager** at Mayfair Day Spa, Athens, Greece, (Day Spa)

**Duties included:**

Staff Training

Body Treatments

Facial Treatment

Electolysis

Over-all day to day running of spa

**Products worked with:**

OPI

Loukia Nicola Produtcs

**Career Break - Traveling**

**April 2004 - May 2007 - Assistant Manager** at Divani 5\* hotel & spa, Athens, Greece, (5 Star Hotel Spa)

**Duties included:**

Work schedules for 25 members of staff

Staff Training

Body Therapies

Hydrotherapies

Facial Therapies

Customer Consultation

**Products worked with:**

Thalgo

**April 2001 - April 2004 - Head Therapist** at Holmes Place, Athens , Greece, (Health Club)

**Duties included:**

Facial Treatments

Body Treatments

Product Training

Stock Control

**Products worked with:**

Phyts

**April 1999 - September 2001 - Beauty Therapist** at American Embassey, Athens , (Health Club)

**Duties included:**

Body & Facial Treatments for Ambassodors and American Embassey employees

This was 3 days per week on a 2 year contract

**Products worked with:**

Elemis

**Career Break - Traveling**

**November 1996 - October 1998 - Head Therapist** at Springs Health & Fitness, Newcastle, UK - United Kingdom, (Health Club)

**Duties included:**

Part-time swimming instructor

Pool Plant operator

Body Treatments

Trainer for students

**Products worked with:**

Elemis

**March 1994 - October 1996 - Treatment Manager / Spa Trainer** at Solway Holiday Village, Cumbria, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Reception

Body Therapies

Pool Life guard

First Aid for Hotel

Pool Plant operator

**Products worked with:**

Clarins

**Education and Qualifications:****1998 North Tyneside College**

City & Guilds IHBC

City & Gilds Beauty Therapy

IHBC Health & Beauty

**1984 Kenton School**

GCSE History

" Maths

" English

" Physics

" French

" Geography

" Chemistry

## **Product Training:**

**February 2007** **Loukia Nicola**

Mayfair Day Spa Greece  
Techniques of therapies with product  
Product sales

**October 2005** **Phyts**

Holmes Place Greece  
Use of product and massage technique for specialised therapies

**March 2004** **Thalgo**

Thalgo Head Office France  
From Production to Use  
Techniques of Therapies  
Sale & Promotion

**February 1995** **Elemis**

Newcastle England  
Therapies  
Composition of products

**October 1993** **Clarins**

Cumbria England  
Product Useage  
also combined with facial machinery  
Body Sculpturing

## **Hobbies and Interests**

Herbal Remedies

CV created at [www.spastaff.com](http://www.spastaff.com)

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