

Curriculum Vitae

Male

D.O.B. 31 March 1974

Number of years working in industry:

10 years 3 months



Candidate ID Number: 124015

Nationality: Sudanese, Sudanese

Language Skills:

Fluent: English, Russian, Arabic

Basic: Ukrainian

Permitted to work in: Sudan, UK - United Kingdom

Position Sought: Spa Co-ordinator, Assistant Manager, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist

Personal Statement

At present my best qualities include my , adaptability, strong work ethics and ability to connect with others through empathy and clear communication .My life goals are to continuously grow both personally and professionally , contribute meaningfully to my community and achieve balance between pursuing my passion's and maintaining meaningful relationships.

Employment History:

June 2023 - Present - Head Therapist at (most recent employer hidden for confidentiality) Liverpool, UK - United Kingdom, (High Street Salon)

Duties included:

Client Care and Treatment:

Provide consistent professional massage and body treatments, adhering to spa protocols.

Tailor treatments to meet individual client needs, ensuring a holistic approach that considers physical, mental, and emotional well-being23.

Staff Management:

Assess and develop therapists through training in specialist treatments and customer service.

Support the Spa Manager with daily operations, including administration and managing staff37.

Safety and Compliance:

Uphold sanitation and sterilization standards as per legal and spa requirements.

Ensure client safety by advising on pre-treatment guidelines and contraindications3.

Reporting and Inventory:

Conduct stocktaking and prepare monthly reports for the branch manager3.

Professional Development:

Stay updated with the latest therapeutic techniques and holistic practices to enhance service offerings

June 2019 - February 2022 - Holistic Therapist at Fitbody Massage LTD, Bila Tserkva, Ukraine , Ukraine, (High Street Salon)

Duties included:

providing a range of holistic treatments

such as different types of massage therapy, aromatherapy, tailored to meet the individual needs of clients. I conducted thorough consultations to understand their health concerns, lifestyle, and goals, ensuring a personalized approach to their care.

In addition to delivering treatments, I maintained accurate client records, managed appointment bookings, and ensured the treatment space was clean, calm, and well-stocked with supplies. I also took on responsibilities such as stock taking, ordering supplies, and managing budgets for products and equipment.

Furthermore, I contributed to creating staff rotas and occasionally supported marketing efforts by promoting services and organizing wellness events. My role required strong interpersonal skills, attention to detail, and a commitment to maintaining a high standard of client care and professionalism."

June 2014 - May 2019 - Massage Therapist at Fitbody Massage LTD, Khartoum , Sudan , Sudan, (High Street Salon)

Duties included:

performing a variety of massage techniques, such as Swedish, deep tissue, Hot Stone Therapy and sports massage, tailored to clients' specific needs and health conditions. I conducted thorough client consultations to understand their medical history, preferences, and goals, ensuring safe and effective treatments.

In addition to providing treatments, I maintained a clean and organized workspace, sanitized equipment, and managed appointment scheduling to ensure smooth operations. I also took on additional responsibilities such as stock management, ensuring adequate supplies of oils, lotions, and other essentials, and occasionally assisted with creating staff rotas to optimize clinic efficiency.

I consistently prioritized client satisfaction, building strong relationships to encourage repeat visits and positive referrals, while adhering to all health and safety regulations.

Education and Qualifications:

2024 Core Elements Training School Swindon, United Kingdom

Certificate

Clinical application of shockwave , class 4 MLS laser, and Human Tecar Therapy

2023 Hijamah Clinic & Training Center Manchester United Kingdom

Training course and workshop Certificate Registration N° HC23B12R02

Al- Hijamah Wet & Dry Cupping

2022 Venn Healthcare Liverpool UK

CPD course

Shockwave Therapy for MSK conditions

2022 Gateway Workshops Training School for Massage, Beauty and Healing . Manchester United Kingdom

Practitioners Diploma

Indian Head Massage

2020 The Educational Center (Business, Beauty, Health) Kiev, Ukraine

Certificate

Face Guasha , Thai Bags massage, Thai Massage , Stone Therapy, Creole massage (bamboo massage) , Udvartana Massage

2019 Center for Human Development (New World) Newworld.org.ua Certificate N° 6211

Certificate

Tok Sen Massage

Tok Sen full body massage technique's:

2022 The Ukrainian Institute of Arts and Science

Diploma in Rehabilitation and massage

1991 Abu Dhabi secondary School

General Secondary education

Islamic education 86 / 100

Arabic language 154 /200

Mathematics 234 / 300

Physics 161 / 200

Chemistry 69 / 100

Biology 66 / 100

Geology 78 / 100

Final Total 935 / 1200

Product Training:

August 2024

Ukrainian institute of Arts and science

Ukraine - Bucha

Rehabilitation & massage

At the Ukrainian Institute of Arts and Sciences, the "Rehabilitation and Massage" program provided comprehensive training in physical rehabilitation and professional massage. The curriculum included humanities, natural sciences, and specialized courses such as rehabilitation for internal organ diseases, nervous system disorders, and musculoskeletal injuries. Practical training emphasized techniques like kinesiology, classical massage, fire massage, anti-cellulite massage, and more. Graduates were prepared to work in hospitals, rehabilitation centers, or educational institutions under expert faculty guidance. The two-year program also allowed progression to a bachelor's degree upon completion

Vocational Qualifications

2001

Master of Science orthopedic stomatology

specialization in orthopedic stomatology , Simferopol, Crimea

UKRAINE

2000

Doctor of Medicine Dentistry

Crimea state university , Simferopol, Crimea

From 20 June to 20 sep 2010 completed a full course

oF NGO's management (diploma in NGO'S management) from

national Council of

training the International Academy For Sciences And Advance

Management Training.

From 20 June to 20 Dec 2010 completed a full course of (Diploma in

Hospital and health care management from national Council of

training

the International Academy For Sciences And Advance Management Training

Hobbies and Interests

Hiking , sickling, Traveling , volunteering , cooking, Team sports

CV created at www.spastaff.com

