

Curriculum Vitae

Female

D.O.B. 01 January 1978

Number of years working in industry:

14 years 7 months



Candidate ID Number: 12271

Nationality: Italian

Language Skills:

Fluent: English, Italian

Good: Chinese Mandarin

Basic: French

Permitted to work in: European Union

Position Sought: Spa Consultant, Spa Manager, Assistant Manager, Skin Clinic Therapist, Massage Therapist, Holistic Therapist

Personal Statement

Actually I'm a very determined person. I put all my energy and passion in what I do. There will always be something to learn. I have always reached my aims. All I am and I all I have it's what I conquered.

Seeking work in International Locations and Cruise Ships.

Employment History:

July 2013 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Hotel Spa)

Duties included:

Assisting customers before therapies by checking their clinic form.

Performing treatments.

Receptionist/Cashier service as well as therapist 2 days a week, holding the responsibility of the clinic.

Products worked with:

Pukka Ayurvedic Oils, Ayurvedic herbs from India, Ila and Pai products for body and face Spa treatments.

July 2011 - July 2013 - Holistic Therapist at Kottakal clinic, Baroda, India, (Hospital / Medical Clinic)

Duties included:

Deep Tissue, Abyanga, Indian Head Massage, Ayurvedic Face Massage, Kalari MarmaMassage, SHIRODHARA with oil, SHIRO DHARA with medicated milk, SHIRODHARA with butter milk, ELAKIZHI: Massage with Bags of Herbal Leaves, PODI KIZHI: Massage with Bags of Herbal Powders, NAVARA KIZHI: Massage with Bags of Herbal Rice, DUHWARTHANA: Dry Massage with Herbal Powders for Obesity, KAYA SEKA: Oil Bath, KADEE VASTI: Local

Ayurveda Beauty Therapy:

SCALP and HAIR TREATMENTS: Ayurveda Head massage, Dandruff Treatments, Hair Treatments (Premature Graying, Brittle Hair, Hair fall), Herbal Shampoo & Conditioner, Herbal Fumigation, Henna.

FACE TREATMENTS: Herbal Cleanser , Ayurvedic Face Massage, Herbal Steaming, Herbal Scrub, Herbal Face pack / mask, Herbal toner, Herbal moisturizer, Acne Treatments, Nasya

EYE TREATMENTS: Anjana, Herbal Eye Pack, Tharpana & Putapaka, Eye exercises

HAND and FOOT TREATMENTS: Hand & Foot Soaks, Hand Massage, Foot massage, Herbal Mask, Henna design

BODY TREATMENTS: Herbal Body Wrap, Herbal Body Scrub, Herbal Bath, Preparation of Herbal Bath Bags.

Products worked with:

I always use ayurveda oils and products from India, like Yimalaya and ayurveda products from Anjali Ayurveda clinic; products from Thailand.

May 2013 - May 2013 - Holistic Therapist at Myself, Pordenone, Italy, Italy, (Hospital / Medical Clinic)

Duties included:

I worked as a freelance in a clinic by performing several types of massages and treatments such as:

Deep Tissue, Abyanga, Indian Head Massage, Ayurvedic Face Massage, Kalari Marma Massage, SHIRODHARA with oil, SHIRO DHARA with medicated milk, SHIRODHARA with butter milk, ELAKIZHI: Massage with Bags of Herbal Leaves, PODI KIZHI: Massage with Bags of Herbal Powders, NAVARA KIZHI: Massage with Bags of Herbal Rice, DUHWARTHANA: Dry Massage with Herbal Powders for Obesity, KAYA SEKA: Oil Bath, KADEE VASTI: Local Treatment for Back Ache, GREVA VASTI: Local Treatment for Neck Pain, JANU VASTI: Local Treatment for Knee Problems, NASYA: Cleansing of Head through Nasal Medication , AYURVEDA SHOULDER MASSAGE

Ayurveda Beauty Therapy:

SCALP and HAIR TREATMENTS: Ayurveda Head massage, Dandruff Treatments, Hair Treatments (Premature Graying, Brittle Hair, Hair fall), Herbal Shampoo & Conditioner, Herbal Fumigation, Henna.

FACE TREATMENTS: Herbal Cleanser , Ayurvedic Face Massage, Herbal Steaming, Herbal Scrub, Herbal Face pack / mask, Herbal toner, Herbal moisturizer, Acne Treatments, Nasya

EYE TREATMENTS: Anjana, Herbal Eye Pack, Tharpana & Putapaka, Eye exercises

HAND and FOOT TREATMENTS: Hand & Foot Soaks, Hand Massage, Foot massage, Herbal Mask, Henna design

BODY TREATMENTS: Herbal Body Wrap, Herbal Body Scrub, Herbal Bath, Preparation of Herbal Bath Bags.

Traditional Chinese Medicine and Tuina:

Various diseases massages treatments, Cupping treatment, Moxibustion treatment.

Spa Therapy: Lymph drainage, oil massage, body scrub, foot reflexology, Thai Massage, Facial treatment, herbal massage.

Products worked with:

I always use ayurveda oils and products from India, like Yimalaya and ayurveda products from Anjali Ayurveda clinic; products from Thailand.

Education and Qualifications:

2013 Beauty Training Harrow

NVQ Level 2

Beauty Therapy: Waxing, Facial Treatments and Extractions

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2013 ILA skin care

Certificate

ILA Therapies:

ILA Kundalini Back Treatment

ILA Facial Ananda

ILA Facial Rainforest

ILA Body Scrub

ILA Body Mud Wrap

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2013 Theta healing Nature of Path

Certificate by Vianna Stibal

Theta Healing

2011 TTC spa School

Certificate in Spa Therapy

Spa Therapy:

Thai massage; Foot Reflexology; Body scrub; Oil Massage; Lymph Massage; Face treatments; Herbal massage

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2010 Anjali Ayurveda college

Certificate

Ayurveda & panchakarma Therapist.

Indian Head Massage, Ayurvedic Face Massage, Abyanga full body massage, Deep Tissue, Kalari marma Massage (Ayurveda Sport Massage), SHIRODHARA with oil, with medicated milk, with butter milk, ELAKIZHI: Massage with Bags of Herbal Leaves, PODI KIZHI: Massage with Bags of Herbal Powders, NAVARA KIZHI: Massage with Bags of Herbal Rice, UDVARTHANA: Dry Massage with Herbal Powders for Obesity, KAYA SEKA: Oil Bath, KADEE VASTI: Local Treatment for Back Ache, GREVA VASTI: Local Treatment for Neck Pain, JANU VASTI: Local Treatment for Knee Problems, NASYA: Cleansing of Head through Nasal Medication

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2007 Beijing University if Foreign Language 'Beijing Waiguo yu Daxue'

Certificate in Chinese Language

Chinese language

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2006 University if Rome 'La Sapienza'

BA in Asian Studies. Oriental Languages and Civilizations

oriental Languages and Civilizations, Chinese language and culture

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2011 Beijing Massage Hospital

I passed the final exam in Chinese medical manipulations, chinese reflexology, moxa and chinese cupping

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2006 Anjali Ayurveda clinic & school

I passed the final exams in Ayurveda massages and Panchakarma; Ayurveda beauty Theraoy; Yoga & Meditation

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Product Training:

**August
2013**

Ila, Pai

Kensal Rise, London

Hobbies and Interests

I have been singing for years in lounge bars for years. i sing jazz, rythm & blues and some commercials.

I practice sports such as spinning and fitness. Yoga. I travel a lot around the world for working, studies or personal commitments.

I like hiking and exploring. I do zip-line and I love swimmimg.

I have been writing fantasy stories since I was a child.

CV created at www.spastaff.com

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