

# Curriculum Vitae

Male

D.O.B. 23 February 1979

Number of years working in industry:

12 years 9 months



**Candidate ID Number:** 12036

**Nationality:** Indian

**Language Skills:**

Fluent: English, Hindi

Basic: Kannada, Marathi, Tamil

**Permitted to work in:** India

**Position Sought:** Spa Consultant, Regional Senior Manager, Spa Director

## Personal Statement

Determined, proactive, multi-talented and self motivated Spa Senior Leader with tertiary qualifications in Business Administration and qualified in an alternative wellness practice (Naturopathy) with nearly 10 years of achievement driven experience in Spa and Wellness industry. Have more than 3 years experience in operating a luxury award winning top spa at world renowned destination resort - The BodyHoliday, LeSPORT in St. Lucia.

Currently seeking new and challenging opportunities at Regional Manager and Director level.

Seeking work in National and International Locations.

## Employment History:

**July 2012 - July 2014 - Spa Director** at (most recent employer hidden for confidentiality) UDAIPUR, India, (5 Star Hotel Spa)

### Duties included:

Multi award winning 5 star deluxe palace property owned & managed by luxury chain The Leela Palaces, Hotels and Resorts. India's first ESPA branded Spa opened in 2009. Provide leadership to the following divisions within the Spa and Leisure domains - Lake Spa (India's first and only luxury tented Spa on lake side), Haveli Spa (a traditional Rajasthani house), 6 Private Plunge Pools, Yoga Studio (Yoga & Meditation), Finishing Studio (Manicure and Pedicures), Gymnasium (Technogym), Recreational Activities and Thermal Experiences. Role is to manage and direct all technical, fitness and administrative staff for this luxury hotel spa. Responsible for training both technical and non technical staff, recruitment, and orientation. Upkeep and implementation of Operational supplies and equipment (OS&E) and furniture, fixtures and equipment (FF&E) of this elegantly designed Spa in coordination with Interiors, Engineering and Housekeeping Departments.

### Products worked with:

ESPA

**August 2011 - July 2012 - Spa Manager** at The Leela Palaces, Hotels & Resorts, Goa, India, (5 Star Hotel Spa)

### Duties included:

The iconic 5 star deluxe resort owned and managed by The Leela Group. Provide leadership to the following divisions within the Spa department - Holistic treatments and rituals, Ayurveda treatments and rituals, Yoga and Gymnasium, Swimming Pools, Beach, Golf, recreational facilities and Kids Club.

**Products worked with:**

Forest Essentials,

**April 2008 - July 2011 - Senior Leader - Spa Operations** at Sunswept Resorts Pvt. Ltd., Gros Islet, Saint Lucia, (5 Star Hotel Spa)

**Duties included:**

Provide senior leadership to 5 departments – Ayurveda, Wellness, Skin Clinic, Inclusive offerings and CIBTAC Training Academy – for a team of 75 staff (9 direct reports) comprising 2 Managers, 2 Assistant Managers, 5 Supervisors, 4 Receptionists, 55 therapists / practitioners / aestheticians and 7 support staff that work together in to deliver inclusive and supplementary treatments to average 200 plus guests per day. The annual spa budget is US\$2.2 million. Lead the pre-opening efforts for an ambitious project of opening the most authentic Ayurvedic Temple outside of India. In parallel provide effectively leadership to 8 very well experienced wellness practitioners from various global locations at the wellness centre.

Lead daily operations and strategic direction of the facility with full responsibility of colleague satisfaction, guest satisfaction, financial success, health and safety, environmental stewardship and that Spa is recognized as one of the finest resort spas in the world. Act as a spokesperson for the Spa and the Brand while work with corporate advertising, promotion and public relations as required. Manage, motivate and appraise all personnel reporting to this position. Establish professional business relationship with all vendors.

**Products worked with:**

Elemis, La Therapie, Kama, Essie, Thalgo, Oakworks

**September 2006 - April 2008 - Head - Wellness Centre** at Infocity Clubs and Resorts, Gandhinagar (Gujarat State), India, (Hotel Fitness Centre)

**Duties included:**

Consult during pre-opening stage with an aim to set up the Wellness Centre while working closely with Interior Designer and suppliers. Manage day-to-day operations at the centre that included six service lines - Detox Day Spa, Yoga Studio, Gym, Aerobics, Swimming Pool and Tennis. Conduct health assessment, lifestyle and nutritional counseling.

**Key Achievements**

- Successfully conducted on-site Corporate Wellness Programs for GSPL, Gujarat.

Designed the spa menu for Detox Day Spa and trained the therapists in Western, Oriental and Ayurvedic therapies.

**Products worked with:**

Kama

**March 2006 - September 2006 - Yoga Consultant** at Army Sports Institute, Pune (Maharashtra State), India, (Health Club)

**Duties included:**

Short term assignment to plan, customize and deliver sports specific scientific Yoga sessions such as Pranayama, Trataka, Dhyana, Yoga Nidra for Olympic and Asian Games grade sportsmen in six disciplines – Archery, Boxing, Weight Lifting, Wrestling, Athletics (middle and long distance runners) and Throwers on a regular basis.

**Key Achievements**

- Effectively integrated Yoga training in training regimen while working closely with sports scientists and foreign coaches.

Motivated top-level sportsmen to attend Yoga sessions regularly while relating and responding to them well.

**May 2005 - September 2006 - Spa Consultant** at Vishwananda Kendra, Pune (Maharashtra State), India, (Hospital / Medical Clinic)

**Duties included:**

Consult a Day Spa that offered Ayurvedic treatments, Naturopathy therapies and Yoga teaching to local patrons. Provide dietary advice, lifestyle recommendations and prescribe Ayurvedic and natural therapies to visitors.

**Key Achievements**

- Gained significant insight into Ayurveda while teaming up with two leading Ayurvedic physicians based in Pune.

Conducted health and wellness workshops for general public, corporate houses and management institutes that were well appreciated.

**Products worked with:**

Arya Vaidyashala

**September 2003 - September 2006 - Yoga Consultant** at Honeywell Automation India Limited, Pune (Maharashtra State), India, (Health Club)

**Duties included:**

Conduct regular on-site evening Yoga classes for employees of the company. Deliver lectures on health and preventative measures.

**Key Achievements**

- Was amongst first few persons who conducted regular Yoga sessions at a leading Corporate House.

Periodically conducted special techniques of Yoga such as Kriyas, Vibhaga Pranayama and Cyclic Meditation to break monotony and cater the various wellness needs of employees.

**September 2001 - June 2005 - Research Fellow and Resident Naturopath** at National Institute of Naturopathy, Govt. of India, Pune (Maharashtra State), India, (Hospital / Medical Clinic)

**Duties included:**

Conduct research work in Naturopathy and Yogic Sciences. Provide detailed consultancy as per Naturopathy principles to patients at renowned O.P. Clinic. Guide BNYS (Bachelor of Naturopathy and Yogic Sciences) Interns pursuing 'National BNYS Internship Programme' regarding clinical skills and dissertation work. Coordinate training, teaching and examination of candidates pursuing TATC (Treatment Attendant Training Course).

**Key Achievements**

- Awarded 'Best Naturopath' for the year 2003-04

Represented the institute in many conferences, seminars and workshops as speaker and delegate.

**Education and Qualifications:****2011 IIM, Ahmedabad**

General Management Programme

General Management

**2002 Symbiosis Centre of Health Care, Pune, India**

PG Diploma in Emergency Medical Services

Prehospital Emergency Care

**2002 Rajiv Gandhi University of Health Sciences, Bangalore, India**

Bachelor's Degree in Naturopathy and Yogic Sciences

Holistic Medicine - Naturopathy and Yogic Sciences

**2011 Cornell University, eCornell Division**

Certificate in Strategic Hospitality Management.

Modules:

Strategic Thinking

Creating Value and Competitive Advantage in the Hospitality Industry

Strategy Formulation and Mapping the Competitive Landscape in Hospitality Industry

Implementing Strategy and Strategic Control Systems in the Hospitality Industry

Managing Strategic Change

**2006 Birla Institute of Technology and Science**

M. Phil in Hospital and Health Systems Management

Subjects:

Introduction to Health Systems

Environmental Health

Managing People and Organisations

Accounting and Finance

Hospital Operations Management

Epidemiology

Economics of Hospital and Health Systems

Computer and Information Systems

Technical Communication

Biostatistics

Operations Research

Strategic Management

Dissertation Topic - Reimbursing Preventive Care: An assessment of demand

**Product Training:**

**October  
2014**

**Vocational Qualifications**

Microsoft Office - Word, Power Point, Excel

PMS - Maestro, Spa Soft

Email - Microsoft Outlook, Google Mail

**Hobbies and Interests**

Watching movies, listening music, visiting places of natural beauty and historical interest.

CV created at [www.spastaff.com](http://www.spastaff.com)

