

Curriculum Vitae

Female

D.O.B. 11 April 1991

Number of years working in industry:

15 years 8 months



Candidate ID Number: 12011

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: Italy, Greece, France, Cyprus, UK - United Kingdom

Position Sought: Spa Manager, Beauty Therapist, Massage Therapist

Personal Statement

Alongside my beauty therapy training, I have graduated with a 2.1 in BSc (Hons) Physiotherapy from Keele University and a MSc in Obesity and Weight management at Chester University. I am passionate about health promotion and all aspects of my clients leading a healthy life. Therefore the holistic side of beauty therapy is my main focus. I am currently working in Val d'isere ski resort in France as a beauty and massage therapist. I will be looking for summer season work from May 2017 and am keen to work outside of the U.K in a spa type environment. I am a proven communicator with excellent customer service skills aquired from my various roles and placements within beauty and physiotherapy. Happy and versatile to work as part of a team or independently as required.

Employment History:

November 2016 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Val d'isere, France, (Home/Mobile)

Duties included:

Based in a hotel for 50% of the time - carrying out massage and beauty treatments to guests. Main therapist here so in charge of running spa treatment area: bookings, stock control, cleaning and welcome drinks.

Other 50% of time spent doing mobile work in chalets: Consensio holidays, VIP Ski.

Also involved in extra marketing work: welcome drinks, meetings with reps and hotel managers and talks to promote the business.

Additional training in Lava Shell Massage.

Products worked with:

OPI

Dermalogica

Jessica

June 2010 - January 2017 - Beauty Therapist at Zest Hair and Beauty, Sheringham, UK - United Kingdom, (High Street Salon)

Duties included:

Worked in the salon during my college and university holidays and weekends.

Performed all beauty treatments: Manicure, Pedicure, Gel nails, Waxing, Swedish Massage, Hot Stone Massage, Indian Head Massage, Tinting, Eyelash extensions and facials.

Additional responsibilities included: reception work/appointments, stock taking, stock ordering and marketing.

Products worked with:

OPI manicure and pedicure

Dermalogica and Monu Skin facial ranges

Lily Lola makeup

Education and Qualifications:

2017 University of Chester

MSc

Obesity and Weight Management MSc

2015 Keele University

Degree

Physiotherapy Degree

Second Class Honours (Division I)

2011 City College Norwich

NVQ Diploma

Level 3 NVQ Diploma in Beauty Therapy

Massage with GOLA

Body Electrical Treatments

Body Massage Treatments

Indian Head massage

Massage with preblended aromatherapy oils

Stone Therapy treatments

2010 City College Norwich

NVQ

Level 2 NVQ in Beauty Therapy

Eyelash and Eyebrow Treatments

Manicure Treatment

Pedicure Treatment

Waxing

Makeup

2009 Sheringham Sixth Form

Geography A level - B

Psychology A Level- B

Art A level - A

Biology A level - A

2007 SHERINGHAM HIGH SCHOOL

GCSE'S :

Maths - A

English - AA

Science - A*A*

Geography - A

History - A

French - A

Food tech - A

Product Training:

December 2016 Lava Shell Massage

Ski Physio - Courchevel, France

Lava shell massage is the world's first naturally self-heating massage tool. This heat treatment uses tiger-striped heated clam shells as a massage tool.

November 2010 Susan Molyneux

Cheltenham

2 day course on product - information about all the product range and using the products in treatments.

October 2010 OPI

Bury St Edmunds

1 day course on manicures and pedicures with OPI

Hobbies and Interests

Travelling the world

Skiing

Horse riding

Fitness - Yoga/Pilates

CV created at www.spastaff.com

SPA STAFF. COM
