

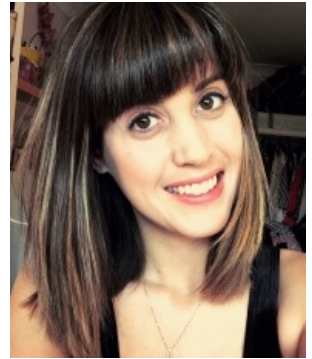
# Curriculum Vitae

**Female**

**D.O.B. 11 April 1991**

**Number of years working in industry:**

**15 years 8 months**



**Candidate ID Number:** 12011

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** Italy, Greece, France, Cyprus, UK - United Kingdom

**Position Sought:** Spa Manager, Beauty Therapist, Massage Therapist

## Personal Statement

Alongside my beauty therapy training, I have graduated with a 2.1 in BSc (Hons) Physiotherapy from Keele University and a MSc in Obesity and Weight management at Chester University. I am passionate about health promotion and all aspects of my clients leading a healthy life. Therefore the holistic side of beauty therapy is my main focus. I am currently working in Val d'isere ski resort in France as a beauty and massage therapist. I will be looking for summer season work from May 2017 and am keen to work outside of the U.K in a spa type environment. I am a proven communicator with excellent customer service skills acquired from my various roles and placements within beauty and physiotherapy. Happy and versatile to work as part of a team or independently as required.

## Employment History:

**November 2016 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Val d'isere, France, (Home/Mobile)

### Duties included:

Based in a hotel for 50% of the time - carrying out massage and beauty treatments to guests. Main therapist here so in charge of running spa treatment area: bookings, stock control, cleaning and welcome drinks.

Other 50% of time spent doing mobile work in chalets: Consensio holidays, VIP Ski.

Also involved in extra marketing work: welcome drinks, meetings with reps and hotel managers and talks to promote the business.

Additional training in Lava Shell Massage.

### Products worked with:

OPI

Dermalogica

Jessica

**June 2010 - January 2017 - Beauty Therapist** at Zest Hair and Beauty, Sheringham, UK - United Kingdom, (High Street Salon)

### Duties included:

Worked in the salon during my college and university holidays and weekends.

Performed all beauty treatments: Manicure, Pedicure, Gel nails, Waxing, Swedish Massage, Hot Stone Massage, Indian Head Massage, Tinting, Eyelash extensions and facials.

Additional responsibilities included: reception work/appointments, stock taking, stock ordering and marketing.

**Products worked with:**

OPI manicure and pedicure

Dermalogica and Monu Skin facial ranges

Lily Lola makeup

**Education and Qualifications:**

**2017 University of Chester**

MSc

Obesity and Weight Management MSc

**2015 Keele University**

Degree

Physiotherapy Degree

Second Class Honours (Division I)

**2011 City College Norwich**

NVQ Diploma

Level 3 NVQ Diploma in Beauty Therapy

Massage with GOLLA

Body Electrical Treatments

Body Massage Treatments

Indian Head massage

Massage with preblended aromatherapy oils

Stone Therapy treatments

**2010 City College Norwich**

NVQ

Level 2 NVQ in Beauty Therapy

Eyelash and Eyebrow Treatments

Manicure Treatment

Pedicure Treatment

Waxing

Makeup

**2009 Sheringham Sixth Form**

Geography A level - B

Psychology A Level- B

Art A level - A

Biology A level - A

**2007 SHERINGHAM HIGH SCHOOL**

GCSE'S :

Maths - A

English - AA

Science - A\*A\*

Geography - A

History - A

French - A

Food tech - A

## **Product Training:**

**December  
2016**

### **Lava Shell Massage**

Ski Physio - Courchevel, France

Lava shell massage is the world's first naturally self-heating massage tool. This heat treatment uses tiger-striped heated clam shells as a massage tool.

**November  
2010**

### **Susan Molyneux**

Cheltenham

2 day course on product - information about all the product range and using the products in treatments.

**October  
2010**

### **OPI**

Bury St Edmunds

1 day course on manicures and pedicures with OPI

## **Hobbies and Interests**

Travelling the world

Skiing

Horse riding

Fitness - Yoga/Pilates

CV created at [www.spastaff.com](http://www.spastaff.com)

