

# Curriculum Vitae

**Female**

**D.O.B. 30 June 1985**

**Number of years working in industry:**

**17 years 8 months**



**Candidate ID Number:** 11978

**Nationality:** Hungarian

**Language Skills:**

Fluent: English

Basic: German, Spanish

**Permitted to work in:** European Union

**Position Sought:** Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Yoga / Pilates Teacher

## Personal Statement

To bring my skills and knowledge into play in spa modalities to enhance physical relaxation and emotional restoration through personalized massage therapy, stone therapy, body wraps, aromatherapy and additional body and facial treatments.

Be enthusiastic and dedicated with my positive attitude and client care and offering exceptional spa services.

Always eager to learn and share new treatments and gain more experience from all over the world to help and heal the best way is possible.

## Employment History:

**March 2019 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Musandam, Zighy Bay , Oman, (5 Star Hotel Spa)

### Duties included:

- Holistic Treatment
- Yoga
- Meditation
- Hammam
- Massage Therapies
- Facials

### Products worked with:

- Organic Pharmacy
- Subtle Energy
- Margy's
- MarocMaroc

**Career Break** - Training - industry-related

**December 2012 - December 2017 - Massage Therapist** at Four Seasons Resorts, Landaa Giraavaru, Maldives, (5 Star Hotel Spa)

### Duties included:

- Handle the responsibilities of providing massage services to clients by using appropriate, safe and effective techniques, performe all kinds of treatment to the highest standard.
- Gaining experience in Ayurvedic Retreats while working with the integrity of ILA’s Beyond Organic products at the outstanding Landaa Spa in Baa Atoll.

**Products worked with:**

- Spa Ritual
- ILA
- Ayurveda products

**Career Break** - Training - industry-related

**October 2010 - December 2012 - Massage Therapist** at Four Seasons Hotel, Budapest, Hungary, (5 Star Hotel Spa)

**Duties included:**

- Provide quality therapeutic massages and educating people on overall health and wellnes
- Handle the responsibilities of offering exceptional spa services to clients by using appropriate, safe and effective techniques to provide all kinds of treatments to the highest standard.

**Products worked with:**

- Elemis
- Omorovizca
- Biologique Recherche
- Gerards
- Spa Ritual
- ILA
- Organic Pharmacy
- Subtle Energy
- Margy's

**October 2009 - August 2010 - Receptionist** at Steiner, Princess Cruise Line, (Cruise Ship)

**Duties included:**

- Provide quality therapeutic massages and educating people on overall health and wellness.

**Products worked with:**

- Elemis
- Bliss

**Career Break** - Training - industry-related

**April 2007 - August 2008 - Receptionist** at Mandala Day Spa, Budapest, Hungary, (Day Spa)

**Duties included:**

- Take care of the customers, make reservations and prepare the schedule for the workers, be responsible for the everyday trade of the spa

**Products worked with:**

Clinic

**Education and Qualifications:**

**2018 Healing Hands Reiki School Rishikesh, India**

Certificate - Level 1 and 2

Reiki Healer

**2017 Omkarah Yoga Mandiram Pokhara, Nepal**

Certificate

200 Hours Yoga Teacher Training

**2017 Samanga Ayurveda Wellness Centre Alappuzha, India**

Certificate

Ayurveda Panchakarma Training Programme

**2012 The Sunshine Network Chiang Mai, Thailand**

Certificate

Traditional Thai Yoga Massage

**2009 Budapest Tech**

Diploma

Corporate Management - Engineering Manager

**2009 Steiner Academy**

Certificate for Elemis Treatments

**2007 Gizella Studio**

Massage Therapist Certificate

## Product Training:

**May 2012 Biologique Recherche**

Hungary - Budapest

BR facials, including all the massage techniques, the knowledge of the products and the skin analyzing.

**January  
2011**

**Omorovicza**

Hungary - Budapest

- Have been trained for body treatments: - mud therapy, body scrub, cellulite massage - and four types of facials as well.

**November  
2009**

**Elemis**

England - London

- Have been training at the Steiner Academy for six weeks. Every day practicing all the treatments by Elemis - as Hot Stone Massage, Lime and Ginger Salt Glow Body Scrub, Elemis Deep Tissue Massage, Mini Facial, Aroma Spa Ocean Wraps, Body Sculpting - and retail with all the Elemis products.
- By Steiner also been trained for Thai Poultis Massage and Bamboo Massage on the cruise ship.

## Vocational Qualifications

- Scuba Diving (PADI)
- Certificate of secondary software-operator

## Hobbies and Interests

- meditation
- dancing
- snowboarding
- hiking, climbing
- diving
- Yoga

