

Curriculum Vitae

Female

D.O.B. 02 March 1988

Number of years working in industry:

6 years 6 months



Candidate ID Number: 11960

Nationality: British

Language Skills:

Good: English

Basic: French

Permitted to work in: Sweden, Spain, Slovenia, Slovakia, Romania, Portugal, Poland, Netherlands, Malta, Luxembourg, Lithuania, Latvia, Italy, Ireland, Hungary, Greece, Germany, France, Finland, Estonia, Denmark, Czech Republic, Cyprus, Croatia, Belgium, Austria, UK - United Kingdom

Position Sought: Spa Manager, Salon Manager, Assistant Manager, Head Therapist, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Complementary Therapist, Nail Technician, Receptionist

Personal Statement

I am a highly motivated enthusiastic individual who prides myself on my high standards, perfection and satisfaction in everything I do. I am a punctual and reliable person who works well under pressure and who always work to the best of my ability as I strive to be the best I can.

I am currently seeking a role where I can gain new experiences by using my current experience and abilities to their full potential.

I can work as part of a team but am also confident to work independently by using my experiences in previous roles.

I am a self motivated, organised individual who is quick thinking and adaptable. I have a friendly disposition and a good sense of humour.

Employment History:

September 2014 - May 2016 - Assistant Manager at (most recent employer hidden for confidentiality) Abu Dhabi UAE, UAE - United Arab Emirates, (Day Spa)

Duties included:

i currently work with Thalgo products as i work for thalgo company in the UAE. I work as a head beautyTherapist and worked my way tp assistant manager preforming

Massage, Swedish, Hot Stone, Deep Tissue, Balanise, Poylnisia (mahana) Indoceen,

Facials mainly Anti Aging, Mirodermabrasion, Brightning Treatments, I beauty machine, high frequency, galvanic, mesotherapy

Body Rituals including Scrubs and Massage, Body Wraps (mud, algea, oxygen)

Slimming treatments frigi thalgo and marine pralude

Manicures, Pedicures, Waxing, Retail

I also ran a group of 10-15 girls training them and keeping them up to standard with new treatments and procedure.

weekly team meetings for sales targets and team building

admin work such as monthly rotas and stcok take as well as keeping up with targets and general managerial tasks such as reporting to the manager, covering manager when off

Products worked with:

Thalgo products

Career Break - casino (croupier)

May 2011 - September 2012 - Beauty Therapist at Steiner, Abroad, (Cruise Ship)

Duties included:

On my second contract i moved up to assistant manager and helped with rotas, receipts, running of the spa, delegating tasks and duties i.e stock take, targets and goals i.e sales and revenue, assisting therapists when needed etc. I still also performed seminars to guests on Ionithermie as well as perform the treatments listed below.

Performed;

Ionithermie (super detox cellulite reduction program) Slimming treatment

Colon cleanse

Facials

Body wraps and scrubs

Massage

Crystal Clear Microdermabrasion

Products worked with:

Elemis

Body Scrubs, Lime and Ginger Salt Glow

Seaweed Wraps

Ionithermie (alga)

Ionithermie ampules A&B

Ionithermie Lait Pour Le Corps

Ionithermie Tonic Silhouette

Aromatherapy oils Elemis

Colon Cleanse Elemis

Frangipani oil Elemis

Thlassotherapy

April 2010 - March 2011 - Beauty Therapist at steiner, international, UK - United Kingdom, (Cruise Ship)

Duties included:

To perform beauty treatments to the highest standard, to give great customer care and satisfaction to your client, to make your client happy.

To give seminars on ionithermie

To perform Ionithermie (Super detox cellulite reduction program) slimming treatment)

Massage Treatments

Body Wraps and Scrubs

To bring in revenue by sales of products,

Stock take

Cleaning of the spa

Products worked with:

- Elemis:
- Body scrubs, lime and ginger salt glow
- Sweed wraps
- Aromatherapy oils
- Frangipani oil
- Ionithermie Algea
- Ionithermie ampules A&B
- Ionithermie Pro Metasysteme
- Ionithermie Lait Pour Le Courps
- Ionithermie Tonic Silhouette

September 2008 - January 2010 - Beauty Therapist at Self Employed, Kirkham, UK - United Kingdom, (High Street Salon)

Duties included:

I work self employed as a mobile therapist and also rented a room in a friends salon. I did mobile acrylic nail, spray tan, Individual and strip lash extensions, manicues, pedicures as well as learnt how to run my own business and build up my own client base. I used the beauty room at the salon on a Wednesday for massage, facial and waxing treatments.

Products worked with:

- Dermalogica
- NSI
- Shellac
- OPI
- Essie
- Gelish

May 2008 - September 2008 - Beauty Therapist at Reflections, Blackpool, UK - United Kingdom, (High Street Salon)

Duties included:

I took the position as the salon was a higher class salon with more custom and more variety. I also did all aspect of beauty here as well as learning a few more treatments such as spray tan, body scrubs, and detox treatments. I performed body and facial electrics in the job.

- Galvanic
- Hight frequency
- Faradic

Products worked with:

- Dermalogica
- NSI

Career Break - Job hunting

June 2007 - May 2008 - Beauty Therapist at Beverley Hills Nails, Blackpool, UK - United Kingdom, (High Street Salon)

Duties included:

- Beauty therapist doing all aspects of beauty, nails, facials, manicures, pedicures, massage, Individual and strip lashes and retail i really enjoyed this job and it was a great place to start of my career.

Products worked with:

Elemis

NSI

Education and Qualifications:**2015 Advances skin training course London**

VTCT LEVEL 4 certificates

Skin Needling dermapen

Chemical peels

dimond head micro

2010 Steiner Training Achademy

certificate

Ionithermie supper detox

Colone Cleanse

2007 Preston College Fulwood

NVQ levels 1,2,3 Diploma nail tech

Beauty Therapy nvq 3

2007 fulwood collage preston

NVQ 1,2,3 beauty

NVQ1 IT

Deploma in Acrylics

2004 Highfield High School, Blackpool

GCSE

Maths, Science, English, Art and RE

Product Training:**September
2014 Thalgo**

I was trained in a Thalgo spa in the largest spa in Abu Dhabi by a international trainer

Thalgo products and treatments

- Facials including heart of the ocean cocooning, source marine, extreem comfort, pure freshness, Mens facials
- Anti aging facials, Brightening facials, Microdermabrasions
- Body rituals- Polynesia, Indocean includes scrub and massage
- Slimming treatments- marine pralude, Frigi Thalgo, Hight-Precision shaping treatment, Cellulift Pro
- Massages- Balinese, Mahana, Deep Tissue, Swedish, Indian Head, Reflexologie,
- Body Scrubs
- TMJ massage
- Manicue, Pedicure
- Waxing

**September
2014**

May 2010 Elemis

Steiner Training Academy

I learnt Elemis products when i went to the Steiner Training Academy in London. I was at the academy for four weeks before heading out to a ship. I have worked using Elemis for roughly two years.

June 2007 Dermalogica NSI Elemis

Preston College, Fulwood, England

Dermalogica came into college for two days and we learnt how to use the products effectivley and also learnt the ingredients of the products. Tests at the end of the course were take on product knowledge. We also used dermalogica in college on clients

NSI was learnt in college

Vocational Qualifications

I decided on a career brake so i decided to go to college and learn how to become a croupier to work in the casinos. I worked in the casinos for around 2yr before deciding to come back to beauty

Hobbies and Interests

I enjoy swimming, painting and drawing as you find them peaceful and calming and also a good way to pass the time.

I also did horse riding when I was younger.

CV created at www.spastaff.com

