

Curriculum Vitae

Male

D.O.B. 08 October 1981

Number of years working in industry:

19 years 4 months



Candidate ID Number: 11947

Nationality: Nepalese

Language Skills:

Fluent: English, Hindi, Nepali

Basic: Russian, Arabic

Permitted to work in: UAE - United Arab Emirates, Nepal

Position Sought: Spa Co-ordinator, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Retail Professional, Spa Therapist

Personal Statement

A highly motivated, enthusiastic, Flexible and hard working person to be a professional leader in the Spa industry, and looking for to join in Spa in international Locations and Cruise Ships.

Employment History:

February 2021 - Present - Head Therapist at (most recent employer hidden for confidentiality) Kathmandu, Nepal, (Day Spa)

Duties included:

- Perform all spa treatments involved in the spa menu following the highest level of
- Standard of the spa which include:
- Relaxing, Deep Tissue, Hot stone, Royal Thai & Shiatsu
- Aromatherapy & Classic massages
- Special Hand & Foot treatment, Nourishing Hair treatment
- Facials
- Body Treatments: scrub, wraps, Hammam, Rasool & Vichy Shower
- Client care consultation
- Spa promotions
- Spa Product retail
- Handle Spa reception desk; guest queries, bookings, check-in, check-out and deal with guest complain
- Conduct overall trainings for the team members thoroughly
- Involve in trainings & assessment when new member joined
- Report to directly to Spa Director

Products worked with:

Ayurvedic herbal products

April 2015 - October 2021 - Massage Therapist at Six Senses spa at Etihad Airways, Abu Dhabi, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- Proactively participate all Body & Beauty treatment trainings with high making to deliver high level standard of guest service and perform authentic Spa Treatments.

- Involve in Spa Therapy and advice and consult guest to truly appreciate the benefits of their Spa journey
- Participate as a Trainer in this Body & Beauty treatment industry.

Products worked with:

Six Senses products

Career Break - Traveling

October 2008 - March 2015 - Spa Therapist at Fujairah Rotana Hotel & Spa, Fujairah, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

- highly trained and perfected in all spa treatments offered to the guest in this stunning treatment center.
- Involve in guest's queries, handling guest complaints when needed.
- Effectively provide technical support and guidance to the Spa Therapists.
- Communicate with the Spa Manager on how to continuously improve the Spa operation on a regular basis.

Products worked with:

Aromatherapy Associates, Cosmetology, NEOM, SKEYNDOR, VOYA

July 2006 - August 2008 - Spa Therapist at Serenity Spa, Kathmandu, Nepal, (Day Spa)

Duties included:

- Perform signature spa therapies such as Body wrap & Scrub, Shiatsu, Ayurvedic, Swedish, Thai, Aroma, and Spinal massage.
- Overrun the spa operation under the supervision of Spa Manager on a daily basis.
- Monitor all healing protocols available in the spa menu to ensure high level of standard to the deliver Spa premium service to both members and non-members .
- Maintain the spa tidy and relaxing ambience.

Products worked with:

- Himalayan Herbal

Education and Qualifications:

2024 Chiva-Som International Academy, Bangkok, Thailand

CIBTAC

Anatomy And Physiology

Body Massage

2010 Aromatherapy Associates

Certificate

The massage training contain the followings:

- Aromatherapy massage
- De-Stress muscle massage
- Breathe Easy massage
- Pregnancy massage

The Body Treatment training contain the followings:

- Body Scrubs & wraps

- Anti-cellulite treatment
- Hammam & Rasool Treatments

The facial training contains the following:

Personalized & Refining Facial
Intensive Eye Treatment
Age Repair Facial

2010 Calisto Co., Dubai, UAE

Diploma

The facial training contain the followings:

- Anti-aging
- Oily & Sensitive
- Normal & Combination

2006 The Natural Therapy & Training Center

Certificate

- Body Wrap & Scrub
- Aroma Therapy and Swedish massage
- Deep Tissue and Thai Massage
- Body Rejuvenation Treatment

2005 Arogya Ashram

Diploma

- Ayurvedic massage
- Acupressure Healing Therapy

2004 Shree Durga Secondary School

Higher Secondary School

Product Training:

September 2010 Aromatherapy Associates

Dubai, UAE

Training in Massages, Body and Facial Treatments

Vocational Qualifications

- On-Job Training Certificate Program (OJT)
(A certificate for Departmental Training)
- "Connecting you", Fujairah Rotana Resort & Spa (Advanced telephone techniques training)
- Destination Leadership training
- Certification in First Aid Training

Hobbies and Interests

Singing, reading, playing chess, pen pal

CV created at www.spastaff.com

