

# Curriculum Vitae

Male

D.O.B. 08 October 1981

Number of years working in industry:

19 years 4 months



**Candidate ID Number:** 11947

**Nationality:** Nepalese

**Language Skills:**

Fluent: English, Hindi, Nepali

Basic: Russian, Arabic

**Permitted to work in:** UAE - United Arab Emirates, Nepal

**Position Sought:** Spa Co-ordinator, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Retail Professional, Spa Therapist

## Personal Statement

A highly motivated, enthusiastic, Flexible and hard working person to be a professional leader in the Spa industry, and looking for to join in Spa in international Locations and Cruise Ships.

## Employment History:

**February 2021 - Present - Head Therapist** at (most recent employer hidden for confidentiality) Kathmandu, Nepal, (Day Spa)

### Duties included:

- Perform all spa treatments involved in the spa menu following the highest level of
- Standard of the spa which include:
- Relaxing, Deep Tissue, Hot stone, Royal Thai & Shiatsu
- Aromatherapy & Classic massages
- Special Hand & Foot treatment, Nourishing Hair treatment
- Facials
- Body Treatments: scrub, wraps, Hammam, Rasool & Vichy Shower
- Client care consultation
- Spa promotions
- Spa Product retail
- Handle Spa reception desk; guest queries, bookings, check-in, check-out and deal with guest complain
- Conduct overall trainings for the team members thoroughly
- Involve in trainings & assessment when new member joined
- Report to directly to Spa Director

### Products worked with:

Ayurvedic herbal products

**April 2015 - October 2021 - Massage Therapist** at Six Senses spa at Etihad Airways, Abu Dhabi, UAE - United Arab Emirates, (5 Star Hotel Spa)

### Duties included:

- Proactively participate all Body & Beauty treatment trainings with high making to deliver high level standard of guest service and perform authentic Spa Treatments.

- Involve in Spa Therapy and advice and consult guest to truly appreciate the benefits of their Spa journey
- Participate as a Trainer in this Body & Beauty treatment industry.

**Products worked with:**

Six Senses products

**Career Break** - Traveling

**October 2008 - March 2015 - Spa Therapist** at Fujairah Rotana Hotel & Spa, Fujairah, UAE - United Arab Emirates, (5 Star Hotel Spa)

**Duties included:**

- highly trained and perfected in all spa treatments offered to the guest in this stunning treatment center.
- Involve in guest’s queries, handling guest complaints when needed.
- Effectively provide technical support and guidance to the Spa Therapists.
- Communicate with the Spa Manager on how to continuously improve the Spa operation on a regular basis.

**Products worked with:**

Aromatherapy Associates, Cosmetology, NEOM, SKEYNDOR, VOYA

**July 2006 - August 2008 - Spa Therapist** at Serenity Spa, Kathmandu, Nepal, (Day Spa)

**Duties included:**

- Perform signature spa therapies such as Body wrap & Scrub, Shiatsu, Ayurvedic, Swedish, Thai, Aroma, and Spinal massage.
- Overrun the spa operation under the supervision of Spa Manager on a daily basis.
- Monitor all healing protocols available in the spa menu to ensure high level of standard to the deliver Spa premium service to both members and non- members .
- Maintain the spa tidy and relaxing ambience.

**Products worked with:**

- Himalayan Herbal

**Education and Qualifications:**

**2024 Chiva-Som International Academy, Bangkok, Thailand**

CIBTAC

Anatomy And Physiology

Body Massage

**2010 Aromatherapy Associates**

Certificate

The massage training contain the followings:

- Aromatherapy massage
- De-Stress muscle massage
- Breathe Easy massage
- Pregnancy massage

The Body Treatment training contain the followings:

- Body Scrubs & wraps

- Anti-cellulite treatment
- Hammam & Rasool Treatments

The facial training contains the following:

Personalized & Refining Facial  
Intensive Eye Treatment  
Age Repair Facial

#### **2010 Calisto Co., Dubai, UAE**

Diploma

The facial training contain the followings:

- Anti-aging
- Oily & Sensitive
- Normal & Combination

#### **2006 The Natural Therapy & Training Center**

Certificate

- Body Wrap & Scrub
- Aroma Therapy and Swedish massage
- Deep Tissue and Thai Massage
- Body Rejuvenation Treatment

#### **2005 Arogya Ashram**

Diploma

- Ayurvedic massage
- Acupressure Healing Therapy

#### **2004 Shree Durga Secondary School**

Higher Secondary School

### **Product Training:**

#### **September 2010 Aromatherapy Associates**

Dubai, UAE

Training in Massages, Body and Facial Treatments

### **Vocational Qualifications**

- On-Job Training Certificate Program ( OJT)  
(A certificate for Departmental Training)
- "Connecting you", Fujairah Rotana Resort & Spa (Advanced telephone techniques training)
- Destination Leadership training
- Certification in First Aid Training

### **Hobbies and Interests**

Singing, reading, playing chess, pen pal

