

Curriculum Vitae

Male

D.O.B. 09 February 1972

Number of years working in industry:

27 years 4 months



Candidate ID Number: 11921

Nationality: Lithuanian

Language Skills:

Fluent: English, Lithuanian, Russian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

Personal Statement

An enthusiastic, spiritually oriented Holistic and Thai Therapy Specialist. I am a resourceful professional, with excellent rapport skills with customers and associates alike. I have extensive knowledge within all massage therapies and have the qualifications as an Advanced Practitioner and Teacher Trainer to provide training workshops with Accredited Certifications.

Skilled Massage Therapies

Thai Yoga Massage

Indonesian (Balinese) Massage

Thai Herbal Hot Compress

Hot Stone Massage

Deep Tissue Massage

Ayurvedic Massage

Quantum Therapy

Advanced Oriental Sports Massage

Advanced Traditional Thai Massage

Key Skills

- Providing specialist Consultation, Diet and Lifestyle modification advice.
- Standardising and providing high quality Holistic and Ayurvedic Treatments keeping in view the Health & Safety issues.
- Delivering workshops on various principles and concepts of Thai therapy.
- Business development through marketing and promotions of various Holistic and Ayurvedic health related services.
- Excellent communication and presentation skills, with strong analytical and decision making skills.
- Training therapists in various Holistic Therapies, Treatments and Thai Massage.

Employment History:

November 2017 - Present - Salon Manager at (most recent employer hidden for confidentiality) Panerių St 45/401, Vilnius, Lithuania, Lithuania, (High Street Salon)

Duties included:

Deep Tissue Massage,

Treatments performing, look after the place, bookings, hiring staff.

August 2011 - June 2017 - Salon Manager at Bergos International, London, UK - United Kingdom, (High Street Salon)

Duties included:

Treatments performing, look after the place, bookings, hiring staff.

Deep Tissue Massage

August 2011 - May 2017 - Head Therapist at Pegasus Clinics, 156 Beverley Drive Edgware Middlesex HA8 5ND, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

Part-Time Job.

Deep Tissue Massage

November 2009 - July 2011 - Head Therapist at Essence Wellness, London, UK - United Kingdom, (Day Spa)

Duties included:

Look after the place, training staff, treatments performing

Products worked with:

Aveda, Tri Dosha

May 2008 - September 2009 - Head Therapist at B&B International Enterprises, Vilnius, Lithuania, (Day Spa)

Duties included:

Thai Yoga massage, Indonesian (Balinese) massage, Thai Herbal Hot Compress, Hot Stone massage, Deep Tissue massage, ayurvedic massages, Quantum therapy and other treatments.

April 2007 - April 2008 - Assistant Teacher at International Training Massage School, Chiang Mai, Thailand, (College)

Duties included:

Leading demonstrations, assist teacher in the class.

July 2005 - May 2007 - Head Therapist at B&B International Enterprises, Vilnius, Lithuania, (Day Spa)

Duties included:

Deep Tissue massage, Hot stone massage, Swedish massage, body wrap, scrub, cupping.

November 1997 - May 2005 - Team Leader at Massage Centre "Antavija", Vilnius, Lithuania, (High Street Salon)

Duties included:

Classical massage, Swedish massage, Deep Tissue massage, look after the place, dealing with customers, hiring staff.

Education and Qualifications:

2007 "East meet West" School, Chiang Mai, Thailand

Certificate

Advanced Oriental Sports Massage

2007 "Thai Healing Art" School International. Chiang Mai, Thailand

Certificate

Thai Yoga Massage

2007 Traditional Thai Massage School "Loi Kroh" Chiang Mai, Thailand

Certificate

Advanced Traditional Thai Massage

2007 Wat Po, Thailand

Certificate

General Thai Massage

2007 Sunshine Massage School, Chiang Mai, Thailand

Certificate

Traditional Thai Yoga Massage

2007 International Training Massage School "ITM" Chiang Mai, Thailand

Certificate

Thai Massage Advanced Practitioner and Teacher Training

2004 Moscow Academy of Manuology

Diploma-Universal Masseur-Manuologist

1997 School of Holistic Massage "The Source of Life"

School Diploma-Universal Masseur

Hobbies and Interests

Yoga, meditation, martial arts

CV created at www.spastaff.com

