

Curriculum Vitae

Female

D.O.B. 08 August 1970

Number of years working in industry:

22 years 9 months



Candidate ID Number: 11914

Nationality: British, South African

Language Skills:

Fluent: English

Basic: Turkish, Spanish

Permitted to work in: Spain, South Africa, Portugal, Italy, Greece, UK - United Kingdom

Position Sought: Spa Consultant, Regional Senior Manager, Spa Director, Fitness Professional, Yoga / Pilates Teacher

Personal Statement

PROFESSIONAL MISSION STATEMENT:

Create and develop enriching and unique spa and wellness experiences to inspire guests desire for greater wellbeing, vitality and unforgettable experiences.

PERSONAL MISSION STATEMENT:

To be able to help people to change their lifestyles to one of balance and wellbeing.

Seeking work in National and International Locations.

Employment History:

September 2010 - Present - Spa Director at (most recent employer hidden for confidentiality) Hua Hin, Thailand, (5 Star Hotel Spa)

Duties included:

Project manager to create and develop an integrated Wellness Destination

Management operations of 2 spas - Six Senses Spa and Earth Spa

Task force leader to further develop Six Senses skincare and amenity range

Financial - budgets, P&L, Inventory, Payroll

Products worked with:

Six Senses Products

Sodashi

Aromatherapy Associates

Apivta

Career Break - Training - industry-related

October 2011 - Present - Regional Senior Manager at Six Senses Resorts and Spa, Maldives and Sri Lanka, Maldives, (5 Star Hotel Spa)

Duties included:

Managed and directed 4 spas, daily, weekly, monthly reports - guest feedback, financials, S&M, training and HR.

Further developed the AYURVEDA clinics

Developed Wellness Programs with Master Visiting Practitioners

Sales & Marketing

HR

Training

Products worked with:

Six Senses products

Subtle Energies

Amala

October 2007 - January 2010 - Spa Director at Six Senses Resorts & Spas, Bodrum, Turkey, (5 Star Hotel Spa)

Duties included:

Conde Naste Best European Spa 2007, 2008 and 2009

Company Manager and Spa Director

Creation, design and development of Holistic and Wellbeing programs

Development of Holistic Wellness and Holistic Fitness activities

Management of 30 hosts:

16 treatment areas, Spa Boutique, Indoor pool, Juice and Salad Bar and Holistic Fitness Centre

Development and management of operation policies, procedures, budget and S&M

Management of P&L, Cash Flow & Payroll

Development of the hosts, spa menu, products and systems

Development of Water Awareness/Appreciation activities

Creation and design of SLOWLIFE garden

Products worked with:

Aromatherapy Associates

Sodashi

Apivita

July 2005 - September 2007 - Spa Manager/Project Manager at Cotton Bay Village (was Sunswept Resorts) , St Lucia, Saint Lucia, (5 Star Hotel Spa)

Duties included:

Project managed Spa concept design, development and construction of a 5* Luxury Boutique Spa (8 rooms and Spa Suite) and Spa Restaurant (Sushi and Raw food concept)

Research, sourcing and procurement of product range, equipment, furniture and fittings

Sourcing and liaison with suppliers and contractors

Creation and development of Spa Menu

Creation and design of signature treatments using local products

Development of SOP manual for Spa and therapists

Assist with development of Spa Cuisine Menu

Jalousie Plantation: (2months) (www.thejalousieplantation.com)

Created and developed signature treatments using local products

Updated Spa Menu treatments and design

Implemented new procedures - service, administration, retail sales and marketing

Products worked with:

Elemis

August 2004 - June 2005 - Spa Manager at Fountain Head Organic Health Retreat, Maleny, Australia, (5 Star Hotel Spa)

Duties included:

Development of Mini Spa

Creation, design and development of Spa Menu and signature treatments using local products

Marketing of Spa and therapies

Development and management of wellness activities

Products worked with:

Sodashi

August 2003 - August 2004 - Holistic Therapist at Body Care, Christchurch, New Zealand, (Day Spa)

Duties included:

sisted in developing Wellness Clinics in Christchurch

listic and Complimentary therapies - Reflexology, Aromatherapy, Nutrition, Lymph Drainage

June 2002 - July 2003 - Fitness Professional at Various Health Clubs in London, London, UK - United Kingdom, (Health Club)

Duties included:

Spinning, Body Pump and Body Combat Instructor

LifeStyle Coaching - Nutrition and Complimentary treatments

Education and Qualifications:

2011 School of Holistic Studies, Yandara Yoga School, ACE, Les Mills, BSY

Diploma

Diploma of Reflexology

Diploma of Aromatherapy

Diploma of Meridan Therapy

Yoga Instructor

Personal Trainer

Diploma of Nutrition

1999 Business College

Diploma of Business Administration

Diploma of Marketing

1988 Kingsway High School

Equivalent to mid GCSE's and A Levels

English

Afrikaans

Maths

Accountancy

Geography

Home Economics

Secetarial

Product Training:**July 2007 Elemis**

Elemis, London

All Elemis facial and body treatments

Vocational Qualifications

Soft Skills Courses: Team Management, Personal Effectiveness, Effective Presentation

Hobbies and Interests

Psycomatic Research

Cycling

Yoga

Pilates

Jewelry making

Beading

CV created at www.spastaff.com

