

Curriculum Vitae

Female

D.O.B. 13 February 1975

Number of years working in industry:

20 years 1 month



Candidate ID Number: 11893

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Treatment Manager / Spa Trainer, Senior Therapist, Holistic Therapist, College Tutor

Personal Statement

I have a vibrant positive energetic personality and work well as part of a team. My therapy skills are of the highest standard enabling me to quickly attain a regular clientel by making my guests feel at ease and totally relaxed. I have a very patient teaching manner as well as being completely passionate about the Beauty and Spa industry making me the ideal candidate for any teaching or training position.

My future career goals include to become a trainer for a well known reputable Spa company as well as continue to develop new fresh spa techniques.

Seeking work in UAE

Employment History:

March 2013 - Present - College Tutor at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (College)

Duties included:

- Responsible for the preparation, teaching and assessing of a variety of NVQ level 2 and VRQ level 2 units including Anatomy & Physiology, facial treatments, eye treatments and Commercial Salon
- Maintain classroom management skills, engage all learners in the planning and delivery of lessons, ensuring that differentiation techniques are employed, produce fun interactive and creative lesson plans using smartboard technology and college resources
- Liaise with line manager and other lecturers to ensure the well being of students and monitor their success whilst being fully committed to achieving high retention figures.
- Attend regular CPD workshops

Products worked with:

Dermalogica

October 2012 - May 2014 - Beauty Therapist at ESPA Life at The Corinthia Hotel, London, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

- Deliver professional ESPA holistic face and body treatments as well as advanced ayurveda treatments to hotel

- guests, members, VIPs and celebrities.
- Worked closely with a large team of multi/lingual therapists to ensure high standards within Londons largest Spa were always maintained.
- Achieved monthly retail targets set out by Treatments Manager

Products worked with:

ESPA

Career Break - Traveling

January 2012 - July 2012 - Treatment Manager / Spa Trainer at The Ritz Carlton Abama Hotel & Spa, Tenerife, Spain, (5 Star Hotel Spa)

Duties included:

- Supported Spa Director as number two by leading a team of multi/lingual therapists
- Contributed to content of new treatment menu and implementation.
- Prepared & executed one month of in house training for all staff on the new treatment menu including consultations skills, client care, product recommendation, grooming standards, providing feedback & evaluation reports.
- Revisited the guest journey & presented ideas for improvements, along with standards for set up of cabins & cleanliness checklists.
- Introduced a welcome pack & training schedule for all new joiners.
- Implemented structured weekly meetings with therapists, recognizing achievements & defining clear objectives for the team.
- Responsible for professional inventory, including control & rotation.
- Arranged the staff time schedule and required vacations whilst complying with the Canary Islands Labour laws
- Delivered treatments to VIP's and journalists .

Products worked with:

Pevonia, OPI

June 2010 - January 2012 - Beauty Therapist at The Blythswood Square Hotel & Spa , Glasgow, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

- Part of the original pre spa opening team.
- Delivered Holistic style ILA treatments, Anne Semonin facial and body treatments as well as Leighton Denny nails.
- Worked closely with part of a large team consisting of experienced therapists.
- Attended an intensive training course over a two month period to learn new and specialized treatment techniques and improve on retail skills.

Products worked with:

Ila, Leighton Denny, Fake Bake, Anne Semonin

October 2010 - July 2011 - College Tutor at City of Glasgow College, Glasgow, UK - United Kingdom, (College)

Duties included:

- Responsible for the teaching, assessing and lesson preparation of first and second year HND Beauty Therapy students in Reflexology and Depilation.
- Designed the unit specification for a new class, an access to Beauty Therapy consisting of young early school

leavers.

- Mentored a small group of HND students during the 2011 London Beauty Excell show, ensuring the health and safety of the students were met at all times.

Products worked with:

Thalgo, Dermalogica

April 2007 - April 2009 - Beauty Therapist at The Ritz Carlton Hotel & Spa, Bahrain, Bahrain, (5 Star Hotel Spa)

Duties included:

- Responsible for the delivery of Espa lifestyle holistic treatments as well as Carita and Crystal Clear facials.
- Provided quality treatments to hotel guests and various VIP guests including members of the Royal families of both Bahrain Saudi Arabia and the UAE
- Assisted with the Espa in house training for new recruits.
- Ensured monthly retail and treatment targets were always met.
- Twice received recognition from the hotel for bringing in the highest revenue for the Spa.
- Chosen by The Ritz Carlton to act as personal massage therapist for the ruler of The UAE during the 2009 Bahrain Endurance Race.

Products worked with:

ESPA, Crystal Clear, Jessica, Carita

January 2006 - March 2007 - Beauty Therapist at The Chester Grosvenor Hotel & Spa, Chester, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

- Carried out a variety of Elemis spa treatments as well as both Molton Brown and Sundari treatments on day spa guests and hotel guests whilst ensuring the five star standards of the Spa was met.

Products worked with:

Molton Brown. Elemis, Sundari, Jessica

July 2004 - January 2006 - Senior Therapist at The Gleneagles Golf Resort & Spa, Perthshire, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

- Delivered ESPA facial and body treatments, waxing, manicures, pedicures to hotel guests, members, VIPs and celebrities.
- Assisted with the in house training for new recruits.
- Assisted with stock rotation and replenishing of retail.
- Administered treatments to the principals of the 2005 G8 Summit held at the hotel

Products worked with:

ESPA, Ytsara, Jessica

Education and Qualifications:

2011 Stirling University

BA degree in TQFE

TQFE (Teaching Qualification of Further Education)

2004 Glasgow Nautical College

HND

Beauty Therapy

1989 Claremont High School

O Level Art

O Level History

St Grade Maths

St grade English

Product Training:

March 2014	Lymphatic Drainage Massage
	South Thames College
	Manual Lymphatic Drainage Massage techniques
July 2010	Ila
	The Blythswood Square Hotel & Spa, Scotland
	All Ila holistic Spa face and body treatments including the Turus range, chakra well being and ku nye massage
July 2010	Anne Semonin
	The Blythswood Square Hotel & Spa
	Anne Semonin Face and body therapies including Phytoaromatic facial and cryotherapy facial, anti stress back therapy, black sand jewel massage.
July 2010	Fake Bake
	Fake Bake Head office, Motherwell, Scotland
	Fake bake professional spray tan and self tan retail expert
August 2008	Crystal Clear
	The Ritz Carlton Hotel & Spa Bahrain
	Crystal Clear Microdermabrasion system
March 2008	Carita
	The Ritz Carlton Hotel & Spa Bahrain
	Carita face, body, hair (including pro-lift facial)
March 2006	Molton Brown
	The Chester Grosvenor Hotel & Spa
	Molton Brown core facial therapies, Molton Brown core body therapies, Molton Brown skincolour
February 2006	Elemis
	Sherwood Forest, Centre Parks, England
	Elemis Spa facials, including advanced and Tri- Enzyme. Elemis body & Aromaspa, Elemis Exotics
January 2006	Espa
	Esporta Health Club, Hamilton, Scotland
	Espa face and body including advanced concept facial, prenatal, hip & thigh, Hot stones

Vocational Qualifications

I am currently a Reiki Teacher in my spare time for the IIHTVH (International, Institute of Holistic Therapies & Vibrational Healing) and hold an Advanced Reiki Teacher Training Certificate

Crystal Healing Therapy Workshop

Reiki Master Teaching Degree

Leighton Denny nails

Sundari facials

IPTI Accredited/IHM (Indian Head Massage) Training,

IPL

Hobbies and Interests

Attend the gym regularly to keep fit, enjoy travelling and socialising with different nationalities, passionate about Reiki and attend regular Reiki shares as well as hold my own Meet Up events.

CV created at www.spastaff.com

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