

Curriculum Vitae

Female

D.O.B. 12 September 1974

Number of years working in industry: 27 years 9 months

Candidate ID Number: 11881

Nationality: Indonesian

Language Skills:

Fluent: English

Basic: Javanese

Permitted to work in: Indonesia

Position Sought: Senior Therapist, Beauty Therapist, Massage Therapist, Nail Technician

Personal Statement

I have been working in the spa industry for more than 10 years, and most of the time I'm placed as a trainer, I'm really proud of it and I think I have the good quality in teaching and delivering the treatment procedures to the trainee. My life goal is to give the best I can to all people around me and make my family happy and proud of me.

Professional Skills

Ayurvedic Therapy

* Ayurveda (shirodara) * Abhyanga Treatment * Swedana massage

* Pizzicilli treatment * Ayurvedic scalp and face massage

Massage Therapy

* Deep tissue massage *Shambala massage *Synchronies 4 hand massage

* Hawaiian Lomi-Lomi *Aroma Swedish massage *Balinese massage

*Thai massage *Bamboo Massage *Vietnamese (Cupping) massage

*Oriental massage *Hawaiian La Stone *Reflexology

*Candle Massage *Jet Lag Recovery *Back, Neck & Shoulder

*Indian head massage *Lymphatic massage *Traditional Hamm am Treatment

*Radiance Hand treatment

Facial Care

* Aromatherapy Facial * Traditional Facial (Biokos product)

* Cathiodermie Facial by Rene Guinot * Signature facial (shiffa product)

* Purity facial (sodashi product) * Signature Facial by Six Senses product

* Luxury Hot and Cold stone facial * Hydracure facial by Germae capuccini

* Golden flash lifting(Kobido) by Golden Pyramide * Purifying by Themae product

* Elemis

Nail Care

* Manicure, Pedicure * French Manicure, Pedicure * Waxing (Under arm, Full legs, Back)

Body Care

* Contouring Wrap * Packages *Body Scrub and Body Wrap

* Cellutherapy wrap by lilian thery * Exotic wrap by Germae Capuccini

Slimming Treatment by machine

*Ultra alfa concept *Cacy *Ultrasound

*Vacuum *Pressure therapy

Seeking work in the Caribbean.

Employment History:

December 2012 - Present - Senior Therapist at (most recent employer hidden for confidentiality) Riyadh, Saudi Arabia, (5 Star Hotel Spa)

Duties included:

Massage Specialist

November 2011 - December 2012 - Treatment Manager / Spa Trainer at Six Senses Spa, Puntacana Resort & Spa, Puntacana, Dominican Republic, (5 Star Hotel Spa)

Duties included:

Coordinated day to day operations, supervising all staff members

- Trained, led and motivated fellow therapists and support staff
- Served as communications liaison between all departments
- Improve guest satisfaction scores
- Handle spa Induction

Products worked with:

Sodashi

Shiffa

September 2007 - March 2010 - Massage Therapist at Six Senses Sharq Village and Spa Doha , Doha, Qatar, Qatar, (5 Star Hotel Spa)

Duties included:

Responsible for main job of therapist

- Make sure the treatment room are clean, tidy and stock up
- Responsible to train new staff and new treatment to all spa therapists.
- Organize Monthly training report
- Up sale product retail

Various type of massage (Balinese Massage, Swedish Massage, Deep Tissue Massage, Oriental Massage, Thai massage, Hawaiian lomi2, Hamam, Ayurvedic treatment, Reflexology, 4 hand massage, Indian Head massage, Hot Stone massage, Cupping massage, Energizing massage)

Manicure

Pedicure

Body Scrub

Body Mask

August 2009: Received a letter appreciation of perfect attendant services at Sharq Hotel and Spa.

Products worked with:

Facial (Sodashi, Shiffa, Chatiodermie by Rene Guinot, Elemis, Decleor, Biokos Martha tilaar, Aromatherapy facial, Dermalogica)

Career Break - Traveling

May 2006 - May 2007 - Massage Therapist at Como Sambala at cocoa Island Reosrt, Maldives, Maldives, (5 Star Hotel Spa)

Duties included:

- Responsible for main job of therapist
- Make sure the treatment room are clean, tidy and stock up
- Update guest profile
- Up sale product retail
- Up sale Treatment packages

Products worked with:

Facial (Sodashi, Shiffa, Chatiodermie by Rene Guinot, Elemis, Decleor, Biokos Martha tilaar, Aromatherapy facial, Dermalogica)

Career Break - spending time with Family

December 2003 - May 2006 - Senior Therapist at Dunive Spa, Meera Island,, Maldives, (5 Star Hotel Spa)

Duties included:

- Responsible for main job of therapist
- Make sure the treatment room are clean, tidy and stock up
- Responsible to train new staff and new treatment to all spa therapists.
- Organize Monthly training report

Up sale product retail

Products worked with:

As above

May 1997 - December 2003 - Spa Supervisor/Trainer at Mandara Spa, Bali, Indonesia, (5 Star Hotel Spa)

Duties included:

- Staff Scheduling
- Train the new staff in all Mandara treatment, policy and procedure
- Training monthly Report
- Revise training manual
- Giving the refresher training to the all staff in Mandara spa outlet

March 2000 awarded Best Employee of the Month

Products worked with:

As Above

March 1996 - March 1997 - Senior Therapist at Mandara Spa, Bali, Indonesia, (5 Star Hotel Spa)

Duties included:

- Responsible for main job of therapist
- Make sure the treatment room are clean, tidy and stock up
- Sometime Helping in receptionist
- Prepare the product that need for the treatment

Products worked with:

As above

Education and Qualifications:

1997

- Certificate
- Thai Massage

1997

- Certificate
- Ayurvedic Training

1997

- Certificate
- Reiki Training

1994 Hotel and Tourism Training Institute (Focusing in Pastry and Bakery)

- Pastry and Baking

Product Training:

September 2003 **Elemis, D'cleor, Biokos Marthatilaar**

Mandara Spa Bali

The training began with skin analysis, contra indication, product knowledge, demonstration by the trainer, and hand on hand training.

September 1997

Mandara Spa, Bali

September 1997 : Given training as a trainer

Sept- Dec 1996: Train in all Massage Basic

Vocational Qualifications

Qualified in Pastry and bakery

Hobbies and Interests

music, swiming, dancing, sport and cooking

