

Curriculum Vitae

Female

D.O.B. 21 February 1986



Number of years working in industry:

17 years 5 months

Candidate ID Number: 11851

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: Spain, Ireland, Greece, Cyprus, UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Hair Stylist

Personal Statement

I have been a qualified Holistic Therapist for 1 year and have built up a cliental of 20 people, not all of them regular. Qualified in Swedish massage, Reflexology, Indian Head massage and specializing in Aromatherapy. I provide the highest standard of massage to all my clients and I am able to identify problem areas and apply therapeutic massage techniques promoting relaxation and aiding tension.

Before qualifying as a Therapist, I trained as a Hairdresser and worked in a salon for a year, building a rapport with clients and learning new skills in all aspects of hairdressing. Since I was 15 I have working in the hospitality industry, which has given me the ability to talk to people confidently and put them at ease.

My future goals are to further my knowledge in the skills that I already have and develop new ones.

Seeking work in UK, International Locations and Cruise Ships

Employment History:

August 2010 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Porthcawl, UK - United Kingdom, (High Street Salon)

Duties included:

- Identifying every clients individual needs for massage during the consultation, be it for physical or emotional
- Using patient's medical history to recognize the suitable combination of vital oils for an effective treatment
- Executing good client compassion and care
- Keeping good personal presentation and hygiene

Impeccable client confidentiality

September 2008 - August 2010 - Hair Stylist at Classic Look Salon, Porthcawl, UK - United Kingdom, (High Street

Duties included:

Straightening, styling, cutting, colouring.

Welcoming customers & talking to them about their requirements.

Providing a first class professional hairdressing services to valued clientele.

Giving homecare & also hair care advice to customers.

Conditioning, bleaching, tinting and straightening hair.

Communicating with all types of customers, listening to their needs.

Supporting other salon members with their duties.

Studying a clients facial features and then advising them on the best hair style.

Keeping the salon and equipment safe and clean.

Up selling salon products and services to meet and exceed sales targets.

Educating clients on products which could lead to sales and also client satisfaction.

Promoting re-booking and loyalty in clients

Products worked with:

Goldwell hair products and colour

Education and Qualifications:

2010 Neath Port Talbot College

NVQ level 3 national diploma in Holistic therapy

Holistic Therapy specializing in Indian Head Massage, Reflexology, Aromatherapy and Swedish Massage

2010 Afan College

NVQ Level 3 in Holistic Therapy

2004 Porthcawl Comprehensive

GCSEs, B maths, C english, C science, C art, C IT

A level, C Art

Product Training:

**August
2010**

Goldwell

Classic Look Salon

A talk explaining each product

Demonstrations of the products before use

Then experimenting with products with clients

Hobbies and Interests

I enjoy going to the gym 3-4 times a week and I attend a yoga class once a week.

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