



# Curriculum Vitae

**Female**

**D.O.B. 12 March 1992**

**Number of years working in industry:**

**5 years 3 months**

**Candidate ID Number:** 118348

**Nationality:** American

**Language Skills:**

Fluent: English

Basic: American Sign Language, Spanish

**Permitted to work in:** USA - United States

**Position Sought:** Spa Manager, Treatment Manager / Spa Trainer, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Yoga / Pilates Teacher, Acupuncturist

## Personal Statement

My mind is organized and creative. I have the ability to handle large loads of work successfully. As an employee I am interested in supporting a team environment, will be on time and work hard.

Overall I view my purpose in life is to integrate ancient medical systems to support better quality of life for as many people as possible. Eventually I envision investing in land to create a slice of Heaven on Earth for wellness retreats.

Seeking work in national and international locations

## Employment History:

**October 2019 - October 2021 - Acupuncturist** at (most recent employer hidden for confidentiality) Bend, OR, USA - United States, (Hospital / Medical Clinic)

### Duties included:

Intake a new client, determine Chinese medical diagnosis and treatment plan.

Handle up to 12 clients a day. Keep digital records of treatments for insurance companies. Occasionally schedule or check clients in/out.

Worked in a team with other acupuncturists, massage therapists, etc.

### Products worked with:

We mainly worked with evergreen Chinese herbs.

### Career Break - Traveling

**December 2017 - September 2018 - Acupuncture Physician** at One World Spa, Azamara Quest- South America to the Mediterranean, (Cruise Ship)

### Duties included:

Perform daily seminars for marketing. Give tours and free tongue diagnosis on embarkation day.

Intake a new client, determine Chinese medical diagnosis and treatment plan, including cupping and prescribed Chinese herbs.

Handle up to 10 clients a day. Keep written records of treatments.

(I treated over 1,000 people in 7 months from over 30 countries, also with translators. Was determined to be a top earning Acupuncturist)

Worked in a team with massage therapists, personal trainer and beauty practitioners.

#### **Products worked with:**

Elemis products, Jao Herbs

#### **Career Break - Training - industry-related**

**March 2016 - August 2017 - Acupuncture Intern** at World Medicine Institute Clinic, Honolulu, Hawaii, USA - United States, (College)

#### **Duties included:**

Intake a new client, determine chinese medical diagnosis and treatment plan.

Handle up to 8 clients a day.

Take written records of the points and products used during treatment.

Make custom herbal formuals for patients.

#### **Products worked with:**

Raw Chinese Herbs

#### **Education and Qualifications:**

##### **2022 Himalayan Yoga Institute Ghattu Ghat, Rishikesh, India**

200 Hour Yoga Teacher Training

Yoga Teacher Training

Ashtanga and Hatha speciality

Experienc in alignment and philosophy.

##### **2017 World Medicine Institute Honolulu, Hawaii, USA**

Masters Degree in Acupuncture and Oriental Medicine

My specialty is trauma.

Including physical traumas such as car accidents, back/knee pain, migraines

and emtional trauma such as anxiety, depression, ptsd, etc.

##### **2017 World Medicine Istitute**

Pass for all NCCAOM Exams including:

Chinese Medical theory

Acupuncture point location

Biomedicine

Herbal Medicine

(Have had 120 hour of continuing education in- pediatrics, trigger points, ligamentous prolo acupuncture, kinetic acupuncture, auricular, etc.)

##### **2014 Utah State University**

Bachelors Degree

Major: Psychology

Minor: Business

## **Product Training:**

**January 2018      Elemis product training.**

California, USA

Elemis product overview

## **Vocational Qualifications**

- Shamanic Permaculture Design Certificate
- from Paititi Institute in Sacred Valley, Peru
- TEFL Certification (to teach English as a foreign language)
- from ITT International (Online)

## **Hobbies and Interests**

- Hiking to work my lower body.
- Kayaking for my upper body.
- I love to dance, read, write, garden, etc.
- Enjoy learning language and meeting new people.

CV created at [www.spastaff.com](http://www.spastaff.com)

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