

Curriculum Vitae

Female

D.O.B. 08 January 1987

Number of years working in industry:

19 years 8 months



Candidate ID Number: 11424

Nationality: Scottish, British

Language Skills:

Fluent: English

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Assistant Manager, Head Therapist, Senior Therapist, Skin Clinic Therapist

Personal Statement

I have been very interested in the Beauty industry since I first began work experience at a Beauty salon back in 2002. I have now built my knowledge and skills to further my career. Working on the cruise ships gave me the opportunity to travel to different locations worldwide and meet many people, as well as gaining experience of Spa life onboard a ship. I have developed a good understanding of the Beauty industry while working in various different styles of salons.

From the cruise ships other doors opened for me and I was grateful to be given the opportunity to go and work on the beautiful island of Bermuda. I lived here for two and a half years, working for the well known hotel chain, Fairmont, in a luxurious 5 star resort. Here I performed relaxing spa treatments for both local guests and visitors to the hotel.

After my time in Bermuda I decided to go travelling. I took a career break during this time and headed to India, where I attended a yoga school up in the Himalayan mountains. I was here for 6 weeks and gained a certificate in teacher training, something I practise regularly myself. I then travelled to Thailand spending a month backpacking here, before finishing my travels off in New Zealand.

I am still currently residing in New Zealand working in an amazing skin care clinic. I have been here for 2 years - taking 10months in between visa to go home to Scotland where I worked in a medical clinic.

My goals right now are to further my skills with more training. I am very ambitious and I want to be the best that I can be. I also have a keen interest in Health and Nutrition and attend regular online courses to widen my knowledge.

Employment History:

June 2015 - Present - Skin Clinic Therapist at (most recent employer hidden for confidentiality) Auckland, New Zealand, (Skin Clinic)

Duties included:

These award winning Skin Care clinics are located in the city of Auckland. There are seven clinics with over 60 staff members from all over the world. As an employee here we were given extensive training regularly to keep us up to date with product knowledge and treatments. We were given constant training in retail and services and we attended regular workshops so every staff member was up to date with special offers and promotions. We specialised in advanced skincare treatments ranging from Omnilux light therapy to skin needling and laser facials. I worked hard during this role to progress quickly to the more advanced treatments. Prior to leaving this position I was fully booked with About Faces' signature facial the 'Power of Three', this treatment could really be tailored to a clients' skin type and concerns and included 3 of our advanced technologies - either a microdermabrasion or a peel, followed by an Omnilux light and finishing off with an infusion of vitamins into the skin. This treatment has been proven to be rather popular and has won many beauty awards over the years. During my time here I managed to build up a loyal clientele who would rebook with me regularly, often with the clinic being pre-booked for up to 6 weeks at a time, especially on late nights and weekends.

We kept thorough notes on each client and it was essential that every therapist kept up to date with client histories. We were also expected to keep track of our sales performance as well as hitting weekly retail and KPI targets which was never a problem for me.

I have recently trained in IPL hair removal, Clear and Brilliant Laser Skin Treatments and Collagen Induction Therapy. My next step will be IPL Skin Rejuvenation, Advanced Skin Theory Course and Paramedical Peels.

I very much enjoy my job here, I love working with the skin it is something I am very passionate about.

Products worked with:

- Environ
- Priori
- Ultraceuticals
- Clarins
- Pure Fiji
- Brow Gal
- Coola

June 2016 - February 2017 - Skin Clinic Therapist at Dermal Clinic, Edinburgh, UK - United Kingdom, (Skin Clinic)

Duties included:

I returned to Scotland in between visa's for New Zealand for 10 months.

During this time I worked in my countries capital city of Edinburgh.

This was a medical aesthetic clinic which offered a range of cosmetic treatments including botox/fillers, Dermal Rolling, Exillis Radiofrequency, Laser Hair Removal, Tattoo Removal and Skin Rejuvenation, Skin Peels and Skin Analysis with Visia Scanner.

Our most popular treatment was the Alevere body contouring and weight loss programme. This was a medically formulated diet which was monitored by doctors. Patients would come in for weekly ultrasound treatments to breakdown the fat cells, then have a mechanical massage to contour the body and assist with lymphatic drainage.

This was an interesting time for me here I gained a wealth of knowledge in more advanced treatments and also weight loss treatments and nutrition.

I returned to New Zealand in February 2017 and to About Face.

Products worked with:

Environ

Alevere Weight Loss Programme

Advanced Nutrition Supplements

June 2012 - October 2014 - Beauty Therapist at Willow Stream Spa, Southampton, Bermuda, (Day Spa)

Duties included:

I worked as a Beauty and Spa Therapist at the Willowstream Spa. This beautiful Spa is based in a 5 star hotel on the island of Bermuda.

I performed a wide range of treatments including massage, body wraps, body scrubs, bath treatments, 'Vichy' shower treatments, manicures, pedicures, some waxing and tinting.

I worked here for just over 2 years.

Products worked with:

Kerstin Florian Skincare Products

Organic Male

Career Break - Travelling and Training courses in Yoga and Skincare

February 2010 - June 2012 - Senior Therapist at Mary Jeffreys Spa and Beauty Therapy, Dumfries, UK - United

Kingdom, (Cruise Ship)

Duties included:

I worked at this busy and reputable salon taking a 6 months out in between to take on a contract onboard the cruise ships. This is one of the longest standing salons in my local town and has a good reputation with the locals providing us with loyal customers. I very much enjoyed my work here.

I managed to build up a busy column of loyal clients performing a wide range of treatments from waxing and eye lash tinting to massage and facials. We have regular training sessions with reps from the product companies to keep our skills up to date.

Products worked with:

ESPA - level 1

Dermologica - level 1 & 2

Jessica Nails

Jane Iredale

CACI

Environ

June 2011 - November 2011 - Beauty Therapist at Canyon Ranch Spa Club, At Sea, (Cruise Ship)

Duties included:

I worked as an Esthetician for Canyon Ranch Spa Club onboard the luxurious Oceania Insignia. This is my second contract on the ship and Canyon Ranch has taken over the spas onboard.

Previous to joining the ship I attended a one week training course at Canyon Ranch headquarters in Tuscon, Arizona, where I learned the treatments and gained a certificate in Environ Skin Care. Working onboard was both exciting and challenging for me as I had to promote my treatments and products in order to book guests in. I did this by performing seminars about skin care to help educate and encourage people to look after their skin.

As part of the job I had to also work towards hitting my retail and service targets which was never a problem for me.

When I finished my contract here I went straight back to work for Mary Jeffreys Spa and Beauty Therapy, I then went to work in Bermuda.

Products worked with:

Environ Skin Care

Hourglass Make - Up

Oxygen Facial

Canyon Ranch Products

February 2005 - June 2009 - Beauty Therapist at House of Beauty, Dumfries, UK - United Kingdom, (High Street Salon)

Duties included:

I worked at House of Beauty for 3 years during which, I attended Dumfries and Galloway College. This is a busy salon, where I was able to improve my skills in all aspects of the job. I was also given hands on training with some of the senior members of staff who managed to pass on their skills and knowledge to me which I found extremely helpful during my training. Whilst working here I performed a range of treatments on the clients, including waxing, manicures, pedicures, eye lash tinting and perming, massage, false nails, spray tanning, manual tanning, Indian head massage and body scrubs.

Products worked with:

Elemis

MD Formulations

October 2008 - June 2009 - Trainee Beauty Therapist at Steiner, Oceania Cruises, Worldwide, (Cruise Ship)

Duties included:

I worked for Steiner Transocean for a period of eight months as a beauty therapist, onboard the luxurious Oceania Insignia.

My main role onboard was as an Ionithermist, which consisted of a detoxifying body treatment called Ionithermie. As the sole Ionithermist, I was responsible for carrying out all treatments on clients, as well as leading thirty minute seminars twice weekly, to educate the guests on board about detoxification. These seminars included information about nutrition and exercise for a healthy lifestyle

During this time, I worked closely with the fitness instructor. We regularly performed joint seminars, and worked closely with guests, designing lifestyle plans. These plans helped guests reach their goals, by giving them detailed advice on healthy living, weight loss plans, exercise routines and detoxification to suit their own lifestyle.

A substantial part of my job onboard was to sell the products I used in the spa. I consider it important to encourage my guests to continue using their lifestyle plans once they have left the ship. By selling the products I use on guests, I feel that I am able to make a long term difference to people's lifestyles.

I also performed massage and facial treatments onboard the ship. This meant I had a busy column and was fully booked most days.

The products we worked with onboard were Elemis, Ionithermie, La Therapie, Steiner Hair Care, and Essie nail products. All staff had to have a brief knowledge of all the products sold onboard. I did a training course prior to my time on the ship where studied Elemis and Ionithermie.

Products worked with:

Elemis Level 1 & 2

Ionithermie

La Therapie

Career Break - Job hunting

Education and Qualifications:

2008 Dumfries College

NC, HNC, & HND

Beauty Therapy

2004 Lockerbie Academy

English 2

Art 3

Biology 3

Mod Stud 3

Admin 3

Maths 3

French 4

Product Training:

August 2015

Ultraceuticals

Auckland, New Zealand

2 day training course in products and treatments. Including use of the sonophoresis machine.

June 2015 Environ

Auckland, New Zealand

Refresher course in Environ treatments and products including use of the Environ DF machine

June 2015 Priori

2 day training course Auckland, New Zealand

Training in Priori facials and skin peels

June 2012 Kerstin Florian

Willowstream Spa, Bermuda

5 day intensive course in treatment procedures for facials, as well as theory knowledge of products.

June 2011 Environ, Hourglass Make-Up, Canyon Ranch Products

Canyon Ranch Spa Club, Arizona, USA

Week long training at Canyon Ranch headquarters in preparation for cruise ship work. Facial treatments including Oxygen Facial and Environ DF machine. Theory in all products.

May 2010 ESPA

Gleneagles Hotel, Scotland

1 weeks training including product knowledge and performing treatments such as facials, scrubs, wraps, body massage

October 2009 Elemis

London, Steiner Academy

2 weeks training course prior to working onboard Oceania Insignia.

Learned about the products and treatments.

Week 1 - Facials Treatments

Week 2 - Body Treatments

Vocational Qualifications

Customers Services

Customer Skills

Yoga Teacher Training Certificate

Nutrition Courses Online (ongoing)

Lifetime member of The Shaw Academy (online training company)

Hobbies and Interests

I enjoy keeping fit by going to the gym and swimming.

I enjoy seeing friends and family, going out for meals, cinema, bowling etc.

I enjoy travelling and seeing different places.

CV created at www.spastaff.com

