

# Curriculum Vitae

**Female**

**D.O.B. 09 July 1988**

**Number of years working in industry: 17 years 0 months**

**Candidate ID Number:** 11405

**Nationality:** British

**Language Skills:**

Fluent: English

Good: French

Basic: German

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist, Receptionist, sports therapist

## **Personal Statement**

I am a very hard working individual who can work within a team aswel. im very motivated and aim for the best in everything i do. i have 5 years experience working as part of a football club. Im very happy and always smiling

Seeking work in Cornwall, UK.

## **Employment History:**

**June 2010 - Present - sports therapist** at (most recent employer hidden for confidentiality) St Blazey, cornwall, UK - United Kingdom, (Health Club)

### **Duties included:**

Sports therapist for a football club,

pre event massage

post event massage

match day treatment

training day treatment

injury treatment

rehab

deep tissue massage

ultrasound

g5

infra red

lymphatic drainage

relaxation massage

plus many more treatments

**February 2009 - Present - Circuit coach** at Curves, St Austell, Cornwall, UK - United Kingdom, (Health Club)

**Duties included:**

instruct members in the curves circuit

encourage

fitness assessments

weigh and measures

set goals

motivate

carry out induction

CLE training

**Products worked with:**

Curves Smart

**Education and Qualifications:****2008**

level 2

Level 2 gym instructor

**2008 University of Plymouth**

Foundation degree in Science - Sports therapy

**2006 Duchy college**

Btec National Diploma in Sport - Distinction, Distinction, Merit

**Vocational Qualifications**

first aid

nail enhancements

pedicure

manicure

**Hobbies and Interests**

football

socialising

keeping fit

CV created at [www.spastaff.com](http://www.spastaff.com)