

# Curriculum Vitae

**Female**

**D.O.B. 01 April 1985**

**Number of years working in industry: 7 years 5 months**

**Candidate ID Number:** 11272

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish

**Permitted to work in:** Norway, Jersey, Italy, Isle of Man, Greece, Guernsey, Germany, France, UK - United Kingdom, Portugal, Spain

**Position Sought:** Spa Manager, Spa Co-ordinator, Assistant Manager, Treatment Manager / Spa Trainer

## Personal Statement

I am very ambitious, hard working and positive about my management role within the spa and beauty. With over seven years of experience working in award winning spas I have developed the necessary skills to successfully lead and manage a spa and its team. With the added bonus of my exceptional skills and abilities as a therapist I believe that I would be of great value to your business. My friendly, kind and honest personality allows others to feel that they can approach me at all times and I thoroughly enjoy working as part of a team and have excellent communication skills. That said, I am also self motivated and able to work confidently as an individual.

My consistent high standard of treatments, client care and commitment to the beauty industry has recently been recognized and I was awarded UK's 'Therapist of the Year' 2008 at the Professional Beauty Awards in London. This has lead to many successful opportunities, the most recent working as a personal therapist to an 'A list' Hollywood film actor and his team during the summer of 2009.

Seeking work in UK,USA, Australia and other International Locations.

## Employment History:

**October 2010 - January 2011 - Retail Professional** at (most recent employer hidden for confidentiality)  
Carmarthen, UK - United Kingdom, (High Street Store)

### Duties included:

Beauty consultant for Estee Lauder.

Duties include:

\*Provide a detailed consultation to an individual regarding various beauty treatments for their skin

\*introduce clients to products

\*Demonstrate their use and explain their benefits

\*Ensure a high standard of professionalism and provide excellent client care/service at all times

\*Ensure that the counter looks presentable and fully stocked

**Products worked with:**

Estee Lauder

**January 2010 - October 2010 - Senior Therapist** at La Residencia, Deia, Mallorca, Spain, (5 Star Hotel Spa)

**Duties included:**

Carry out detailed consultations.

Provide quality treatments and a professional service at all times.

Promote the Spa by introducing clients to new treatments and products.

Reception duties include - bookings, cash handling, opening and closing of Spa.

Attend 'cocktail' evenings - opportunity to promote the Spa through socialising with guests.

**Products worked with:**

Aromatherapy associates

**Career Break** - Training - industry-related

**April 2009 - April 2010 - College Tutor** at Pembrokeshire College, Pembrokeshire, UK - United Kingdom, (College)

**Duties included:**

Planning and Delivering Level 3 Diploma in Hot and Cold Stone Therapy to Graduate Students.

**Products worked with:**

Hot and Cold Stone Therapy

**April 2006 - April 2009 - Senior Therapist** at St Brides Spa Hotel, Pembrokeshire, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Duties: To conduct the full range of treatments. Ensure a high standard of professionalism and excellent client care. Deal with customers and general day to day enquiries. Liaising with management in daily morning meetings. Leading a team of spa therapists and conducting regular training sessions in treatments, product knowledge and sales. Organizing weekly rota's, holidays and stock take.

**Products worked with:**

See Product Training

**Career Break** - Training - industry-related

**April 2005 - April 2006 - Beauty Therapist** at Celtic Manor Resort, Wales, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Duties: Perform all Spa treatments and provide appropriate homecare advice to all clients. Setting up and organizing the spa. Dealing with general customer enquires. Promoting events for the spa as well as the hotel throughout the United Kingdom.

**Products worked with:**

See Product Training

**April 2004 - December 2004 - Beauty Therapist** at Ragdale Hall Health hydro, Melton Mowbray, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Duties: Perform Spa treatments and provide excellent client service.

**Products worked with:**

See Product List

**April 2003 - April 2004 - Beauty Therapist** at Panacea Beauty Salon, Lampeter, UK - United Kingdom, (High Street Salon)

**Duties included:**

Duties: Perform Spa treatments and provide excellent client service.

**Products worked with:**

See Product List

**Education and Qualifications:**

**2009 TMC - Thai massage school in Chiang Mai, Thailand**

Diploma level 5

Thai massage

**2007 La Stone Therapy**

La Stone Therapy

**2009 Pembrokeshire College**

2007-2009 - PCET - teachers training course

2001-2004 - NVQ level 3 in Beauty Therapy

**Product Training:**

<b>January 2006</b>	<b>COMFORTZONE La STONE THERAPY ALGOTHERM La THERAPIE, Paris PAYOT, Paris CLARINS, Paris NAILTIQUES ELEMIS, spa therapy JESSICA nails ST. TROPEZ</b>
	Various locations

**Vocational Qualifications**

PCET - Teachers training course.

- Charity events; RNLI fun run 5 miles
- Languages – Fluent welsh speaker
- Computer Skills – Microsoft word, Excel, PowerPoint.

## Hobbies and Interests

Living in beautiful West Wales I enjoy nothing more than exploring the country and coast. My main hobbies include walking, kayaking and pistol shooting. However, I love adventurous sports that get my heart racing: skydiving, rafting, bungee jumping etc.

I am always up for a good laugh and enjoy new experiences!

CV created at [www.spastaff.com](http://www.spastaff.com)

