

Curriculum Vitae

Female

D.O.B. 11 March 1971

Number of years working in industry: 24 years 1 month

Candidate ID Number: 11214

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Practitioner

Personal Statement

My goal is to work within a luxury spa offering my holistic/spa therapy skills. I am passionate in my work and offer the highest level of professionalism at all times.

My current aim is to add ITEC Beauty Therapy to my resume which, I hope will increase my ability to work within the Health and Beauty industry.

I am a caring, confident and successful individual and I am looking forward to finding a suitable position in a location where my skills will be allowed to shine.

Employment History:

September 2009 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Leeds, West Yorkshire, UK - United Kingdom, (Hotel Spa)

Duties included:

As self employed I offer a full range of holistic treatments such as

Aromatherapy, Reflexology, Indian head massage and Reiki. As a Reiki master I offer level one and two courses.

I am also responsible for all aspects of self employment from marketing, booking appointments, cash handling and book keeping.

Products worked with:

At present as I am self employed I prefer to buy quality essential oils which are sourced locally.

I then take a client consultation and from there blend the appropriate oils to suit my individual clients needs.

Career Break - Job hunting

July 2008 - March 2009 - Complementary Practitioner at Self employed, Luxor, Egypt, (Hotel Spa)

Duties included:

I developed a Bedouin tent style treatment area inside the hotel complex, working closely with management we designed leaflets to promote the therapy area.

I was responsible for booking appointments and performing each treatment. I performed Aromatherapy, Indian head massage, Reflexology and Reiki.

Products worked with:

As a self employed therapist I prefer to work with locally sourced essential oils, which are then blended to compliment individual clients.

September 2007 - May 2008 - Complementary Practitioner at Yin Yang, Glastonbury, UK - United Kingdom, (High Street Store)

Duties included:

Yin Yang is a small family owned business in Glastonbury and carries a wide range of healing crystals and jewelery, it also has a treatment area so I was responsible for retail sales, customer service, and cash handling.

I also performed holistic therapies such as Aromatherapy/Swedish massage and Reiki.

Products worked with:

I worked with essential oils blended to suit each individual client and the oils were all locally sourced.

March 2006 - August 2007 - Massage Therapist at Waterfall Spa, leeds, UK - United Kingdom, (Day Spa)

Duties included:

I performed Aromatherapy/Swedish massage, Hot stone therapy, body wraps and srubs and also worked within the Rasoul chamber with cleansing mud and steam treatments.

March 2004 - January 2006 - Spa Consultant at Steiner Ltd, Alaska, USA - United States, (Cruise Ship)

Duties included:

My main duties included Aromatheapy/Swedish massage, Reflexolgy, Reiki, Hot Stones, Body wraps and srubs and Hawaian Lomi Lomi.

Products worked with:

Elemis

January 2002 - February 2004 - Massage Therapist at U4EA, leeds, UK - United Kingdom, (High Street Store)

Duties included:

Duties included Aromatherapy/Swedish Massage, Reflexology, Reiki, Body wraps and scrubs,

I was also required to take appointments, payments via cash and card and responsible for opening and closing the store.

Products worked with:

Dermalogica

Education and Qualifications:

2010 Isis Therapy Training Centre

Diploma

Reiki Master

Thai seated massage

2003 Leeds Central collage of Health and Beauty

Diploma

VTCT Complementary Therapy including Aromatherapy, Reflexology, Indian head massage, Reiki

2001 Leeds Central College of Health and Beauty

Diploma

ITEC Anatomy, physiology and body massage

1988 Lawnswood High School

English, Human Biology, Maths, Art, Geography

Product Training:

May 2006 Elemis

Steiner Ltd training academy, London

Before embarking on the first cruise ship I spent eight weeks in London learning all about Elemis products, I needed to have a good understanding of each product so each treatment could be performed and the client would then receive excellent after care advice. I also received some basic training in seminars, sales and new massage techniques.

**February
2002**

Dermalogica

Leeds College of Health and Beauty

I was trained to use Dermalogica during my time at College.

Vocational Qualifications

I have a certificate for level one and two Interior Design

I have a diploma in level one Colour Therapy

I have attended adult education classes to study Art and Photography

Hobbies and Interests

I enjoy Yoga, Swimming, Pilates, Drawing and Photography.

CV created at www.spastaff.com

