

Curriculum Vitae

Female

D.O.B. 15 November 1982

Number of years working in industry: 16 years 6 months

Candidate ID Number: 11195

Nationality: Filipino

Language Skills:

Fluent: English

Good: chinese mandarin

Permitted to work in: Philippines, UAE - United Arab Emirates

Position Sought: Assistant Manager, Head Therapist, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist

Personal Statement

To be able to share my God given knowledge and skills and develop more to reach the pinnacle of success. i am a very focused, go getter person and a team player

Seeking work in international locations and cruise ships

Employment History:

March 2021 - Present - Beauty Therapist at (most recent employer hidden for confidentiality) Dubai , UAE - United Arab Emirates, (Skin Clinic)

Duties included:

Performs different kinds of massage such as lymphatic, slimming, cellulite, sports, deep tissue Use advance slimming and Facial machines such as Radio Frequency, Vacuum Therapy, Neurotris Electro Stimulation, Morpheus and Forma, Ibeauty by Thalgo, LED Light, Dermabrasion, etc Knowledge in DMK, Thalgo and Environ body and Facial protocols Assists the Head Skin Therapist during her treatments Multi task in the reception area as needed when the staff is not around

March 2018 - Present - Senior Spa Therapist at cleopatra spa, Dubai, UAE - United Arab Emirates, (Day Spa)

Duties included:

Performs modalities like massages, facials and hammam. Trained with luxury spa brands such as ELEMIS, NEOM ORGANIC, NATURA BISSE, HYDROPEPTIDE, MORJANA and HAMMAMI. Maintaining equipment and inventory of products. Acknowledging and responding to relevant queries, needs and expectations. Adhere hygiene standards and follow health and safety regulations for COVID 19 Preventions. Suggest and promote retail products or additional services. Cooperate with and report on administration on any arising issues. Uphold hygiene standards and follow health and safety regulations. Cooperate with and report on administration on any arising issues. Apply best practices and be up to date with market trends.

February 2015 - February 2018 - aesthetician/manager at clessidra spa, Dubai, UAE - United Arab Emirates, (Skin Clinic)

Duties included:

Job Description as the Operations in Charge :

Responsible for the sales and administrative and reception functions of the clinic. knowledgeable with the Slimming & Beauty Programs and the appliances used for treatment in the centres and make constant effort to update knowledge on products and services being offered by the company. To ensure office discipline cleanliness, professional ethics & healthy atmosphere. To delegate the work appropriately to all other departments, functioning in the center and obtain a daily feedback from other staff. Provide motivation to the staffs and assign targets for each staff member to achieve the desired results, target sales as well as to improve their performance, efficiency and customer care. Interact with all booked and prospective clients to maintain customer relation & satisfaction, to develop & expand a loyal set of customers for Vibes. To ensure that all the customer complaints are promptly attended at the center level. Prepare roster for all the staffs. Process the applications and cancellations of staffs' visa. Responsible as direct contact for all product suppliers and marketing events for the center Handles the recruitment, interviews and decisions for new associates.

AS AESTHETICIAN:

Does lifestyle consultation for clients and help them set up and follow a specific weight loss plan to suit individual needs and goals, discuss eating habits and select an established diet plan, as well as an exercise routine, to reach the goals. Use Electro-therapy slimming machine in conjunction with a dietary program. This machinery causes the muscles to contract involuntarily, which basically stimulates exercise, thereby toning the muscle. Use LPG machine which is good to break down and contour the cellulites caused by poor eating habit, poor lifestyle and lack of exercise. Use Ultra Cavitation machine that is an alternative to liposuction, offering a way to reduce general and localized cellulite, body volume due to retention of water and also localized fat areas. Does lymphatic drainage, slimming and relaxing massage that is good and mainly relatively good for a fast and better result. Does all kinds of facials, micro dermabrasion, Mesotherapy, peelings and ultra sound therapy.

February 2013 - February 2015 - Senior Therapist at Sensasia Urban Spa, Dubai, UAE - United Arab Emirates, (Day Spa)

Duties included:

Performs all kinds of spa modalities such as Balinese, Thai massage, Pregnancy massage, Foot , Hot stone , Deep Tissue, herbal pouch, slimming massage, Elemis Ionethermie, Elemis body scrubs and body wraps, Elemis Detox and Colon Therapy, Elemis Facials and Evelom Facials, Mama Mio body treatments like Boot camp for tummy and butt sand pregnancies treatment, anticellulite and lymphatic massage. Follows the standards sets by spa trainor maintaining with regards to having the highest possible expectations and results from the clients. Delivering the best results for every treatment given to the clients and having the desire of always learning something new which is beneficial not only for the company but vice versa.

March 2011 - September 2012 - Spa Therapist at Saray Spa marriott Marquis, doha, Qatar, (5 Star Hotel Spa)

Duties included:

To maintain inventory of supplies for the operations of the treatment rooms. Maintain cleanliness and attention to detail in treatment room throughout shift. To attend spa meetings. To assist and perform in various demonstrations and events. To maintain a high standard of appearance and personal hygiene as outlined by the Spa Manager. Must attend all training courses as deemed necessary, and must adhere to trainings as outlined by the Spa Manager. Must have the ability to courteously interact with guests and answer all Spa and hotel related questions. Perform all treatments to the highest standards. Assist in all areas of the spa as and when necessary, e.g. Relaxation area and reception. To recognize the importance of "sales" in every aspect of their role and be responsible for achieving sales targets as set by the Spa Manager. Performs all kinds of massages, facials and body treatments specifically customize to Saray Spa's standard.

January 2009 - February 2011 - Head Therapist at Hilton RAs Al Khaimah, Dubai, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

Performs massages such as Swedish, Sports, Deep Tissue, Pregnancy, shiatsu, Thai Foot Reflexology, Aroma Therapy, Hot Oil, Balinese Flair, Oriental Elegance, Body Wraps, Body Exfoliation, Royal Hammam and Facials. To maintain a high customer service focus by approaching the job with the customers always in mind and being in a timely manner towards their needs and requests as a detailed in the Hilton Worldwide Resorts Credo. Performs all kinds of body treatments such as massages, facials and body wraps. To be fully familiar with the Hilton Brand Service Standards and to follow these standards of service as they apply to the department. To be fully aware of current and future services offered by the resort and to make suggestions for improvement, expansion or creation of new service. To have a thorough knowledge of Health, Spa and fitness departments as well as other applicable services offered by the resort. To organize and perform Beauty Therapy Treatments in rooms set up to the Hilton Standards as detailed in the Departmental Operation Manual. To confidently recommend and sell additional treatments to guests, to try to rebook them where ever possible. To ensure the treatment rooms are clean, well stock up and are properly set up prior to commencing the treatments. To coordinate with Spa Reception and health club to ensure a smooth booking procedure.

Education and Qualifications:

2016 SEMINARS AND TRAINING'S ATTENDED

enrolled in Healing Zone Academy as of this moment for CIBTAC exam on April 2022

- Oct, 2004 : Posture and Personality Development
- Oct, 2004 : Acupressure Massage and Lymphatic Drainage
- July, 2006 : Swedish Massage, Thai Foot, Ingham Foot Method
- August, 2006 : Decleor Facial and Body Treatments
- August, 2006 : Aromatherapy
- September, 2006 : Decleor Facial and Body Treatments
- September, 2006 : Comfort Zone Facial and Body Treatments
- December, 2006 : Namikoshi Shiatsu
- October , 2007 : Wellness Summit, Sofitel Hotel Manila
- January, 2007 : Jade and Hot Stone Therapy
- May, 2009 : Sothys Body and Face Treatments
- April, 2009 : Spirit of Hilton and Its Standard Mastering The Art of Service
- June 4, 2011 : Marriott Great Food, Safe Food Training
- July 27, 2011 : Food Allergen Course-Module 1-4
- September, 2011 : Phytomer Training in Facials, Body Treatments and Retails
- October, 2011 : First Aid Training
- October, 2011 : June Jacobs Training in Facials, Body Treatments and Retails
- November, 2011 : Universal Lab Training in Body Treatments and Retails
- November, 2012 ; Hommage Facials and Massage
- August 2013 : Evelom Facials
- August 2013 : Mama Mio Pregnancy and Bootcamp for butts and tummy
- September 2013 : Elemis Ionethermie
- February 2014 : Elemis Facials, Detox and Colon Therapy
- March 2015 : Nimue and Simone Mahler Facial Training
- October 2015 : PH Formula Workshop
- February 2016 : LPG MACHINE Training

1999 EMILIO AGUINALDO COLLEGE MANILA, PHILIPPINES 1999

Diploma

GRADUATE OF B.S. PHYSICAL THERAPY

2022 Healing Zone Academy

currently enrolled for CIBTAC exam on April 2022

2000 emilio aguinaldo college

BS Physical Therapy

Product Training:

April 2021 thalgo, dmk and environ

dubai

November 2020 natura bisse

dubai under luxuria

facial treatments

March 2018 elemis, natura bisse,

trained in dubai cleopatra spa

elemis products for body, ionethermie and elemis products for face and body: elemis facials

Vocational Qualifications

good with computer skills

Hobbies and Interests

reading, law of attraction believer

CV created at www.spastaff.com

