

# Curriculum Vitae

Male

D.O.B. 17 February 1968

Number of years working in industry:

18 years 10 months



**Candidate ID Number:** 11170

**Nationality:** Latvian

**Language Skills:**

Fluent: Latvian, Russian

Good: English

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Massage Therapist

## Personal Statement

I am trained in several massage styles. I have good communication abilities and skills to learn and obtain good results. I am honest and I do exactly and carefully my work. I can quickly accept decisions, to take responsibility, to work in a team.

I have completed course of Complementary and Alternative Therapies in ITEC (London) Training Centre - SPA School in Latvia.

In future I would like to work in the SPA industry, where I would be able to develop and complete my existent knowledge and skills.

At present I am Latvia, but I'm ready to go where it is necessary.

Seeking work in international locations.

## Employment History:

**April 2009 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Jurmala, Bulduri, Latvia, (Day Spa)

### Duties included:

I do Classic massage, Swedish massage, Sport massage, aroma massage, chocolate massage, hot stone massage, destress-massage, detox- massage, thai foot massage, reflexology foot massage, lymph drainage massage, anti-celullite massage, ""Sothys"" Orient Essences Ceremony and Hanakasumi body ritual

**April 2010 - May 2010 - Massage Therapist** at Turan Prince World Hotel, Kizilagac, Turkey, (5 Star Hotel Spa)

### Duties included:

Classical European massage, Sport massage, Deep Tissue Massage, aroma massage, chocolate massage, hot stone massage, destress-massage, thai foot massage, reflexology foot massage, anti-celullite massage, Turkish steam bath Hammam

**March 2007 - March 2009 - Massage Therapist** at Self Employed, Latvia, Latvia, (Home/Mobile)

**Duties included:**

Classical European massage, Sport massage, Deep Tissue Massage, mioestuctural massage(Spanish massage technique, Enriqe Garsia) aroma massage, hot stone massage, distress-massage, thai massage, thai foot massage, reflexology foot massage, lymph drainage massage, anti-celullite massage

**Education and Qualifications:****2009 ITEC (London) Training Centre - SPA School 31 Elizabetes street, Riga (Latvia)**

Certificate in Complementary and Alternative Therapies

Professional Conduct & Business Awarness, Introduction to Anatomy & Physiology, Introduction to Massage Techniques, Classic massage, Aroma Massage, Reflex Zone Therapy, Understanding of Nutrition

**1986 Riga Secondary School, Latvia****Vocational Qualifications**

Good command of Windows XP operating system and internet explorer

**Hobbies and Interests**

Spare time I doing free style wrestling, likes to travel, interested in books on esoteric and philosophy.

CV created at [www.spastaff.com](http://www.spastaff.com)

