

Curriculum Vitae

Female

Number of years working in industry: 21 years 9 months

Candidate ID Number: 11118

Nationality: British

Language Skills:

Fluent: English

Basic: Swahili, French

Permitted to work in: Greece, UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

I consider myself to be: a empathetic, sympathetic very perceptive person. I am also a good listener and good counsellor

I care a great deal about the welfare of others - as I also do animals.

My life goals are to work hard as a massage work therapist. To bring wellbeing to others - by the power of touch.

Seeking work in Wiltshire or London, UK and open to international opportunities.

Employment History:

May 2004 - Present - Massage Therapist at (most recent employer hidden for confidentiality) WILTSHIRE, UK - United Kingdom, (Day Spa)

Duties included:

In Hong Kong I worked at for a spa attached to Repulse Bay. It was very exclusive and worked here with Elemis products.. The treatments were excellent and the facilities of the Spa very good indeed. Here I was solely a massage therapist. The oils were preblended. Much massage was done on pregnant ladies

For Leisure Plan I have worked all over UK - and for a two week period in Portugal. Leisure Plan calls on one for weekend work at different hotels all over the United Kingdom. On does not look holistically at the Clients and is expected to perform back to back massage.

Leisure Plan also put me on courses to update my skills - these included body wraps, body scrubs etc. For this they used their own products. For Massage I used my own essential oils made by Charles Wells. The oils were not blended up individually.

I performed Hopi Ear treatments for Leisure Plan and Indian Head massage, Swedish massage, remedial massage, aromatherapy massage and body scrubs and hot stone therapy

In Wiltshire I work within an Osteopath. I work very holistically. For the most part I am using LaStone therapy (particular in cases of severe pain) and aromatherapy massage. I blend up oils individually after taking case notes

I have also worked in a Hospice based in Cheam

Products worked with:

Elemis, Charles Wells Essential Oils, Indocean

Education and Qualifications:

2001 Raworth College of Natural Therapies

ITEC Diploma

Holistic Massage Therapy

1993 Bretlands Beauty Training College

FACIAL Massage - Diploma

1991 Raworth College of Natural Therapies, Bretlands Beauty Training Centre, LaStone Stratford on Avon, Panchakaram Institute in Kerala India

Anatomy and Physiology ITEC, Gained a Diploma

Counselling ITEC

Therapeutic Massage ITEC

Diploma in Facial Massage

LaStone Therapy. Using Hot and Cold Stones

Ayurvedic Massage - Diploma

Product Training:

December 2010 Essential oils

Raworth College of Natural Medicine LaStone Therapist - Stratford on Avon

Wonderful training.

Studied Anatomy and physiology

Holistic Aromatherapy - studied 34 oils

Counselling Skills

Basic Nutrition

Remial/Sports Massage

Vocational Qualifications

British Horse Society - Level 1. This involved much work working with horses and stable management.

Shorthand and Typing. Qualified at Oxford and County Secretarial College

Dressmaking and Design. Qualified at Mis Katinka School of Dress and Design

Hobbies and Interests

Travel. I have a keen interest in cultures and other religions. I have been fortunate to travel a great deal. Born and raised in East Africa - helped with this as also did living in Hong Kong where I was easily able to access Asia.

I am a very keen waterskier and enjoy to travel to hot places where I can do this.

I am a very keen horse rider and spent much time as a Dressage writer.

I like to cycle and be outside

I enjoy the theatre and cinema

When at home I like to sew.

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