

# Curriculum Vitae

**Female**

**D.O.B. 24 April 1974**

**Number of years working in industry:**

**17 years 5 months**



**Candidate ID Number:** 105176

**Nationality:** Croatian, British

**Language Skills:**

Fluent: English

**Permitted to work in:** European Union, Croatia, UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Director, Spa Manager, Salon Manager, Spa Co-ordinator, Assistant Manager, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Receptionist, Area Sales Representative, Retail Professional

## Personal Statement

A highly motivated, reliable and dynamic individual with a vast range of transferable skills. An effective communicator with people at all levels whilst maintaining a friendly and professional attitude in all situations. An organised and methodical person with good time management skills who is capable of working to strict deadlines to meet business objectives. Proven strong planning, marketing, sales and communication experience combined with accomplished interpersonal skills. Ability in motivating teams to achieve objectives and a natural aptitude to prioritise work under pressure.

Seeking work in international locations and cruise ships

## Employment History:

**July 2018 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) Croatia, (5 Star Hotel Spa)

### Duties included:

After graduating from Institute of Integrated Nutrition I have been successfully coaching clients on wellbeing and holistic lifestyle

I provide holistic therapies like Massage, Facials, Nutritional Therapy, Reflexology, Healing sessions

**November 2022 - Present - Holistic Therapist** at Plasma Saal, Zagreb, City of Zagreb, Croatia, Croatia, (Hospital / Medical Clinic)

### Duties included:

I performed holistic massage, facials, reflexology, healing treatments

Since this is the Frequency Therapy Medical centre i used healing machine like Bio resonance, Zapper, Light therapy, My mat healing technology device and Plasma generator.

I helped managing and running of the day to day operation of the centre.

I open and close facilities.

**June 2022 - October 2022 - Holistic Therapist** at Lafodia Hotel, Dubrovnik, Dubrovnik, Croatia, (5 Star Hotel Spa)

**Duties included:**

- Holistic Therapist and Supervisor- Lafodia Resort and Wellness Spa, Lopud, Dubrovnik RMH Rosaria Marazzi Hotels
- Waterhill Spa covering over 800 m2 with swimming pools, saunas, Turkish bath, wellness area and panoramic view of the Lopud Bay area in Dubrovnik, Croatia
- As well as performed holistic massages and facials using Thalgo brand and Quarnero oils and local herbs to performed treatments I was also responsible for the smooth running of the spa and wellness area
- My duties include daily opening and closing of the spa, making reservations, product sale, daily cashing up and closing reports, diary management and reception duties

**Products worked with:**

We used Thalgo and Quarnero oils and salts for the body

**August 2008 - June 2018 - Shop and Therapy Rooms Manager** at Neal's Yard Remedies, London, , UK - United Kingdom, (High Street Store)

**Duties included:**

- Worked and helped to increase sales and profitability in various stores within company (Marylebone, Borough Market, Notting Hill Gate, St Albans, St Johns Wood, Richmond, Kensington and Kings Road
- Daily team briefings, product training, visual merchandising
- Planning monthly rota's, payroll, ordering stock, stock takes and stock control
- Train, motivate and managed team of 6 staff members and 15 therapists
- Organizing in store events, workshops
- Working close with Assistant Manager on marketing strategies and action plans in order to increase sales year on year and running incentives with staff to meet the targets
- Built and maintain strong relationships with local communities (shops, cafés, restaurants, schools and hospitals)
- Participated and cooperated in local events with St Johns and Elisabeth and Wellington Hospital, Francis Holland School, Abercom School and Lords Cricket Ground

**Education and Qualifications:**

**2021 London UK**

Itec

- Member of the Federation of Holistic Therapist
- Member of the UK Health Coach Association
- NYR Organic Holistic Facial January 2018
- ITEC Massage Therapist May 2017
- Institute of Integrative Nutrition Diploma March 2015 -May 2016
- Neal's Yard Remedies School of Natural Health
- During my working career I have attended: Aromatherapy, Homeopathy, Herbal Medicine, Flower Remedies, Nutrition Courses
- UCL, London May 1994 - Jan 1995
- IT course (included Microsoft package - Word, Excel, Database, Spreadsheet), speed typing 50 w.p.m.
- College of Economics, Zagreb, Croatia Sept 1989 - June 1993
- Theta Healing Basic DNA Certificate 2015
- Certificate of London School of PR 2008
- NVQ (Catering and hospitality - level 1 and 2), NVQ (Restaurant supervision - level 3), National Licensee certificate, Intermediate Food and Hygiene certificate, Intermediate Health and Safety Certificate, Lear Purple Management Courses

**Hobbies and Interests**

Hiking

Reading

Facials

Healing

Sailing

Theatre

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